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goodbye, old house

My parents sold the house.

Now the big house on a hill in Maryland where they lived since I was 8 years old, where I climbed as a kid on the giant rocks in the backyard, where Charles and I got married on the back patio on a sweltering June day, where our son played ping pong with his cousins in the basement, belongs to someone else. Now someone else is unpacking boxes, measuring windows for curtains and learning the noises the house makes in the middle of the night.

My parents moved into an apartment, downscaling as many of their peers did years ago. They loved that house, and until just recently they were fit enough to manage its size and stairs. But when Dad had back surgery a year ago, and Mom had her hip replaced this spring, the house no longer worked for them.

Moving in happened on my last day of third grade, while I was off at school. Moving out was a family affair. I spent two weeks there last fall helping them get rid of things they didn't want: a mountain of clothes,

books, magazines, golf clubs, LP records — things they had room to accumulate after their children moved out. My brother and sister-in-law oversaw fix-ups the house needed before it hit the market. My aunt, a real estate agent, listed it in the spring.

Still, it all felt hypothetical until an offer came in August. Suddenly they had two months to find a new place and pack out. Charles and I flew out just after Labor Day. Dad and I spent a couple days in his basement office, sorting through bank statements, credit card ledgers and receipts.

Continued on page 6



Flower collage, Gabby Farrar, 3rd grade

Tumbleweeds

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Editor/Publisher:
Claudette E. Sutton

Assistant Editors:
Steve Harrington and
Shirl Harrington

Office/Editorial Assistant:
Nina Bunker Ruiz

Calendar and Directory Editor:
Marisela Angulo

Contributors:
Shabd Simran Adeniji, Will
McDonald, Judith Nasse, Anna
Philpot, Nina Bunker Ruiz, Gloria
Fournier Valdez, Ellen Zieselman

Spanish Editor:
Flor de María Oliva

Kids' Page:
Jone Hallmark

Graphic Designers:
Ann Hackett
Ana June

Web Designer:
Artotems Co.

Tumbleweeds is a quarterly newspaper for all Santa Fe families and people who work professionally with children.

We welcome letters, artwork and articles from our readers on personal and professional experiences with children.

Please send to:
Tumbleweeds
369 Montezuma #191
Santa Fe, NM 87501
Phone: (505) 984-3171

Website:
www.sftumbleweeds.com

Email:
info@sftumbleweeds.com

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ON THE COVER: Braedon, age 2, and Isabel Sanchez, age 6, of Albuquerque savor one of the first snows at the Santa Fe ski basin. Isabel attends first grade at Marie M. Hughes Elementary. She enjoys drawing, writing stories and being the best big sister. Braedon enjoys playing with his big sister, his toys and jumping on the trampoline. Photo © Ana June.

ARTWORK IN THIS ISSUE is by kindergarten through fifth grade children in arts-educator Cassandra Romero's classes at Atalaya Elementary School.

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Spring 2014 Deadlines

- Article Submissions: January 15
- Spring Break & Summer Camp Directory: January 31
- Spring Calendar: January 31
- Ad Reservations: January 31
- Ad Copy: February 7
- Publication Date: February 19



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Continued from page 4

Charles went through the kitchen and dining room with Mom, helping her decide which dishes and serving pieces she loved enough to keep.

A house is a memory book. That's the room where my cousin Kathy and I played "school" and she told me there was no Santa Claus. (Was she right??) That's the wall in the basement where I saw the biggest spider of my life and ran upstairs screaming. (For a while my brother hung a huge black rubber spider from a string in the doorway of his bedroom to keep out his little sister. It worked.) That's where I watched the neighbors' trees arch like girls doing the limbo as we waited out Hurricane Sandy on my trip there last fall.

I must admit I didn't feel invested emotionally in the house while we were packing; there was simply too much to do. One morning I emailed my brother a photo of my to-do list: switch the utilities, cancel the homeowner's insurance, set up renters' insurance, change the address for their mail and newspaper, and more. Later that day I emailed the list again with a string of check marks. I had no brain space for sentimentality. I was on a high-functionality bender.

I was, however, emotionally invested in my parents. My dad, under pressure,

likes to move slowly and carefully to be sure he isn't making a mistake. Mom sings, and talks to herself in baby talk. With a strict settlement date looming, the challenge was to keep the process moving, without pushing my parents into choices they would regret.

We boxed as much as we could before the arrival of the movers, who briskly wrapped the big furniture in cellophane and blankets and hauled them downstairs to the van. "OK, now it's getting weird," I texted my brother, with a photo of an empty living room. "Time to head to IHOP," he wrote back, "because as weird as it is for you and me ..."

We spent the day out and slept in the new apartment that evening. Charles and I stayed a few more days, helping them unpack, stocking the refrigerator, making meals, building memories in the new place.

And then we came back to Santa Fe. This house, where the hollyhocks run riot in the garden in the summer and our freezer is stocked with bags of green chile, feels like my "real" house. This is where we've lived since our son was 9 months old, the place we hope he'll help move us from when we're old. I still can't say I feel terribly sentimental about the big house on the hill in Maryland.

But here's the thing. Since I've been back I haven't stopped dreaming about

that house. In each one I am visiting the house in a blurry realm where it belongs to the new owners but my parents are still there. In one dream I was trying on Mom's old dresses and pinning fancy hats to my head, deciding which I wanted to keep. My parents have moved out of the house, but my subconscious apparently hasn't.

As much as anything, we are shaped by the places where we grew up, the landscape, the sounds, the crannies where we play and explore. My wistful longing to revisit the stage set of my childhood is tempered by gratitude that my parents could live there for so long. It saddens me to think about how many children won't have this sort of sweet sorrow for the family home. The Santa Fe Public School's Adelante program for homeless students now serves over 1600 children a year whose families don't have a permanent home — more than the population of several elementary schools combined.

Team Tumbleweeds grappled with the best way to address the 2013 Annie E. Casey report, released last summer, which cited New Mexico as the worst state in the country for child and family. The result is "Hope From The Bottom," by Nina Bunker Ruiz, profiling six organizations working relentlessly

to turn around that status. True to Tumbleweeds' mission — not just to report grim news, but to give readers ways to take action — Nina informs us of what these organizations can use from those with a bit of time, money or other resources to spare. You'll find more ideas and inspiration in Gloria Fournier Valdez's account of volunteering at St. John's Lunch Kitchen, followed by a list of local soup kitchens and food pantries. (Special thanks to reader Devon Stokhof de Jong for calling me in response to our Fall 2013 article "Engage in 'The Big Project': Volunteer," to suggest other ways to help kids and families in Santa Fe.)

As winter encroaches, I want to remember to get out of my head and give thanks to the walls that keep my family warm, and to offer what I can to those who can't count on such comfort. If you find yourself inclined to do the same, I thank you.



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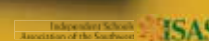


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the 40-day tradition

Time for rest and bonding is the most precious postpartum gift

By Shabd Simran Adeniji

After being raised in a Sikh community and

living in India for 12 years, I love sharing the beautiful Indian cultural practice of postpartum “confinement.” In this powerful tradition, new moms and their babies stay home for 40 days after birth. As a mother and midwife in New Zealand for eight years and now a midwife and parent educator in Santa Fe, I am delighted about the emergence in America of this postpartum practice, a tradition that is standard in many non-Western cultures.

Why 40 days?

Although the time period varies, in most Indian communities confinement is 40 days, or roughly six weeks, because in this time — for most women — breastfeeding is established, physical healing is supported and stamina is restored for normal life activities.

There is an Indian saying, “The first 40 days of life will affect the next 40 years of life.”

Confinement allows the mother’s body recovery from the intensity of child-birth, while hormone levels change dramatically, the uterus returns to pre-pregnant size, milk production is established and the perineum or caesarean section incision heals. Women are transitioning to motherhood for the first or a repeat time, while processing the events of the birth, adjusting to a lack of sleep and responding to new bodily demands. This postpartum time is physically demanding but is also a precious window for bonding

and offering the new baby a gentle welcome to the world.

What happens during the 40 days?

I vividly remember the 40 days at home with my newborn daughter last year. While dealing with the challenges of engorgement, tender nether-regions and the wild roller coaster ride of hormonal changes, I needed the nurturance of others. The help my husband and I received helped us gain confidence as new parents.

Despite the word “confinement,” women who practice this tradition are not alone, because they receive family and community assistance. This support lowers the anxiety and stress of motherhood. In my experience women who follow this practice, including receiving the help of others, have lower rates of postpartum depression.

The primary purposes of the 40-day period are to provide physical protection for the sensitive newborn and to allow complete rest and recuperation for the mother. In India, mothers are encouraged to abstain from chores, food preparation, cleaning and even hosting guests. Mothers are given an opportunity to fulfill the often-underestimated need for deep rest and time with their newborn. Going out may include short walks around the block for mothers, but babies stay at home unless there is an urgent need to leave the home.

In Ayurveda, a 5000-year-old Indian healing tradition, this period is considered a sensitive time for mothers’ bodies, particularly their digestive system — hence the strong emphasis on simple, digestible foods. Traditionally, mothers are given daily hot-oil massages and fed very simple but special foods (see box on next page) and a number of herbal drinks to promote healing and recovery, boost their immunity and improve milk supply.

How can one get help?

In traditional Indian culture, wives live with their in-laws. After giving birth, new mothers either return to their mother’s home or have their mothers stay with them. Usually many female relatives are available to help during this special time.

In our society, postpartum arrangements require more creativity and planning. Some moms *do* have one or several female relatives who can come for periods of time. For me, the best option was hiring someone for cooking and cleaning and asking close friends for other kinds of support. It required a financial commitment on our part, but my husband agreed that it was well worth it. I viewed it as an investment in the rest of our lives, including our child’s.

Some mothers who cannot afford to hire help create a “chore rotation” with friends. These friends take turns cooking a meal, cleaning, walking the dog and doing other errands. Other moms have created a “time bank,” where moms do housekeeping, grocery shopping or other tasks for one another and are paid in coupons that they can redeem for help that they need.

It’s important to choose helpers who can hold this time sacred. Tasks may include fielding phone calls or visitors, doing laundry, making a Badaam Milk (an almond drink to support lactation), preparing special foods and teas throughout the day or, as one friend did for me, massaging my feet while I nursed my baby for what felt like the thousandth time that day. Postpartum doulas can fill this role, offering both physical and emotional support.

In our Sikh community, a network of close friends and family brings simple and delicious meals for each of the 40 days. While not all of us have such a close network, we may have more people available to help than we think. A friend or family member can serve as a point-person to create



Courtesy photo

a meal schedule for others who commit to making one meal a week for six weeks. This allows mothers to keep the 40-day practice even they have no family close by. Any support that reduces the pressure on a mother and her family is a perfect gift in these first weeks.

I know it can be challenging for new mothers to arrange for 40 days of rest in the midst of busy and stressful lives. Some moms need to return to work or have other children to care for. Regardless of circumstance, I encourage women to ask for and be willing to receive the help needed for healing and

bonding. These first weeks are like no other. Maybe the rest of life can wait for just 40 days.

Postpartum Care Resources:

After the Baby's Birth: A Woman's Way to Wellness, by Robin Lim (Celestial Arts, 1995).

Baby Center India: Recipes for traditional foods for the confinement period. www.babycenter.in/a1023542/traditional-confinement-foods-for-new-mums.

The Birthing Tree Cooperative Doula Services: Prenatal, childbirth and postpartum support for women and their partners. www.thebirthingtree.com.

Many Mothers: This free-of-charge, community-

based service matches a skilled volunteer with newborns and their families to help with the specific needs of the mother and baby, 983-5984.

Natural Health after Birth: The Complete Guide to Postpartum Wellness, by Aviva Jill Romm (Healing Arts Press, 2002).

.....
Shabd Simran Adeniji is a midwife and parent educator in Santa Fe. She offers in-home/phone/Skype consultations from pregnancy through parenting. For more information or recipes for the 40-day period, contact her at (505) 552-2454 or info@mynurturingsolutions.com.

ayurvedic food recommendations for the first weeks after birth

recommended foods

- * cooked vegetables (with some exceptions: see discouraged foods list)
- * fruits
- * lentils (yellow mung, green mung, red lentils, etc.)
- * warm food
- * nuts and nut butters
- * whole-milk dairy products
- * whole grains, well-cooked
- * ghee (clarified butter)
- * ginger (in small amounts)
- * basil, cumin, fenugreek, fennel, dill

discouraged foods

- * caffeine (chocolate, coffee)
- * cigarettes and alcohol
- * raw vegetables
- * yeasted breads
- * chile, onions, garlic
- * cruciferous vegetables (cauliflower, brussels sprouts, broccoli, kale, cabbage)
- * fermented foods
- * cold foods
- * sugar
- * vegetables in the nightshade family (potatoes, tomatoes, peppers, egg-plant)

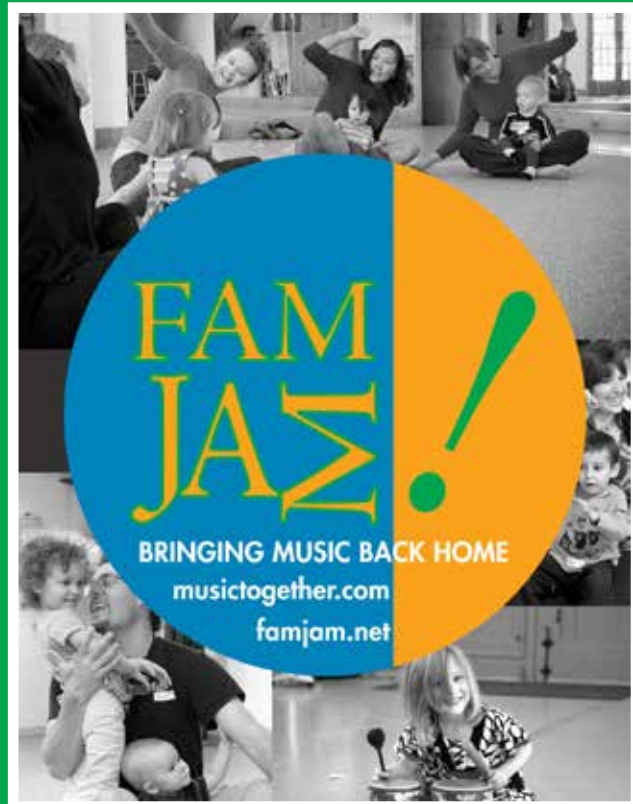
recipe for badaam (almond) nursing drink

ingredients:

- 10 almonds soaked in water overnight and then peeled
- 1 cup of warm milk
- 1/2 teaspoon of ghee (purchase in natural food groceries or make your own)
- 1 teaspoon of honey or maple syrup
- pinch of turmeric (optional)

instructions:

blend all ingredients together. strain out the pieces of almond if desired. serve warm. in the ayurvedic tradition, these ingredients are believed to boost milk production and increase immunity.



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— Maya, FAM JAM! Mom



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BIRTHING TREE LAUNCHES NEW DOULA TRAINING PROGRAMS

For the past six years, the Birthing Tree

Cooperative has offered a mentorship program to help women through the certification process to become doulas. Due to increased demand for doula training and more in-depth mentorships, The Birthing Tree in January will launch its Birth Work Institute, an expanded program for doula instruction and one-on-one mentorship.

The Birth Work Institute will offer two five-month semesters per year, from January through May and July through November. Students will be able to take courses in Santa Fe or study remotely online. Comprehensive training and a one-on-one mentorship will allow aspiring doulas to gain the confidence and skill to work with laboring women and their families.

Also in 2014, the Birthing Tree will begin offering trainings for doula certification through CAPP, the Childbirth and Postpartum Professional Association. The weekend workshop, led by Birthing Tree director Abby Bordner, is a requirement specifically for CAPP doula certification and may be undertaken in conjunction with the Birth Work Institute doula training program or separately.

The first CAPP doula certification preparation workshops are scheduled for Jan. 31 to Feb. 2 in Santa Fe, and March 28 to 30 in Taos, with more to come throughout the year. The weekend intensive will provide a vigorous 16 hours of classroom time to introduce students to the realities of doula work. Once students have completed the workshop, they will be eligible to register with CAPP to pursue certification.

Register online at www.thebirthingtree.com for the CAPP Doula Training or the Birth Work Institute, or both. If you have questions about these new doula training and certification programs, contact Abby Bordner at info@thebirthingtree.com or (505) 690-3492.

SCHOOL BOARD APPROVES EARLY LEARNING CENTER

In October, the Santa Fe Public School Board of Education announced an ambitious collaboration between the Santa Fe Public Schools (SFPS) and the United Way of Santa Fe County (UWSFC) to create the Santa Fe Early Learning Center.

Planned for the current site of Agua Fria Elementary School after the school moves to its new location, the center will be operated by both entities in partnership with other nonprofit organizations that provide early childhood services in Santa Fe County.

The broad range of services planned for the Santa Fe Early Learning Center includes postpartum home visiting for every baby born in Santa Fe County (in partnership with Christus St. Vincent Regional Medical Center); First Born Home Visiting for first-time families from before the child's birth through age 3; "Family, Friend & Neighbor" informal child care; quality child care for 2- and 3-year-olds; pre-kindergarten for 4-year-olds; parenting support workshops and classes; adult education classes for parents; and professional development for early childhood teachers and care providers.



Courtesy photo

The United Way already provides many of these services in Santa Fe County and will centralize them in the Agua Fria Elementary School location to coordinate programs aimed at helping children be ready for school. Once a site plan is developed, United Way will undertake a capital campaign to raise money for a building to house additional classrooms.

"We are excited about expanding our existing partnership with the Santa Fe Public Schools, while engaging new partners," said Katherine Freeman, chief executive officer and president of UWSFC. "By investing in our youngest learners we hope to improve the lives of Santa Fe's families, create a strong workforce and secure a robust future economy for this region."

SFPS Superintendent Joel Boyd said, "Universal access to early learning plays an important role in the development of a system of world-class schools. Through community-wide collaboration and true partnering, we are building a path to kindergarten readiness for all children and establishing a level playing field for Santa Fe's diverse student population."

For more information, contact Latifah Phillips of SFPS at (505) 467-2009 or lphillips@sfps.info; or Craig Strong of UWSFC at (505) 216-2975 or craigs@uwsfc.org.



Flower collage, Fernanda Rodas, 3rd grade

CHILD CARE TUITION SUBSIDIES: TOO MUCH OR TOO LITTLE?

In its September report, “Impact of Child Care and Head Start on Student Achievement,” the New Mexico Legislative Finance Committee issued a scathing criticism of the state’s early childhood assistance programs, claiming a high risk of fraud and waste and questioning the programs’ value in preparing children for school.

The report examined the child care assistance program administered by the state Children, Youth and Families Department (CYFD), which provides an estimated \$95 million in subsidies to about 20,000 children up to age 13 each year, and Head Start, a federally-administered program serving roughly 8,000 children at a cost of \$61 million.

“Unfortunately, neither child care nor Head Start is producing better academic outcomes,” the report concluded. “Despite significant investments, child care assistance for low-income children fails to improve school readiness and early literacy.”

New Mexico Voices for Children, a nonpartisan statewide organization advocating for public policy to improve family well-being, responded with a

press release addressing the state’s child care assistance program’s chronic low reimbursement rate to providers serving low-income families.

New Mexico Voices cited the 2013 National Women’s Law Center report, issued in October, finding that our state reimburses child care providers below the 75th percentile of current market rates. Child care providers whose families receive assistance from the state are paid at best 25 percent less than the current market rate, Sharon Kayne of New Mexico Voices explained, and in most cases less.

“Our funding is for childcare, and increasingly the expectation is for an early-learning program,” noted Dan Haggard, deputy director for programs of CYFD’s Early Childhood Services Division. A high-quality early-learning program, he explained, has low child-to-adult ratios, excellent educational materials and teachers with advanced training, and *does* improve children’s chances of success. It is also far more expensive than child care, which nevertheless allows children to be in a safe environment while their parents work or go to school to move out of dependent status. “You can’t get the benefit of an early learning program if you’re just funding childcare,” Haggard said.

To follow how early childhood funding may be affected by legislative decisions, sign up for New Mexico Voices’ email alerts on upcoming votes in New Mexico and Washington, with information on actions citizens can take to make their opinions known. Go to www.nmvoices.org/take-action.

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Toddlerhood is Tantrum Time!

Holiday season calls for special strategies
for tots and grown-ups

By Judith Nasse

*What is the matter with Mary Jane?
She's crying with all her might and main.
And she won't eat her dinner — rice pudding again.
What is the matter with Mary Jane?
—A.A. Milne*

Mandy hauled her dirty ballet tights out of the laundry basket. She'd already worn them three days in a row. When Mom tried to talk her into a clean pair of trousers, she balked. They were beginning to be late for preschool, so Mom tried to put the trousers on her, but Mandy stiffened up, thrashed her legs and cried. Nothing would assuage her now. Mom didn't know what to do. Did she dare take Mandy to school in the dirty clothes? Should she insist on the trousers? She tried to talk to Mandy, who only kept on crying. Finally, in desperation, Mom scooped up the stiff child, who was clutching the dirty tights, and carried her to the car. By the time they got to Ms. Julia's school, Mandy was happily munching on an apple slice but still fiercely holding on to her tights.

Ms. Julia explained to Mandy's distraught mother that the dirty tights were okay and that, more importantly, toddlers begin at around 20 months to 2 years to show that they have their own desires and individuality. Parents and caregiv-



Photo by Ana June

ers, who may be used to compliant little babies, soon learn to choose their battles so that temper tantrums don't develop into a bad habit.

Sometimes, talking with a child can help avoid a standoff, but in other situations negotiating is not an option. As an extreme example, when Ms. Julia was a young mother herself she was driving her children home from a doctor's appointment when she noticed smoke coming out of the car's hood. She stopped the car and immediately began to get the children out of their car seats. Duncan refused and started to holler. She grabbed him and pulled him out, never mind the hollering. They ran up to the neighbor's house to call 911. They were all safe, but the car burned up. Here it was essential for everyone's safety not to negotiate with the child.

As parents we have all been holiday shopping when we couldn't get a sitter and our little one has a meltdown right in the middle of choosing a gift for fussy Aunt Sue. The child is no doubt tired, thirsty and hungry or wired from junk foods, sugars and all the exciting sights and sounds in the store. What they need is to sit with their mom or dad and hug their favorite toy, have a drink and healthy snack, maybe even be rocked in their stroller where they can nap for a bit. On a long outing, it might be wise to have a stroller handy even for children as old as 3 or 4, just for this contingency. At the very least, it is useful for carrying the shopping and a bag with some snacks and water. Another precaution would be to go shopping first thing in the morning or just after a nap when children are fresh.

Leo was having a fit because he was tired and wanted a toy that the store frustratingly placed just at his eye level in the cart. His dad, after saying "No" several times to no avail, pushed the cart to a quiet aisle and pretended to browse for brooms until both he and Leo calmed down. When that type of strategy doesn't work, leave the cart and go to the car for a quiet-down, maybe a read from a favorite book and a drink from the sippy cup. The cart will be there when you come back in 10 or 15 minutes, and you and the toddler will be soothed. If you are in a hurry, then just finish the shopping as calmly and quickly as possible. Sometimes just keeping a favorite toy or book in the shopping cart with your child will help.

The holidays often create extra stress for preschoolers and their families. Little ones may not understand the long trip to relatives and meeting folks they barely know. Since their preschools close for the holidays, they are often shuttled to babysitters while parents are off at work. It is no surprise then that they have meltdowns from overstimulation and frustration and wail when Mr. Bear can't be found.

Many harassed parents these days just give into their children, because it is easier in the moment. This only teaches the child that he can manipulate Mom or Dad. As stressful or tiring as the moment may be, it is in everyone's best interest to set boundaries. "No" is a complete sentence, so one needn't explain or bargain. Time-out may be appropriate if nothing else works, especially if the child has worked himself up to the point where he can't calm down. A time-out can be a minute for each age, such as two minutes for a 2-year-old.

Like Leo's dad, one can pretend to be distracted. Or if at home, a toddler will often cool off more quickly if Mom goes about her business within the child's eyesight or hearing. Then in a bit he will likely come to her for a hug, because as much as he wants to be his own individual, he also cherishes her love and comfort. Use the mantra, "Tantrums don't last forever."

There are, however, special-needs children, who also may act out with what seem to be tantrums but don't follow the cycle of normal tantrums. This can be very challenging to parents and caregivers, who find that traditional methods for helping them cope don't work well. Their parents feel extra frustration and helplessness in trying to balance caring for them with managing their own needs for respite and their family's greater needs. Special-needs children may need more professional help, for themselves and their families. Please don't hesitate to ask for help or advice from your child's teacher, your clergy, pediatrician or family services if you wonder if your child has special needs.

Since tantrums can be stressful for parents on top of all the heavy responsibilities of running a household, holding down a job and preparing for the holidays, give yourself little personal times to recharge, and try to keep routines as regular as possible for the family, including time together. Curl up on the sofa with popcorn and a family movie instead of making that extra dish to take to the potluck. May the holidays be a peaceful and wonderful together time for you and your children.

Judith Nasse runs a childcare in Taos and is a writer and artist. She is the coauthor, with Art Bachrach and Nita Murphy, of Millicent Rogers: A Life in Full, published by ABQ Press.

Medical

Not so "Safe and Effective"

Common medication implicated in liver failure and death

By Nina Bunker Ruiz

With cold and flu season here, parents should know the risks of a commonly used drug: acetaminophen, the active ingredient in Tylenol.

Acetaminophen is among the most commonly-used medications in the United States, with slogans touting it as "safe and effective" and "the #1 doctor-recommended pain reliever." Many parents choose this medicine for their children on the basis of these claims and because it is so frequently recommended by their pediatrician.

The independent news organization ProPublica and the national radio program "This American Life" partnered on a recent exposé revealing that in the last 10 years more than 1,500 Americans have died after accidentally taking too much acetaminophen. A study by the National Library of Medicine at the National Institutes of Health, cited in the ProPublica report, states that over 25 billion doses are sold every year and that "acetaminophen is the major cause of acute liver failure in the United States, Europe and Australia."

Acetaminophen, these reports note, is usually safe when used within the recommended limits. The danger lies in the medicine's narrow margin of error. In other words, the difference between a helpful and a harmful dose of acetaminophen can be a matter of milligrams — just a couple of pills — whereas aspirin and ibuprofen have to be taken anywhere from six to 20 times the recommended dose to have comparable toxic effects.

Longtime Santa Fe pediatrician Dr. Laurence Shandler explained the common misconception that leads to the medicine's misuse: "If a drug is over-the-counter, people think it won't have any side effects. They think, '[If] a little helps, I'll take some more.'" And in the case of acetaminophen, that little more can be life-threatening.

The other risk posed by acetaminophen is that it is found in over 600 over-the-counter and prescription drugs, including Tylenol PM, Nyquil, Dayquil, Benadryl, Darvocet and Vicodin. If a parent doesn't know that the cough syrup, fever reducer and cold medicine they are giving their child all have acetaminophen, they may inadvertently give their child a toxic dose.

Shandler affirmed that acetaminophen is safe if "it is used in appropriate doses at appropriate intervals for appropriate symptoms." To prevent the situations in which the drug is used inappropriately, Shandler and Tumbleweeds offer suggestions:

- Talk with your child's doctor about appropriate doses for his or her age and size at well-child visits, before the child is sick.
- Call your doctor if you have *any* questions when your child does fall ill. Call the after-hours line if your child becomes sick after the doctor's office has closed. If you don't have a pediatrician or physician, call a 24-hour pharmacy for safe dosing advice.
- Follow the FDA's recommendation: Over-the-counter (OTC) cough and cold medicines should not be used for children under 2. These medicines only treat symptoms, not underlying conditions, and have not been shown to be safe or effective for this age group.
- Do not use more than one drug containing acetaminophen at a time.
- Do not use any measuring device other than the original dropper, dispenser or cup that accompanied the medicine; never guess a dose.
- For information about specific symptoms visit the American Academy of Pediatrics "Symptom Checker" at www.healthychildren.org.

Shandler strongly urges parents to use *all* drugs, over-the-counter or prescription, as directed and to adhere to recommended doses, timing of doses and maximum doses.

"Parents don't have to treat every fever," he said. Most childhood fevers are viral, self-limiting, low-grade (102°F or lower) and not dangerous, and in these cases Tylenol is not necessary.

Driving Miss Daisy

CRAZY!

Can a family manage multiple after-school activities and stay sane? Some strategies may help.

By Anna Philpot

The start of each school year is exciting. It's also really, really scary — not because I'm worried my kids will get a bad teacher or even that they'll have to deal with some huge emotional issue, like bullying. No. My fear stems from scheduling after-school activities.

The clubs and interests my daughters wish to pursue year after year are as varied as their personalities: ballet, piano, Girl Scouts, homework club, knitting, swimming, reading program, Spanish, horseback riding. Even with my husband's help to start dinner or take one of the girls to piano, the week's schedule is hectic at best. And that's if the kids are all in a good mood and nothing unexpected confounds our carefully choreographed afternoon.

But of course, the unexpected *does* happen. One recent afternoon when all three girls were crying in the back seat and I wanted nothing more than to lock myself in the bathroom for the rest of the evening, I thought: Maybe I'm not doing this scheduling thing right. I started asking everyone I know about how they schedule their family's time.

Nothing helps like brainstorming (or at least commiserating), so I met Mark Davis, father of second-grade Madeleine; Laurie Vander Jagt, mother of first-

grade Ava and kindergartener Abby; and Tracey Mitchell, mother of sixth-grade Liam and an adult son, for coffee one morning at Café Fina to hear their scheduling strategies.

Splitting carpool duty helps Davis and Vander Jagt, whose daughters are good friends and share the same interest: gymnastics. Because Vander Jagt works as a nurse at a different school from her girls', Davis is usually on pick-up duty. He drives the girls to gymnastics, and Vander Jagt takes them to their respective homes.

Mitchell nodded as she sipped her coffee. "Thank God for carpools!" she said.

Vander Jagt added that carpooling not only saves gas and wear and tear on vehicles, it's also the only way she's been able to get her girls to Zia Gymnastic in time for their class.

Consolidating locations of after-school programs is a key strategy for Mitchell, who works at Vista Grande Public Library. Her son does many of his activities through El Dorado Community School, next door, which makes it easy for her to pick him up after work. Liam takes marimba and band at the school, and when basketball season starts he has all practices and half of the games at the school. They chose as a family to stop competitive soccer, Mitchell explained,



Jordan Howe, Graysen Riedel and Brooke Lucero enjoy the ride to NDI. Photos by Ana June.

because of the numerous practices each week, plus games in Bernalillo every weekend. “And it seemed like every holiday there was a soccer tournament. It just became too much.”

Wendy McQuiston and her husband, parents of eighth-grade Andrew, seventh-grade Derek and fourth-grade Ally, choose to accommodate as many activities as possible while their children are young, paying special attention to what each kid is passionate about. The sole directive is that each child must pick one physical activity, which has never been a problem for her boys, who play baseball, soccer, basketball and hockey at various times of the year. Since kids’ interests do change, they have had to make some hard choices based on their priorities, as when Ally’s swimming practice fell on the same day as her theater class.

“We’re lucky to own our business, so we can be flexible,” McQuiston says. Her husband Allen can close the office to pick up Andrew, who attends St. Michael’s High School, to get him to his soccer practice on time, while she picks up the younger two and drives them to their activities.

Division of labor is crucial for Lisa and Mike Engledinger, who split chauffeuring duties for their children, ninth-grade Jessica and fifth-grade Ben. Lisa’s work hours as an educational assistant at Aspen Magnet School allow her to take Jessica to Santa Fe Preparatory School in the morning, while Mike drops Ben off at Eldorado Community School. Because Lisa doesn’t get off work until after 3 p.m. — the same time as Ben — she is thrilled that Ben is willing to enroll in some of El Dorado’s After School Enrichment Program activities, including “Bugs and Dirt,” so that she can pick him up at 4 p.m.

“The best way to keep kids out of trouble is to keep them busy and to be involved as parents,” Lisa Engledinger said, while noting that “we’ve had to limit the kids’ activities to make them all fit. Having older kids also means everything’s pushed later, which is difficult. Jessica doesn’t even start her private viola lesson until 7 p.m. There’s no way I could do this as a single parent. The transportation alone is too hard.” Mike picks Ben up from school on Fridays’ early-dismissal at 12:30 p.m., and at 4 o’clock the family convenes at Java Joe’s to switch kids so Lisa can take Ben to his private viola lesson.

Joan Shankin, my daughter’s preschool teacher at Children’s Garden Montessori, is thankful that her two boys, ages 12 and 10, go to the same school and are both involved in swimming. “My older son showed aptitude, and we’re going for it,” she said. “Thankfully, my younger son is fairly laid back and is happy to swim,” because getting him to any other activity would be very difficult. Shankin had to rearrange her work schedule so that she was the first to arrive at her preschool and the first to leave, at 2:45 p.m., so that she can pick up her sons and get them to the pool for their daily practice.

For some parents, digital scheduling has replaced — or supplemented — the calendar on the kitchen wall. Karina Menter, mother of fifth-grade Alejandro, worked out a system with her husband for using Microsoft Outlook to send each other calendar reminders, streamlining their communications. This has also helped give the family an overview of their schedules. McQuiston relies on her phone’s calendar, where she enters everything since practices get canceled and fields change. “Using the phone’s calendar is so convenient. I have everything right there,” she said.

The Engledingers linked their phones and computers to one calendar. “The technology is so helpful,” Lisa said. “We rely on the calendar a lot more now that I’m working again. Everything goes on it, from dentist appointments to practices.” In the summer, however, she goes back to the old standby, paper calendars with color-coded schedules — one color for Jessica, another for Ben — so that she can keep their camps, vacations and activities organized.

Davis, however, is not interested in writing down the schedule or putting it into his phone. “If I’m in that deep, her activities have gone too far,” he quipped.

One family’s nightmare of overscheduling may be just right for another, as I learned from Kristi and Lee Hunt, whose three children from preschool to third grade have activities every day of the week and are very involved in their church. Each afternoon, Kristi drives the kids to or from an activity like swimming, soccer, cross-country and rehearsals for their church’s Christmas play. Lee is the head coach for two of the kids’ soccer teams and assistant coach for the other. “Our philosophy is if we’re going to be there at the field, then we should step up and volunteer,” Kristi said.

“It’s all I know. It’s how I was raised,” she added. “Lee and I feel blessed to have the opportunities we have. Our parents took us to a bunch of activities, which was how we ended up playing college sports, and Lee and I are still very active now.”

The adage “food is fuel” is an important operating principle in my household. My kids can hardly make it to the car after school before they need to eat something, preferably packed with protein, to keep them going until dinner. The McQuistons and Hunts acknowledged their children’s hectic schedules also require snacking in the car, “and you can tell!” Kristi Hunt said with a laugh.



“With all our sports practice, we get home fairly late, so I use my Crockpot a lot, or we make big meals on the weekends to get us through the week,” McQuiston added.

The Hunts, like the rest of the families I talked to, try to sit down to a family dinner each night, even if the meals are simple. “Luckily I don’t have picky eaters and they’re fine with quesadillas or breakfast for dinner,” Kristi Hunt said. “I just can’t make huge meals right now.”

And that remark brought me full circle. Sure, as a mom I am sacrificing my time, energy, an occasional moment of sanity and four-course dinners for my kids, but they seem quite happy with the trade-offs. In fact, my children — like many others I spoke with — want to pack *more* into their after-school lives.

So maybe I’m scheduling just fine after all.

Anna Philpot lives in Eldorado with her husband and three daughters.

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Art Museum Time Machine

Jump in and traverse the world and the centuries!

By Ellen Zieselman

Have you ever wished you had a time machine? Would you like to own some device that would let you go and visit people and see events that happened a long time ago? If you met someone who had a time machine and offered to let you go back in time, would you jump right in and go? Do you know a specific time, place or event you would want to visit or witness?

Or might jumping right in be a bad idea? Isn't time travel dangerous? Isn't it possible that you might say or do something wrong and change the entire path of history? It sounds like a big responsibility.

Well, I don't have a time machine, but I can still go back in time. It's completely safe and available to you, too, right here in Santa Fe! Wanna try it? All you have to do is visit the New Mexico Museum of Art. We've got an exhibition on view called "Renaissance to Goya: Prints and Drawings from Spain." It is filled with Spanish prints and drawings from hundreds of years ago. It can show us all about life in Spain way back then.

Tell me: What would you like to know?

What was it like to be a princess in Spain around 1800?

María Luisa de Borbón was a daughter of King Carlos IV of Spain and María Luisa of Parma. In 1795, at age 13, she got married. She lived in the Royal Palace in Madrid with her husband, her parents (the king and queen) and her siblings. Life was good for this *infanta* (the Spanish word for the daughter of the king). Look at all the pretty things she has surrounding her in this drawing by Luis Paret y Alcázar. The drawing is pretty old. You have to look closely.



"Portrait of María Luisa de Borbón," c. 1766-1768. Drawing by Luis Paret y Alcázar, courtesy British Museum.

First of all, she's wearing a big, fancy dress. It is such a big dress that it takes up almost the whole couch that she's sitting on! Listen carefully and you can hear the fabrics rustle as she settles into the couch. Did you notice the adorable puppy in her lap? I hope he doesn't wrinkle her dress too much!

If you are really, really quiet you can hear the tick tock of the big, golden clock behind her. It looks like it's a little past 5 p.m. No wonder she's all dressed up; it's nearly dinnertime. Dinner at the palace is a pretty big deal. The *infanta* wants to ask you a question: "Do you know who is going to be at dinner tonight? Surely the king and queen, but I have heard that there are some guests from New Spain." New Spain? Hey, that's where we're from (remember, in 1800 New Mexico was still part of New Spain). You can tell her all about Santa Fe at dinner!



"The Duke of Feria at the Siege of Rheinfelden," 1634. Drawing by Vicente Carducho, courtesy British Museum.

What's that? You're not the least bit interested in princesses and clothes and dinner? I am so sorry. What would you like to know about the past in Spain?

What kinds of weapons and armor did they wear when they went to war?

Excellent! Come right this way, but be careful — wars are dangerous! Look over there: It's the Duke of Feria. He's the one on the right, with the big feathery hat, wearing armor. He's talking to some captains, who are wearing helmets and armor. It seems like the captain on the right either doesn't understand or doesn't agree with the duke's plans for this battle. Look closely at this picture. Can you figure out what's going on? If you listen carefully you can hear the hoof beats of the horses in the background and the shouts of the soldiers. There's a lot of activity in this picture!

Let's leave the battle for a minute and visit with the artist who drew the picture. His name is Vicente Carducho, and he plans to make this into a big painting. Let's ask him how he will do that. "It's not too difficult to make a drawing into a big painting," he says, "but first it requires some basic arithmetic. See how the drawing is divided into equal sized squares? My canvas will also be divided into squares. The painting's squares will be larger and eventually hidden by the layers of paint. Then it just requires copying and enlarging each square of the drawing onto the squares of the painting!"

What's that? You have another question?

What was life like in Spain besides wars and the palace?

Well, they had food, jobs and families, just like we do. Wait! Do you hear that? It sounds like a guitar. Let's go find out who is playing it. Look, it's that blind guitarist! He's playing a song. I can't quite understand the words, but the tune seems sad. Everyone gathered around him is singing. What do you think the song is

about? I think we're at a market; in the background on the right, some people are selling pottery. The man in the front on the right looks like he's selling something out of that large jug on his back. Are you thirsty?

It looks like the oxen on the left would rather stay and listen to the music; they don't seem to want to move, but the person pulling them looks like he has someplace else to go! Everyone else seems happy to listen to the music, especially those two people in the front who look pretty comfortable sitting on the ground.

I think it's important to remember that even though this picture is over 200 years old, their lives weren't too different from ours. Like us they went shopping, listened to music and sometimes spent an afternoon hanging out with friends and family.

So I hope you have enjoyed our visit back in time. Museums are excellent places to time-travel, and this exhibition has over 100 works of art from another time and place. I didn't have a chance to take you to see the bullfights or to meet some of the religious people or other royalty. If that catches your fancy, you'll have to come to the New Mexico Museum of Art, 107 W. Palace Avenue, between Dec. 14 and March 9, to see the rest of the artworks of our Spanish Renaissance exhibition.

Ellen Zieselman is curator of education at the New Mexico Museum of Art.



"The Blind Guitarist," 1788. Print by Francisco Goya, courtesy British Museum.

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H O P E

From the Bottom

Local organizations and volunteers combat New Mexico's dead-last ranking in child well-being

By Nina Bunker Ruiz

Anger, frustration, despair, resignation...whatever feelings New Mexicans had when the news was released in July that the Annie E. Casey Foundation listed our state as 50th in child well-being, it seems surprise was not among them. New Mexico has languished in the bottom rankings for years, but before this year there was some, albeit uncharitable, comfort in having Mississippi or Nevada behind us in the lineup. The 2013 KIDS COUNT Data Book has squashed that small comfort. It's crushing to peruse the data and see New Mexico last on the list.

The Annie E. Casey Foundation, one of the largest charitable foundations in the country, promotes public policy and community support systems to meet the needs of children and their families. The foundation also makes grants that help communities develop innovative, effective responses to these needs. Their annual KIDS COUNT Data Book uses extensive state and national data to assess how children and families are faring in four domains: economic well-being, education, health, and family and community strength. New Mexico did poorly in each domain.

Rather than wallow in our rock-bottom status, Tumbleweeds has decided to focus on a few organizations that, despite the challenges, are dedicated to raising our children out of Hadean rankings. Our aim is twofold: to shine a spotlight on the hardworking faces behind the scenes and to let the Santa Fe and northern New Mexico communities know how they can help our most vulnerable population.

Many more organizations than we have room to highlight here are working to improve child wellbeing in New Mexico. We focus on six. In future issues you may see others featured in our Noisy Acorns advocacy column. We welcome your input.

NEW MEXICO VOICES FOR CHILDREN

We've gotten used to being at the bottom, but dropping

to 50th really depressed people — there almost seems to be a level of resignation. It's upsetting we haven't seen a call to action. It's upsetting we haven't heard legislators saying, 'What can we do about this?' But there are things we can do, and it's going to take a concerted action.

— Sharon Kayne, communications director

New Mexico Voices for Children, a statewide nonpartisan child advocacy organization based in Albuquerque, conducts research and works with state legislators to help draft and support public policies that improve the lives of children and teens.

This work has many facets: contacting legislators, attending interim congressional meetings, testifying before the legislature, working closely with other child advocacy groups and service providers, researching and analyzing data, generating and editing press releases and reports, and tracking various media to see how they are addressing issues concerning child well-being and accompanying state policies.

As New Mexico Voices' communications director, Kayne explains that a big part of her job is to "educate lawmakers, news media and the public" about the challenges facing New Mexico's youth, especially those burdened by poverty. KIDS COUNT data reveal that 31 percent of the state's children live at or below the poverty level. This translates to 157,000 children. A family of four in this category makes less than \$23,550 a year. "Forty percent of our kids depend on food stamps," Kayne adds. Almost half of children in New Mexico suffer from food insecurity, and more than half live in families that are unable to provide the most basic needs for their children.

These kids experience severe disadvantages in school. "The single best predictor of a child's success rate at school is their family's economic level," New Mexico Voices states in their "NM KIDS Are COUNTing on Us Policy Agenda," issued in September. Add homeless-



Young visitors attend Celebrating Children and Youth Day at the state Capitol each year during the legislative session. Photo courtesy of New Mexico Voices for Children.

ness, parents' untreated addictions, mental illnesses and debilitating levels of stress and trauma to the equation and we find our children floundering at 50th in a struggling nation.

Take Action

People feel disconnected from their government. They vote, that's it — but it's not [enough]. Elected officials need to know how their constituents want to be represented. Even if they don't vote the way we hope, they need to hear from us.

— Sharon Kayne

"Contact legislators," Kayne advises emphatically. "If they don't feel strongly about a bill, legislators can be swayed by constituents." Sometimes a legislator wants to vote for a controversial bill that would help New Mexico's children and families, but he or she is concerned about blowback. Kayne expounds, "If they're going to take a lot of political heat for a vote, it helps a lot if they can say, 'You know, I've heard from my constituents on this issue.'"

To stay abreast of legislation at the Roundhouse, sign up for email alerts from New Mexico Voices about upcoming bills that affect children. Go to www.nmvoices.org, click the link, "Support Our Work," then click "Sign Up for Email Alerts."

Monetary support goes to nonpartisan child-centered lobbying efforts. To donate, click the "Donate Now" option, also under "Support Our Work." The website is chockfull of child-wellness data and is an excellent resource for teachers, administrators, elected officials and concerned citizens.

COMMUNITIES IN SCHOOLS OF NEW MEXICO

The issues are complex and a lot of the challenges we face are due to poverty — but children are extraordinary in their capacity to learn. As a community we need to help them reach their truest capacity.

— Julia Bergen, executive director

In 1997, during a meeting at the United Church of Santa Fe, Georgia and William Carson responded to a call from Salazar Elementary School's principal for help with the growing number of underserved, high-risk students at her school. The resulting Salazar Partnership worked with service providers, families, district administrators and school staff to provide volunteers and funding for books and other materials. As it became obvious that the Carson's framework helped students, the program expanded beyond Salazar, and the organization was renamed Santa Fe for Students.

"The Carsons built and supervised a cadre of volunteers for 15 years, working closely with school principals and listening carefully to communities' needs," Bergen explains. The care the Carsons took in developing relationships was crucial to the programs success, she notes. "It's really important that people working in our communities *know* our communities."

In 2012, ready to pass the baton but not ready to sever 15 years' worth of connections, the Carsons affiliated their program with Communities In Schools, a nationwide network of professionals, volunteers and businesses working with public schools to encourage children to achieve.

Using a school-based site coordinator as a conduit, Communities In Schools connects students and their families to critical community resources and support specific to local needs.

Communities In Schools of New Mexico places a bilingual, social-work-trained site coordinator at each participating school. Site coordinators work closely with school administrators, a select group of staff and parents, to assess the unique needs of the students and the school community and to customize service to any student in the school that they deem at high-risk for a range of challenges including truancy, family conflict, academic problems or bullying.

Integral to the whole intervention plan is the "full support of the family," Bergen explains. "This is a very collaborative team effort." It's important, she adds,



First grader Isaac Delgado picks vegetables in the Salazar Elementary School hoop house with Elizabeth Crumpler, site coordinator for Communities In Schools. Photo by Nina Bunker Ruiz.

"to wrap services around a child and try to help ensure that all of their needs — food, shelter, clothing, medical care — are met, so that life outside of school is more stable and the child may show up at school nourished, rested and ready to learn."

Communities In Schools currently works with Agua Fria and Salazar Elementary Schools, César Chávez Community School, Ortiz Middle School and Capital High School, with plans to expand into DeVargas Middle School, Nava Elementary and Aspen Community Magnet School by January.

Site coordinators try to provide practical solutions to any challenge a student may face, at no charge to the families. "If truancy is the issue, we go to the family and try to see what the problem is," Bergen says. "Is the bus stop too far away

Continued on next page



FAMILY CONCERT SERIES

DECEMBER

<p>Christmas Eve SFCAL Orchestra Dress Rehearsal Tuesday, December 24, 2013 2 PM, Lencic</p>	<p>New Year's Eve SFCAL Orchestra Dress Rehearsal Tuesday, December 31, 2013 2 PM, Lencic</p>
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JANUARY

<p>The Barber of Seville Dress Rehearsal Wednesday, January 8, 2014 6:30 PM, Scottish Rite Center Free, no tickets required</p>	<p>Discover the Joy of Music II Mozart and Mendelssohn violin concertos Sunday, January 26, 2014 4 PM, United Church of Santa Fe</p>
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MARCH

<p>Curtis on Tour: Chamber Music Tuesday, March 18, 2014 6 PM, United Church of Santa Fe</p>	<p>TICKETS: \$10 - ticketssantafe.com or 505.988.1234 - SFCA 505.984.8759 - at the door</p>
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Santa Fe Concert Association
 324 Paseo de Peralta, Suite A, Santa Fe, NM 87501
 505.984.8759 | www.santafeconcerts.org

from home for a 6-year-old student? We call transportation. Is an older student needed to babysit a younger sibling? We try to find childcare. The site coordinator fills the role of intermediary, a bridge between parent, child and service.” The support Communities in Schools of New Mexico offers is more critical than ever as many school counselors serve more than one school and are overwhelmed by large caseloads.

Take Action

Our community faces staggering challenges, but child-by-child we can make a difference.

– Julia Bergen

Communities In Schools of New Mexico is looking for volunteers to provide tutoring assistance and academic support for their students. For a full description of these tasks, visit www.cisnewmexico.org and click on “Volunteer,” or call Andy Johnson, program coordinator, at 505-954-1880.

SANTA FE PUBLIC SCHOOLS’ ADELANTE PROGRAM

We see more and more hungry people. We used to give out 25 bags for Juntos los Miercoles; now it’s 60. I know of parents who give up their meals when they don’t have enough food stamps. Some kids only get to eat at school. It is upsetting that families have nowhere to go.

– Gaile Herling, program coordinator

ADELANTE, a program of the Santa Fe Public Schools, works with homeless youth birth to 21 years old and their families, and with homeless youth who are on their own. Along with food and household supplies, ADELANTE offers family case management and tutoring. Liaisons at the mid- and high school levels help ensure their students have clothes, food, transportation and pre-college support. This year ADELANTE has added the services of an immigration attorney who helps undocumented students apply for deferred action. During *Juntos*



Adith Guzman, Tashina Hart, Eva Barela and Isabel Ribe bag groceries for Santa Fe Public Schools ADELANTE to distribute to homeless families. Photo by Nina Bunker Ruiz.



Kids learn the joy of helping in the Food Depot’s Little Ones Volunteer Experience (L.O.V.E) program. Photo by Nina Bunker Ruiz.

los Miercoles, an evening program that meets at Sweeney Elementary School most Wednesdays throughout the school year, volunteers provide a hot meal, art teachers provide activities for kids, and families can pick up bags of fresh groceries from the Food Depot.

The organization serves at least 1600 children annually. Program coordinator Gaile Herling explains that ADELANTE uses the federal definition of homeless: “Not all of our folks are on the streets or eating at soup kitchens,” she explains. “Our definition includes families living doubled up because they cannot afford a place of their own; kids living with folks who aren’t their parents — grandparents, usually, who want care for their grandkids, but can’t afford to; kids who are couch-surfing; and families that have an eviction notice, a utility disconnect notice or are living in substandard housing.”

ADELANTE’s numbers this year mirror New Mexico’s KIDS COUNT data. “We have 1100 children so far this year, when last year at this time we had 800,” Herling notes. “We’re putting out 100,000 pounds of food a year. Our family emergency fund is shut down right now, because it is too empty to use.

Take Action

This goes on under the radar. The people who are most affected are not the people who are empowered to use their voice. We need to go where the greatest need is right now. We need to ask ourselves, ‘Where are our priorities as a community?’

– Gaile Herling

ADELANTE needs donations for their family emergency fund, nonperishable food for their pantry (especially high nutrition foods: nuts, canned tuna, dried pinto or black beans and rice, pasta and sauce, peanut butter), nutritious, low-sugar snacks (cereal, granola bars, canned fruits with no or low sugar), diapers, new or near-new winter jackets (especially sizes eight to 16), hats, scarves, mittens, gloves, boots of all sizes, school clothes, new socks and new underwear.

Volunteer opportunities include cooks and art teachers for *Juntos los Miercoles* on Wednesday, tutors for students, teachers for parent classes, organizers for food and clothing drives and members for the new Friends of Adelante group.

Call Eva Barela, volunteer coordinator, at 467-2555. Please allow a week for her to return your call.



Deacon Anthony Trujillo (far right) works with youth in several groups, including *Familia Unida Hispana*. Photo by Juan Carlos Mora.

SANTA FE REGIONAL JUVENILE JUSTICE BOARD AND HISPANIC MINISTRIES FOR YOUTH AND YOUNG ADULTS

Everyone is welcome here. The whole community! I like it because I learn something new every time and I know I can talk to Deacon Anthony about anything.

– Stephanie Flores, member
Pastoral Juvenil and Familia Unida Hispana

THE FOOD DEPOT

Schools are calling us and reporting higher numbers of hungry children than last year. I anticipate that we will serve 2,000 students through our Food 4 Kids program this school year.

– Sherry Hooper, executive director

The Food Depot provides food to hungry families, veterans, children and seniors in nine northern New Mexico counties through a network of 135 nonprofit partner agencies. These agencies include food pantries, homeless programs, youth programs, group homes, senior centers, day care centers and domestic violence shelters. The Depot distributes about 300,000 pounds of food and household products monthly. These distributions allow the partner agencies to focus more of their energies and resources on their services, rather than on food drives.

The Food Depot's Food 4 Kids program provides backpacks with nutritious food that is easy for kids to open and serve themselves. "A lot of children don't have anything to eat when they're not at school," Hooper says; they may not have a regular meal from Friday afternoon until Monday morning. Food is distributed on Fridays to help students bridge a hungry weekend. The Food Depot is experiencing a 20 percent spike in requests from schools for the backpacks. Last year the Depot provided 1,600 students with Food 4 Kids backpacks; this year it expects to serve 2,000.

Hooper is concerned about cuts to government food stamp programs such as the Supplemental Nutrition Assistance Program (SNAP), which may both increase reliance on the Food Depot among existing clients and swell the ranks of new people in need.

Take Action

We can turn \$1 into four meals at the Food Depot.

– Sherry Hooper

By taking advantage of many bulk-purchasing options, Food 4 Kids can fill a backpack for a year with an \$80 donation. The Food Depot also needs volunteers to pack backpacks each week. "We want to have the food ready to go so that teachers or other staff aren't burdened with the task of parceling out food at the school sites," Hooper explains.

Every third Friday of the month, the Food Depot offers its Little Ones Volunteer Experience (LOVE) program, in which families can bring in their children to help with kid-friendly volunteer activities.

The Food Depot moved into a larger facility last January. With a bigger space, more cold storage and more fresh produce going out, the Food Depot also needs more help stocking shelves, sorting and repackaging foods. For more information call volunteer supervisor, Viola Lujan, at 471-1633 x 11 or email vlujan@thefooddepot.org. For more information visit: www.thefooddepot.org.

The KIDS COUNT report shows that 13,000 New Mexico teens are neither working nor in school, over 9,000 aren't graduating on time, 15,000 are abusing drugs, and 3,872 babies have been born to teen mothers. These teens are the focus of one of our hardest working community members, Deacon Anthony Trujillo of San Isidro-San Jose Parish of Santa Fe.

In addition to serving as coordinator for Hispanic ministries and young adults for the Archdiocese of Santa Fe, Trujillo is a police chaplain, a chaplain to incarcerated youth and a board member of the Santa Fe Regional Juvenile Justice Board. He also works with the new Transitional Education Program at Zona del Sol, designed to support youth who are serving long-term school suspensions. He runs a number of groups for youth and their families under the auspices of the Catholic Church.

Continued on next page

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Depending on the group, youth work on everything from teen issues, such as dating violence, bullying and youth suicide, to service projects such as singing Christmas carols in nursing homes and detention centers and taking school supplies to Santa Fe Youth Shelters.

Stephanie Flores, 16-year-old member of Pastoral Juvenil and Familia Unida Hispana, says one of the most poignant activities for her is singing Christmas carols at the juvenile detention center. When asked if it's awkward to sing for kids her age in a detention center, Flores answers, "At first I'm nervous, but after a while I get into it and I'm always glad I did it!"

After detained youth exit the detention center, Trujillo works to incorporate them back into the community, inviting those who are interested to join one of his youth groups.

"Some of them have even gone on to be part of our team leadership," Trujillo explains, "This has value for both the youth that were incarcerated and for the rest of the youth that participate."

To re-enter their community in a positive way has obvious benefits for the youth coming out of detention centers, but the experience has a profound effect on the other youth in Trujillo's groups as well; Trujillo says that having peers who have had to deal with the fallout of bad decisions gives the other youth a sobering, real-life understanding of consequences.

Trujillo eschews any us-and-them mentality. He relates a story about an evening when he and a coworker were meeting with a group of parents and teens. One parent asked them to bring some previously incarcerated youth to a session so they could present to the group — in hopes that the "good kids" would get the "don't end up like them" message. Trujillo's colleague started to giggle and said, "They're already here. They are sitting beside you."

The parent's attitude chafes Trujillo: "It's like people are looking for horns and tails, but these kids are *our* kids." He adds, "We've got a lot of good kids in this community, and often that's not recognized. And even the ones that make mistakes have a lot to offer. Our community needs to spend time with its youth. Youth don't feel supported and we need to change that."

Take Action

Many people don't connect the dots. What happens on the south side affects what happens on all sides of Santa Fe. We are one community and we need to work together as one community — for all kids.

— Anthony Trujillo

Trujillo is looking for professionals qualified to present to his Pastoral Juvenil teen mentors on the issues of teen suicide, bullying and dating violence. He and his youth have already presented to 3,500 youth this year. Donations would help cover travel expenses.

He also needs mentors willing to spend an hour a week with adjudicated youth in a public place. Trujillo is looking for volunteer tutors to help his students in the Transitional Education Program at Zona del Sol with reading and math.

Trujillo can be reached at 690-6135 or deaconat1@aol.com.

SANTA FE HIGH SCHOOL TEEN PARENT CENTER

One teen mother tried to come back to school this year after dropping out last year, but there was no slot available at PMS [Presbyterian Medical Services]. So, she dropped out again and she's probably not coming back.

— Alicia Wolfe, coordinator

Teen mothers face a unique set of challenges if they want to graduate high school. It is hard enough to schedule classes around a birth and the health issues that may arise for them or for their babies, but there are other hurdles as well. When Alicia Wolfe spoke with us this fall, two of her pregnant students were on bed rest and she was afraid they would not be able to keep up with their studies. "The more a student falls behind, the less likely she is to graduate," Wolfe says.

In addition to trying to finish high school and raise a child, they may be living on their own and have a job. One of Wolfe's students, Alexa Heras, says that most school nights she doesn't get off work from Walmart until 11 or 12 at night and has to be at school by 8:30 a.m. the next morning. "It's hard finding time to come



Moms at the Santa Fe High School Teen Parent Center face unique challenges trying to finish school while raising a child. Courtesy photo.

to school, do what I need to for class, go to work and be with my baby," she says.

To add to the list of challenges, the district has raised the bar for graduation and, while Wolfe thinks high expectations are important, these increased demands are going to be doubly hard for her group.

"Most of my kids work at night. There are the stresses of finances, work, scheduling, parenting, and now the district is stepping up graduation requirements. Students have to take an AP [Advanced Placement] class, honors or dual credit class and that's going to make it a lot harder for my kids to graduate."

In addition to these worries, there aren't enough childcare slots at the campus childcare center run by Presbyterian Medical Services (PMS) to serve all the mothers at the Teen Parent Center. Until three years ago the Santa Fe Public School district ran its own childcare center but passed the job to PMS when funding ran short. The consequence of this arrangement is that PMS is beholden to federal regulations that require empty slots be filled within 30 days. This means that the openings for childcare will be given to children from the broader community if a teen is still pregnant when the slot comes available.

"I have students whose attendance is poor because they don't have childcare at PMS, and the longer a student is out of school, the less likely she is to return," Wolfe explains.

Take Action

I have one student who found childcare on the other side of town, but dropping her child off in the morning makes her late and then she has to leave school early for pick up. I have seven students who don't have a slot at all.

— Alicia Wolfe

The Teen Parent Center needs volunteers to hold babies at their site; shifts are 9 a.m. to noon and 1 to 3 p.m. Volunteer tutors are also needed to help with advanced-class material. Teen parents need donations of gas cards, gift cards to Target, nonperishable foods and new or gently used baby clothes, toys and books. Call Alicia Wolfe at 470-3311 or email at awolfe@sfps.info.

I know we all hear it a lot, but it really takes a village.

— Deacon Anthony Trujillo

The news is bad; the numbers are worse. It may not seem like it, but as community members we do have choices. One choice is to embrace the takes-a-village stance, put our own busy schedule aside for an hour or two and help.

If you've been ready to roll up your sleeves since you saw the Annie E. Casey report but didn't know how, we hope we were able to give you some ideas. If you do volunteer, we would love to hear about your experience at info@sftumbleweeds.com or 505-984-3171. And we thank you in advance.

Nina Bunker Ruiz is a freelance writer and mother of two. She and her family live in Santa Fe. Her daughters and their two friends had a lot of fun at the Food Depot's L.O.V.E. program this fall and encourage other young folks to check it out.

To see the complete results of the Annie E. Casey Foundation Kids' Count Data Book, go to www.aecf.org or datacenter.kidscount.org/publications/databook/2013.

NEW GROUP SUPPORTS GRANDPARENTS RAISING GRANDCHILDREN

The active presence of grandparents in the lives of their grandchildren is as old as humankind, but increasing numbers of grandparents in New Mexico and around the country have primary responsibility for grandchildren who live in their homes.

Over 25,000 grandparents throughout New Mexico are responsible for meeting the basic needs of live-in grandchildren. In Rio Arriba County, 60 percent of children under age 6 are under their grandparents' primary care. Nationally, 2.7 million grandparents are responsible for children under age 18 who live in their homes.

Grandparents face unique challenges as second-time caregivers. Grandchildren may be grieving the absence of their parents, and grandparents often face their own economic concerns, health issues, isolation and difficulties locating resources long after their own children have left home.

To support these families, the Santa Children's Museum and Las Cumbres Community Services launched a new monthly support group in November: Grandparents Raising Grandchildren.

At each session, a specialist will discuss topics determined by the group. Participants are invited to share their joys and struggles with other grandparents who are raising grandchildren, gather information and resources to support their role as a parenting grandparent and explore play-based learning. The session will end with a grandparent/child activity in the museum.

Upcoming sessions are scheduled for 4:30 to 6:30 p.m. Dec. 12 and Jan. 9 at the Santa Fe Children's Museum, 1050 Old Pecos Trail in Santa Fe, with more to come if initial attendance is strong. Museum admission, dinner and child care are free for participants. Reserve a spot up to the day before by calling the Children's Museum at (505) 989-8359 x 115 or Las Cumbres Community Services' Santa Fe office, (505) 955-0410.

HELP FOR CHILDREN OF SEPARATED PARENTS

Nearly everyone knows a child who has suffered as a direct result of conflict between parents who have split up. Children First, a Santa Fe nonprofit, helps children of separated parents by giving the adults ways to communicate and cooperate rather than fight.

Their nine-week program for parents teaches communication skills that help them work together effectively and shield their children from conflict. Classes are offered in concurrent sessions on Monday and Thursday evenings, so that co-parents do not attend the same sessions. Each course is led by one female and one male facilitator and includes reading, video clips and discussion.

Children of separated parents have a higher incidence of at-risk behaviors than those from intact families. The number of risk factors increases when parents fight over their children. Providing each parent with improved communications skills and behavior options helps reduce the devastating consequences of parental conflict.

In recent course evaluations, over 97 percent of self-defined "high-conflict participants" reported improved relationships with their co-parents after taking the Children First workshop. These improvements help parents give their children the sense of safety and security needed, resulting in children who make better decisions about their lives and are less likely to abuse alcohol or drugs, become teen parents, fail to graduate or resort to violence.

The next two concurrent nine-week sessions for co-parents start the week of Jan. 6. A Spanish-language class is being planned, to begin in February.

In addition to the co-parenting classes, Children First sponsors Safe Haven Child Transfer Centers, where trained volunteers and professionals provide a free, safe and conflict-free zone to transfer children from one parent to the other. These centers are housed in local faith communities and are open on a regular schedule.



Students in the Early Learning Center of United Way Santa Fe County explore recycled materials on a mirror table. Photo by Juliet Stavely.

Children First recently installed new board officers. Santa Fe mediator Philip Crump succeeds attorney Sarah Bennett as president. Dr. Louis Levin, child psychologist, steps up as vice-president. Financial planner Lois Stouffer is the new treasurer.

To find out more, to enroll or to donate, go to www.ChildrenFirstNM.org or call (505) 473-7630.

"WONDER OF LEARNING" COMES TO NEW MEXICO

In anticipation of the exhibit, "Wonder of Learning: The Hundred Languages of Children," coming to Albuquerque in June, the New Mexico Wonder of Learning Collaborative is hosting tours of early childhood classrooms throughout the state that use the Reggio Emilia Approach.

The exhibit, a documentation of early education in the world-renowned preschools of Reggio Emilia, Italy, opens June 19 at the New Mexico Museum of Natural History and Science in Albuquerque and will run through December. The exhibit will call attention to the importance of quality early childhood education for all children in New Mexico.

The tours offer an opportunity for early childhood educators, families and policymakers to visit classrooms that use the Reggio Emilia approach. Teachers, directors and family members involved in the programs will talk, with time allotted for discussion.

The Reggio approach was developed in the town of Reggio Emilia and surrounding villages after World War II by educational theorist Loris Malaguzzi, along with parents and teachers who shared the belief that the war's devastation necessitated a new approach to learning. Reggio's self-guided curriculum is based on principles of respect, responsibility and community through exploration and discovery in a supportive environment tailored to the interests of children.

Tours in Taos will take place Dec. 12; in Las Cruces Feb. 14 and 15; and in Bernalillo County in May on a date to be announced.

For more information call the New Mexico Wonder of Learning Collaborative, (505) 414-0599.

THERE'S NO SEASON FOR HUNGER

Finding blessings at a lunch kitchen

By Gloria Fournier Valdez



Anna Marie McQuarie and Emma Roybal do sweet work. Photos by Nina Bunker Ruiz.

It was a cold and windy morning in December.

It was trying to snow, and I shivered in my long wool coat as I walked up to the door at St. John's lunch kitchen, not knowing what to expect. I had seen homeless people pushing shopping carts with all their worldly belongings. I had stepped around them while they slept curled up in a doorway of a building. I had seen them standing on street corners in their tattered clothing holding signs saying they would work for food. I would look away because they made me feel sad and uncomfortable. But on that morning, I was standing in their midst.

A few weeks before, I had attended a "BeFriender Ministry" in Albuquerque, which teaches active listening and support techniques for people to use in their church and personal life. One of the other participants, Father Nathan Libaire, told me he was the parish priest for St. John the Baptist Catholic Church in Santa Fe and invited me to see their lunch kitchen. Father Nathan is a man with a gregarious personality and an evident love for people — all people. So although I am not Catholic, and had never worked with homeless people, I drove to Santa Fe on that chilly December morning with my husband, Richard, to check it out.

As we arrived we were greeted by Father Nathan and the Monday morning team, which was busy preparing sandwiches. We were immediately welcomed and put to work. There didn't seem to be a boss; everyone just knew what needed to be done, preparing sandwiches in an assembly line, stuffing plastic bags with chips, folding the lunch bags after they were filled. Most of the other volunteers were St. John's Church members, but no one was proprietary about their job or acted as if we were outsiders in "their" church. They just told us what was needed and we rolled up our sleeves and got to work. It was truly a joyous occasion in that kitchen.

In the short time between when we finished and when the guests arrived, we sat at the lunch tables and drank hot coffee. Willie had brought doughnuts for the team. Andy and Richard talked football. We were joined by Deacon Jerry Reynolds, a warm-hearted man who takes caring seriously, and who leads the Caring Ministries at St. John's. Soon the first guest arrived, and then the next and the next. Each one took a bagged lunch, a drink and a bowl of steaming chicken and rice soup, chockfull of peas and carrots, made by Father Nathan and his mother. I positioned myself by the soup pot to help anyone who needed assistance getting to the table and then went around the tables offering crackers.

On any given Monday, Tuesday or Thursday, approximately 60 guests arrive for lunch. I don't know where they all come from or where they live. What I *do* know is that I have never seen people so polite, grateful and gracious. One of the team recognized one of the guests on that Monday morning and went up to greet him. The man had owned his own restaurant in Santa Fe for many years, but it had recently gone out of business and he was now in line to get food. A couple came in

with a teenage girl, an infant and a little boy around 6 years old, who had the saddest face I've ever seen. I cannot get that precious little face out of my mind.

Even after the weather warms, the homeless will be coming to St. John's Lunch Kitchen and other places that offer a meal. There is truly no season for homelessness. Years ago, when I was studying to be a social worker, I learned that the average American would have only three months after losing their job because of a layoff or illness before they would deplete their savings or max their credit cards. We are all closer to homelessness than we think, especially in this economy.

I returned to St. John's Lunch Kitchen to volunteer with my husband, and we will go back again this winter. Each time we leave, we walk away feeling that we have helped provided nourishment to those in need and that we made a difference in someone's day — and we count our blessings.

Gloria Fournier Valdez lives in Albuquerque with her husband, Richard.



Deacon Jerry Reynolds (far right) leads a prayer circle before volunteers serve the meal.

SANTA FE FOOD PANTRIES AND SOUP KITCHENS

BAG 'N HAND PANTRY AT ST. JOHN'S UNITED METHODIST CHURCH
1200 Old Pecos Trail (corner of Cordova Road)
Santa Fe, NM 87505

What they offer: Food every Tuesday and Thursday, 10 a.m. to noon; recipients may come only once a week.

What they need: Volunteers and donations of food and money.

For more information: Paul D'Arcy, 982-5397

BIENVENIDOS
1511 Fifth Street
Santa Fe, NM 87505

What they offer: Sack lunches to the homeless, Mondays 10 a.m. to 1:30 p.m.; Wednesdays and Thursdays 10 a.m. to 2:30 p.m. Boxes of groceries, Mondays 11:30 a.m. to 1:30 p.m.; Wednesdays and Thursdays 11:30 a.m. to 2:30 p.m.

What they need: Food donations, money (even small amounts go a long way), clothing and household items. Volunteers are needed to help pack lunch bags and food boxes, especially Wednesdays and Thursdays.

For more information: Susan Tarver, 986-0583.

FOOD FOR SANTA FE
1222 Siler Road
Santa Fe, NM 87507

What they offer: Bags of groceries and kids' snacks, Thursdays 6 a.m. to 9 a.m. or until supplies run out. No forms to fill out; no questions asked. Drive-thru is at the rear left of the front building.

What they need: Donations of food, especially 18 oz. jars of peanut butter, and paper grocery sacks. Volunteers are needed Wednesdays beginning at 6 a.m. to fill bags with nonperishables, and on Thursdays at 6 a.m. to add perishable produce and distribute bags.

For more information: foodforsantafe@gmail.com, www.foodforsantafe.org

SALVATION ARMY
525 W. Alameda
Santa Fe, NM 87501

What they offer: Breakfast Monday through Friday at 8 a.m.; dinner Monday through Friday at 5 p.m.

What they need: Food, clothing (especially children's), household items.

For more information: Miguel Gallegos or Lt. Joseph Cisneros, 988-8054

ST. JOHN'S LUNCH KITCHEN
1301 Osage Avenue
Santa Fe, NM 87505

What they offer: Lunch is served Monday, Tuesday and Thursday at 11:30 a.m.

What they need: Sliced lunchmeat, bags of chips, cases of bottled water and cups of applesauce, fruit or pudding.

For more information: Deacon Jerry Reynolds, 983-5034 ext. 5.

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Or use the easy click-and-send form on our website, www.sftumbleweeds.com.

Deadline for sending directory listings and reserving display ads is January 31 for our Spring 2014 (March, April, May) issue.

Publication date is February 19.



Make Way for Uncle Webb

That eccentric old guy just won't go away

By Will McDonald

One day an interesting fellow

shows up at the door. He says he is your old Uncle Webb, explaining some complicated family connection. You invite him in. Then, somehow, he quietly moves in, becoming a permanent part of the household. That's how the Internet sometimes feels to me, the eccentric Uncle Webb.

Uncle Webb is there all the time. He is entertaining. He always has some interesting bit of news or funny pictures. And he's so smart! He can answer any question you can reasonably formulate. He can tell you what other people are thinking. You ignore the mailbox on the street because Uncle Webb gives you all your interesting mail himself.

Your personal life is of great interest to Uncle Webb. You mention you were thinking of getting new pillows for the sofa, and then you notice Uncle Webb is showing you pictures of all sorts of pillows. How thoughtful of him. Or, maybe, how nosy. All the financial information he promised to keep secret doesn't seem so secret anymore. Is Uncle Webb reading your mail? Reading your *mind*? Maybe this isn't so good.

While usually polite, you notice Uncle Webb sometimes has a foul mouth and a crude sense of humor, particularly when he is hanging out with your teenage kids. And the pictures he shows them! Yikes! Mostly, he just shows the kids stupid stuff, keeping them distracted from their homework. Then just when you are going to chew him out your kid says, "I'm doing my homework with Uncle Webb!" He *does* answer science questions



Photos by Ana June

well, but does he really care about your kids?

You think, Uncle Webb has got to go! But he has such good recipes, and with Christmas coming up you need his expertise at shopping and shipping. Maybe a good New Year's resolution is to confine Uncle Webb to his room where the family can visit him for limited periods of time. Or maybe you just say he has to move out! But your kids say, "Noooooo! He delivers all my messages to my friends, he is so smart, and so nice, and so entertaining, and I can't do my homework without him!"



We are living in a time that was not predicted by science fiction writers. No one foresaw an uncle like this. While science fiction focused on journeys to near and distant planets as the logical progression for our curious species, the Internet quietly opened a vast, uncharted territory where we are all invited to explore and build. In cyberspace we walk into the world of human imagination. Like our individual imagination, it is sometimes dull, repetitive and banal. Sometimes it is transcendent.

Way back in the pre-Internet era, my father enjoyed fielding my many questions about life and the world. What he couldn't answer from memory led us to the encyclopedia and other books as we dug deeper into questions. Often we found answers, and most times our conversations were explorations of ideas we both enjoyed.

My 13-year-old son was born in the Internet age, and it has been a delight for me to explore his questions with a visit to the computer. I hear the echo of talks with my father in the great conversations I share with my son, but now we have a well of information online that is nearly inexhaustible. Now my challenge is to show him how to dig deep into a question without being diverted by all the interesting but irrelevant data.

The arrival of smartphones put the Internet in our pockets. I'm hoping more people become bored with this novelty and start leaving their phones in their pockets so they remember to talk directly to the people they are with. My wife and I said "no" to a smartphone for our kid. Having the Internet ever available seemed like a bad idea at his age. Also having a \$500 breakable, losable, stealable item on him is silly.

Still, believing that moderation is often better than prohibition, we agreed to let him buy an iPod. This allows him to access the Internet where there is Wi-Fi and to play the little games made for these things. I feel he needs to learn to live in this world of technology without it overwhelming him. At home I can turn off the Wi-Fi. The question of Internet use comes up in our house every day, but most times I think we are going in the right direction.

A parent's job is to consider dangers, real and imagined, in all times and places. Children are as vulnerable now as always. The wild, dangerous, untamed world we live in has few tigers or hyenas, but it does include cyberspace.

As urban kids learn street smarts to survive in a milieu of hazards and predators, I try to understand and teach my kid street smarts for the Internet city. There are real gifts, like the many YouTube guitar lessons that have inspired my son's musical soul. There is Wikipedia! But I also help him identify scams and traps. I keep an eye on his Facebook activity looking for signs of abusive behavior coming in or going out. We talk about how some rude comment in social media can become a digital tattoo that could come back to haunt him. Uncle Webb never forgets.



As Homo sapiens, our bodies' abilities and limitations have been essentially unchanged for the last million years. Our hopes, desires and fears are deeply human and ancient. This, according to mythologist Joseph Campbell, explains how ancient stories and myths remain pertinent to our modern lives. It also explains



how, at a very deep level, nothing changes for us humans.

But the circumstances of life *do* evolve. For most of human history, societal changes have come slowly, and adults could teach the children about their world as it had always been. Since the industrial revolution the rate change has been accelerating, making the future more uncertain, while making the ever-challenging job of parenting even more confusing. The Internet has accelerated change in our world to levels never seen before. I'm always wondering how I can prepare my kid for a life I can't imagine.

These days I try to encourage him to look up from the screen and see the world around him. I want him to know how to communicate meaningfully with people who are right in front of him. I want him to be introspective enough to know who he is and what he believes, apart from any technology. I think the basic human skills of caring for himself and those around him will remain essential. I want to nurture depth, awareness and kindness. His future world, whatever it will be, will need those qualities.

.....
Will McDonald is an architectural designer who lives with his wife and son in Santa Fe.

CAMINO DE PAZ SCHOOL

Education for the Mind, Hands & Heart

If we want our youth to do extraordinary things and be extraordinary people, we must give them extraordinary experiences.



See what makes us extraordinary!
Check website for OPEN HOUSE dates or call for an appointment.

CAMINO de PAZ SCHOOL & FARM
Montessori middle school serving grades 7- 9
505-231-2819 www.caminodepaz.net

No hay estación para el hambre

Bendiciones en un comedor de beneficencia

Por Gloria Fournier Valdez • Traducción por Flor de María Oliva

Era una mañana fría y ventosa en diciembre.

Parecía como que iba a nevar y yo temblaba del frío en mi abrigo largo de lana camino a la puerta del comedor de San Juan sin saber qué esperar. He visto a personas que viven en la calle empujando carritos de supermercado con todas sus pertenencias. He pasado cerca de ellos mientras duermen acurrucados en la puerta de algún edificio. Los he visto parados en las esquinas en sus ropas raídas deteniendo rótulos que dicen que trabajan a cambio de comida. Desviaba la vista porque me hacían sentir triste o incómoda. Pero esa mañana me encontraba entre ellos

Unas semanas antes había asistido a un servicio, "BeFriender Ministry" en Albuquerque, el cual enseña técnicas de escuchar y ofrecer apoyo en forma activa para que uno use en su iglesia y vida personal. Uno de los participantes, el padre Nathan Libaire, me contó que era el cura de la parroquia de la Iglesia Católica San Juan en Santa Fe y me invitó a su comedor. El padre Nathan es un hombre sociable con un evidente amor a la gente – toda la gente. Así es que aunque no soy católica y nunca he trabajado con las personas que carecen de vivienda, me dirigí a Santa Fe junto con mi esposo, Richard, para echarle un vistazo al comedor esa helada mañana de diciembre.

Al llegar nos recibió el padre Nathan y el equipo del lunes del comedor, que estaba ocupado preparando emparedados. Nos dieron la bienvenida y nos pusieron a trabajar inmediatamente. No parecía que hubiera un jefe; todos sabían lo que había que hacer: preparar los emparedados trabajando en cadena, poner papalinas en bolsas plásticas, doblar las bolsas del almuerzo después de llenarlas. La mayoría de los voluntarios eran miembros de la Iglesia de San Juan, pero ninguno tenía aires de propiedad de su trabajo ni actuaba como si hubiera gente de afuera en "su" iglesia. Sólo nos dijeron lo que era necesario y nos arremangamos las mangas y pusimos manos a la obra.

En el corto tiempo entre que trabajamos y llegaron los huéspedes, nos sentamos a tomar café. Willie había traído donas para el equipo. Andy y Richard hablaron de fútbol. El diácono Jerry Reynolds, un hombre afectuoso que toma la solidaridad en serio y dirige

los Ministerios de Solidaridad en la parroquia, se vino a sentar con nosotros. Pronto llegó el primer huésped y el otro y el otro. Cada uno tomó su bolsita del almuerzo, una bebida y un tazón de sopa de arroz con pollo bien calentita, llena de chícharos y zanahorias, hecha por el padre Nathan y su madre. Me puse cerca de la sopera para ver si alguien necesitaba ayuda para llegar a la mesa y después pasé ofreciendo galletas.

Cualquier lunes, martes o jueves, unas 60 personas llegan a almorzar a este comedor. No sé de dónde salen ni dónde viven. Lo que sí sé es que nunca he visto personas más atentas, agradecidas y gentiles. Uno del equipo reconoció a uno de los huéspedes y fue a saludarlo. El hombre había sido dueño de su propio restaurante en Santa Fe por muchos años, pero su negocio había cerrado recientemente y ahora él estaba haciendo fila para comer. Llegó una pareja con una adolescente y dos pequeños, uno como de seis años, que tenían las caras más tristes que jamás he visto. No me puedo quitar de la mente esa preciosa cara del chiquito.

Incluso cuando el clima empieza a calentar un poco, las personas que no tienen vivienda siguen llegando al comedor de San Juan y otros lugares que ofrecen comida. Realmente, no hay una estación para los desposeídos. Hace años, cuando estudiaba para ser trabajadora social, aprendí que al estadounidense promedio le tomaría sólo tres meses después de perder su trabajo --debido a un despido o una enfermedad-- antes de acabarse sus ahorros o agotar sus tarjetas de crédito y perder su casa. Todos estamos más cerca de quedarnos en la calle de lo que pensamos, especialmente en esta economía.

He vuelto al comedor de San Juan como voluntaria, junto con mi esposo, y lo haremos nuevamente este invierno. Cada vez salimos con el sentimiento de que hemos ayudado a proveer alimentos a los necesitados, hemos hecho una diferencia en la vida de alguien y contamos nuestras bendiciones.

.....
Gloria Fournier Valdez vive en Albuquerque con su esposo Richard.



El diácono Jerry Reynolds, Bobby Montoya, Anna Marie McQuarie, Emma Roybal, Sue Fox, Tessie Horne, el padre Nathan Libaire, Marie Montoya y Ned Montoya son algunos de los voluntarios del comedor de San Juan. Fotos por Nina Bunker Ruiz.

Despensas y comedores de beneficencia de Santa Fe

Bag 'n Hand Pantry, St. John's United Methodist Church

1200 Old Pecos Trail (esquina con Cordova Road)
Santa Fe, NM 87505

Lo que ofrecen: Alimentos todos los martes y jueves, 10 a.m. a 12 del medio día; se puede recibir sólo una vez por semana.

Lo que necesitan: Voluntarios y donativos de alimentos y dinero.

Para más información: Paul D'Arcy, 982-5397

Bienvenidos

1511 Fifth Street
Santa Fe, NM 87505

Lo que ofrecen: A las personas sin vivienda, almuerzos para llevar: lunes 10 a.m. a 1.30 p.m.; miércoles y jueves, 10 a.m. a 2:30 p.m. Cajas con abarrotes: lunes, 11:30 a.m. a 1:30 p.m.; miércoles y jueves, 11:30 a.m. a 2:30 p.m.

Lo que necesitan: Donativos de alimentos, dinero (aunque sea poco, rinde mucho), ropa y artículos para el hogar. Se necesita voluntarios para ayudar a empacar los almuerzos y las cajas de abarrotes, especialmente los miércoles y jueves.

Para más información: Susan Tarver, 986-0583.

Food for Santa Fe

1222 Siler Road
Santa Fe, NM 87507

Lo que ofrecen: Bolsas de abarrotes y bocadillos para los niños, jueves 6 a.m. a 9 a.m. o hasta que se agoten las provisiones. No hay que llenar formularios y no se hacen preguntas. Se puede pasar en el automóvil por la parte izquierda de atrás del edificio de enfrente.

Lo que necesitan: Donativos de alimentos, especialmente tarros de mantequilla de maní de 18 onzas y bolsas de papel para los abarrotes. Se necesita voluntarios los miércoles, a partir de las 6 a.m., para llenar las bolsas con alimentos no perecederos y los jueves, a partir de las 6 a. m., para agregar los productos perecederos a las bolsas y distribuirlas.

Para más información: foodforsantafe@gmail.com, www.foodforsantafe.org

Ejército de Salvación

525 W. Alameda
Santa Fe, NM 87501

Lo que ofrecen: Desayuno de lunes a viernes a las 8 a.m.; cena de lunes a viernes a las 5 p.m.

Lo que necesitan: Alimentos, ropa (especialmente para niños), artículos para el hogar.

Para más información: Miguel Gallegos o Teniente Joseph Cisneros, 988-8054

Comedor de beneficencia de San Juan

1301 Osage Avenue
Santa Fe, NM 87505

Lo que ofrecen: Almuerzo los lunes, martes y jueves, a las 11:30 a.m.

Lo que necesitan: Carnes frías en rodajas, bolsas de papalinas, cajas de agua embotellada y puré de manzana, fruta o pudín empacadas en porciones individuales.

Para más información: Deácono Jerry Reynolds, 983-5034 ext. 5.



Bobbie Montoya llena bolsas con almuerzo para los visitantes del comedor.

Make Orange Studio-School

AGES 6 to 12 A PLACE TO CREATE

The Art Studio Built Just For Kids!

Art After School

Ages 6 to 9:
Mon 3:30-5:30 pm

Ages 10 to 12:
Wed/Thu 4:00-6:00 pm

7 classes for \$170

All materials included!

makeorange.com

1807 Second St. Studios, Ste. 93 | 505.780.5044

Winter Fun Directory

ANOTHER BIRD OF SONG MUSIC LESSONS

Piano, voice and composition lessons for the young and the young at heart. Day, afternoon and evening lessons available. Have fun and develop skills. Angela Bivins, owner and music teacher. 123 W. Santa Fe Avenue, Unit B. Call 310-3699, email anotherbirdofsong@gmail.com, or visit www.anotherbirdofsong.blogspot.com for more information.

ARTSMART / FACT ART CLASSES

Fine Arts for Children and Teens offers drawing, painting, sculpture, collage and printmaking. Youth learn vocabulary, history and skills in positive critique as they create their own works. Classes meet at ARTsmart's ARTbarn, 1516 Pacheco Street. Snack and supplies included. Scholarships available. Register at www.factsantafe.org or call 992-2787.

ASPEN SANTA FE BALLET

The School of Aspen Santa Fe Ballet, under the direction of Gisela Genschow, offers year-round dance training, pre-ballet through professional, and is committed to providing the finest classical ballet training for ages 3 to adult. Classes include ballet, pre-ballet, creative dance (also available at our Eldorado and Southside satellites), jazz, tap and modern. Call 983-5591 for class schedules and registration. ASFB will be presenting "The Nutcracker" in matinee and evening performances at the Lencic, December 21 and 22, with student and professional dancers. Call 988-1234 for tickets. www.aspensantafeballet.com.

BELISAMA DANCE AND MOVING PEOPLE

Belisama Contemporary and Irish Dance is now joined by Moving People Dance, offering a full program of dance in Modern, Jazz, Ballet and Irish, including Moving People's pre-professional program for advanced students, and the Kick Start program for beginning teens, offering a reassuring format where dancers practice with peers rather than mixed ages. Also home to Dance Conditioning Plus! with Kate Eberle, and Vinyasa yoga with Annie Kohn. For more information, visit www.belisamadance.com or contact Adrienne at 670-2152.

DRAGONFLY ART STUDIO

After-school art classes and weekend workshops for ages 6 to 16. Art classes are designed to stimulate kids' imagination and creativity, while they have fun experimenting with a range of art mediums and materials. After-school art classes meet one day per week, from 3:30 to 5:30 p.m., with a maximum of 12 students. Classes begin January 13. Also offering two weekend holiday workshops in December, where kids can create unique gifts for the holidays. For details please call Oceanna at 670-5019, or visit dragonflyartstudioforkids.com

FAM JAM!

Licensed Music Together Center in Santa Fe since 2003. Research-based, experiential, educational and community-building. Offering morning, after-school, after-work and weekend class times. Mixed-age family classes, ages 0 to 5, with sibling discounts offered. Big Kid Classes, ages 5 to 7 (parent optional). Baby-only classes for ages 0 to 8 months. Ten-week winter semester begins the week of January 20. Online registration is now open on our website. For more information, call 466-6999 or visit www.famjam.net.



Sacred Heart retablo, Amara Ravelo, 4th grade

FLAMENCO CLASSES AT THE MARIA BENITEZ INSTITUTE FOR SPANISH ARTS

Spring classes begin January 13. Beginning flamenco dance classes are ongoing through the year. Intro classes for ages 4 to 7 with no experience; Level I classes (beginner) ages 8 to 12; Level II classes (intermediate), for ages 8 to 14, and Level III (advanced) – Flamenco's "Next Generation" open to anyone who can keep up! Adult introductory classes on Saturdays; no experience necessary. All classes meet at Larragoite Elementary School, 1604 Agua Fria. For more information call 467-3773, email flamenco@mariabenitez.com, or visit www.institutespanisharts.org.

FUN ART FOR CHILDREN

Fun Art for Children offers a unique way to make your next event special. We bring an interactive children's space with arts and crafts and movement activities to special events, birthday parties, schools, kids' camps and resorts. Whether you are planning an event just for kids, a family event or an event for adults with a kids' space, our original activities are fun for everyone! Call Anabella, 992-3261, email funartforchildren@yahoo.com, or go to www.funartforchildren.com.

GENOVEVA CHAVEZ COMMUNITY CENTER SPORTS CAMPS

Figure Skating Camp for ages 6 to 12. January 2 to 3, 8:30 a.m. to noon. Camp focuses on fundamentals and includes a presentation for parents. \$35. Combo Camp is available for \$95 for children who would like to participate in morning camp then join the Day Camp for afternoon activities. Call Mona at 955-4014 or Melissa at 955-4005, or visit www.chavezcenter.com.

GENOVEVA CHAVEZ COMMUNITY CENTER WINTER BREAK DAY CAMPS

Kids need a place to go—come to the Chavez Center! Programs are fun, educational, and safe. Day Camps on December 23, 26, 27, 30 and January 2 to 3 from 7:30 a.m. to 5:30 p.m. for ages 6 to 12 (proof of age required for six year olds), \$35 per day. Half Day Morning Sports Camps \$35. Combo Camp \$95. Activities include outdoor snow playtime, games, sports, swimming, ice-skating, and arts & crafts. Parents must provide daily lunch and snack. Call Mona at 955-4014 or Melissa at 955-4005, or visit www.chavezcenter.com.

GIRLS INC. AFTER-SCHOOL PROGRAM

At Girls Incorporated, every girl has the right to be herself and express herself with originality and enthusiasm. Our after-school program meets at 301 Hillside Avenue, downtown. Girls participate in fun, hands-on activities in a safe, girl-centered environment. Pick-up from many schools. Science, sports, homework help, art and fun! From the end of the school day until 6 p.m. Sliding scale and tuition assistance available. Call 982-2042 or go to www.girlsincofsantafe.org.

MAKE ORANGE STUDIO-SCHOOL ART CLASSES

Winter Break Art Classes available from December 30 to January 3. Ages 6 to 9 meet from 9 a.m. to noon; ages 10 to 12 meet from 1 to 4 p.m. \$175 for 5 days. Drop-off service available for \$40 per session. Make Orange is an art-making studio and learning program founded by Gina Gatto, MA Ed., a veteran teacher who knows that kids' imagination and creativity flourish when they have a chance to build proficiency in art. Offering fundamentals in drawing, painting, sculpting and multimedia. Call 780-5044 or visit www.makeorange.com.

MOTHER'S FARM SCHOOL WINTER CAMP

For ages 6 to 12 on 10-acre farm off Highway 14, December 23, 24, 26, 27, 30 and 31, and January 1 to 3. Horseback riding, Golden Retriever puppy-training, horseback riding, sculpting hand-harvested farm clay, yoga, group games, singing and songwriting. Pick up available at 8:20 a.m. from Trader Joe's and Fashion Outlets at 8:50 a.m. Drop off 3:10 p.m. at Fashion Outlets, and 3:30 p.m. at Trader Joe's. \$40 per day includes snack, materials and taxes. Call Visuddhi Brenda Wittner at 930-1838, email cowgirlbrenda108@yahoo.com or visit www.mothersfarmschool.com.

MOVEMENT ARTS FOR EVERY BODY

Kathryn Mark offers Saturday morning dance classes for children ages 2 and up. Offerings include Creative Movement and Ballet for Beginners. Classes begin in December and are conveniently located next to the Farmers' Market at the Railway Performance Center, 1611 Paseo de Peralta. For schedule details, please call 699-3464 or email Katelyn@newmexico.com.

NATIONAL DANCE INSTITUTE OF NEW MEXICO

Offering high-quality performing arts classes in ballet, tap, jazz, voice, creative movement, as well as NDI New Mexico's signature program. Ages 3 to 18. Tuition assistance is available, making our classes accessible to all families. The Dance Barns, 1140 Alto Street. Call 795-7088 or go to www.dancebarns.com.

PANDEMONIUM PRODUCTIONS MUSICAL THEATER CLASSES

After-school program for ages 7 to 17, January 22 to May 18. "Be Our Guest" and study acting, singing and dancing, and perform in Beauty and the Beast, "A Tale as Old as Time," at the James A. Little Theatre. Rehearsals at El Museo Cultural, Mondays, Wednesdays and Fridays, 3:45 to 5:45 p.m. Tuition \$695 in advance, or \$710 on payment plan with a \$100 deposit. Space is limited; scholarships available. For more information, call 920-0704 or visit www.pandemoniumprod.org.

Winter Fun Directory

RIDING LESSONS AT ARROWHEAD RANCH

Riding Horses = FUN! Beginners welcome, kids and adults, ages 6 and up. Lessons on safe, gentle horses in a supportive atmosphere on a beautiful ranch minutes from downtown Santa Fe. Private or small group lessons on grooming, care, arena/trail course riding and games on horseback. After-school and weekends, year-round. Arrowhead Ranch is located 2.5 miles west of St. Francis Drive, on W. Alameda Road. For rates and dates, call Sandy, 424-7592, or email sandybenenson@earthlink.net.

SANTA FE CLIMBING CENTER

Indoor climbing and outdoor adventures. 3000 square feet of climbing surface with a top rope, lead climbing, and bouldering area to challenge beginning to advanced climbers. Over 100 different routes and boulder problems with new ones going up every week. Offering after-school youth programs and adult classes, memberships and outdoor climbs. Call 986-8944 or visit www.climbsantafe.com.

SANTA FE PERFORMING ARTS SCHOOL

"Cinderella Confidential," for ages 7 to 12, Mondays, Wednesdays and Fridays from 3:30 p.m. to 5:30 p.m., starts January 6, with performances in April/May. "Teen Acting Workshop," for ages 13 to 19, Tuesdays and Thursdays, 4 to 5:30 p.m., starts January 7, with performances in March. At the Santa Fe Performing Arts, the show is not the thing—your child is. Scholarships available. Call 982-7992, email sabato@sfperformingarts.org, or visit www.sfperformingarts.org and go to the classes section.

SANTA FE SCHOOL FOR THE ARTS AND SCIENCES AFTER-SCHOOL ENRICHMENT PROGRAM

Exciting and enriching after-school activities for kids of all ages: Robotics Club, Electric & Acoustic Guitar, Cello, Violin, Filmmaking, Lacrosse, Soccer, Folk Ensemble, Irish Dance, Swing Dance, Piano, Recycled Fashion Show Club, Math Tutoring, Drawing Class, Trumpet, Ceramics Club, Homework Help and a nurturing after-care program for young children as well! Financial aid available.



Sacred Heart retablo, Ethan Manske, 4th grade

Open to children from all schools and homeschoolers. Santa Fe School for the Arts & Sciences, 5912 Jaguar Drive. Call 438-8585 or go to santafeschool.org.

SHAPESPACE STUDIO AND ART CLUB

Shakti Kroopkin, contemporary artist, certified K-12 art teacher and graduate of The School of the Art Institute of Chicago,

offers art classes for individuals, groups, and parties. Painting and drawing, mixed media, printmaking, sculpture, collage, fiber arts, ceramics, collaborative art making, and more! Home School Art Club located at The Homeschool Classroom. Teen Art Club at Warehouse 21. Private lessons available. Call Shakti, 505-603-5225, email shakti@shaktikroopkin.com or visit www.shaktikroopkin.com.

SKATEBOARD SCHOOL

Indoor ramps for year-round fun! Open each day after school and weekends at 11 a.m. Lessons for all abilities, ages 3 and up. Camps, clinics, parties, monthly events. Complete shop, short boards, long boards and safety gear. Curriculum includes learning the history of skateboarding, using our boards, museum and video library. 825 Early Street #H. Call 474-0074 or go to www.SkateboardSafety.com.

SPANISH AFTER SCHOOL

Qué Viva El Español. We offer after-school Spanish classes Monday through Thursday for children ages 2 to 12. Classes are \$16.23 per class for groups of four to five students and take place at 110 Sol y Lomas Drive. Adult classes are also offered. To find out when the new session begins call 467-8393, email quevivaesp@gmail.com or visit www.quevivaesp.com.

WISE FOOL AFTERSCHOOL

Join Wise Fool's Afterschool Fools! Youth will learn skills like trapeze, silks, tumbling, acrobatics, clowning, stilting, and more! Wise Fool offers a supportive, inclusive environment where youth are encouraged to step outside their comfort zones and explore the thrill of circus. Winter session runs January 21 to February 26. Tuesdays, 3:30 to 5 p.m. for ages 6 to 13, no experience needed! Same time Wednesdays for ages 8 to 13 with some experience. Call 992-2588; email wisefoolyouth@gmail.com; or see www.wisefoolnewmexico.org.

WISE FOOL WINTER CAMP

Wise Fool's winter camp is two full days of circus for youth of all ages! Students will find themselves supporting one another in partner acrobatics, climbing to new heights on silks, being silly with their fellow clowns, and so much more. Session 1: December 30 to 31. Session 2: January 2 to 3, 9:30 a.m. to 3:30 p.m. each day. Youth will have a showcase performance on January 3rd. Each session is \$150; sign up for both and save \$50. Call 992-2588; or email wisefoolyouth@gmail.com.

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LIKE us!

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Follow us on Facebook and you'll get:

- Notices of Last Minute Programs
- Updates on Calendar Events
- Comments and Input from other *Tumbleweeds* Followers



Winter Break Camps at the Chavez Center

Day Camps:

\$35.00 a day!

Dec. 23, 26, 27, 30;

Jan. 2 & 3

Call for complete details.

Half day sports camps:

*Hockey Camp
and
Figure Skating Camp*



Register NOW!

Call Mona at 955-4014 or Melissa at 955-4005

www.chavezcenter.com

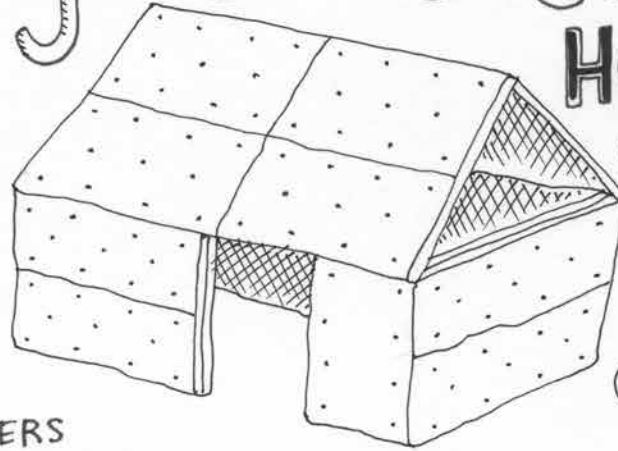
Genoveva Chavez
COMMUNITY CENTER
3221 Rodeo Rd.

EASY & FUN

gingerbread HOUSE

MATERIALS NEEDED:

- ⊗ box of graham crackers
- ⊗ tube of white icing
- ⊗ nuts, dried fruit and/or candy for decorating house

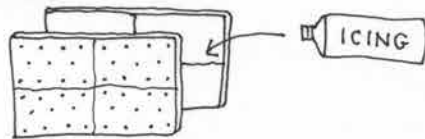


MADE FROM
GRAHAM CRACKERS
AND ICING

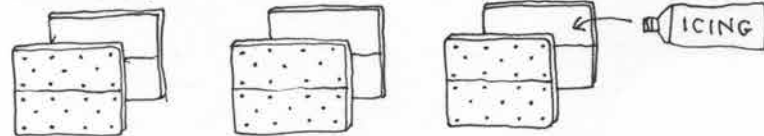
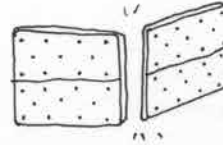
- by Jone Hallmark

(MAKE A WHOLE VILLAGE!)

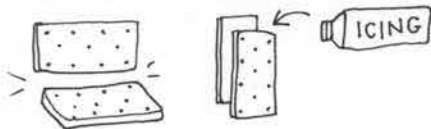
- ① TAKE TWO FULL CRACKERS
SQUEEZE A LITTLE ICING BETWEEN THE CRACKERS & GENTLY PRESS TOGETHER



- ② BREAK FOUR FULL CRACKERS IN HALF &
SQUEEZE SOME ICING BETWEEN EACH OF THREE SETS OF TWO CRACKERS
GENTLY SQUEEZE THE CRACKERS TOGETHER

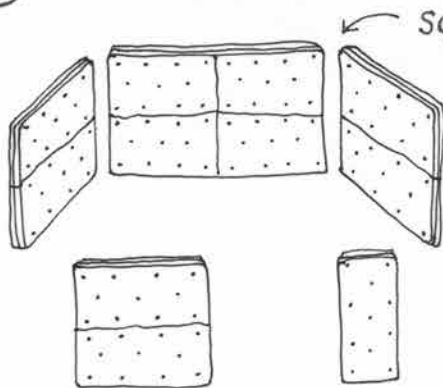


- ③ TAKE ONE of the HALF CRACKERS AND BREAK IT IN HALF

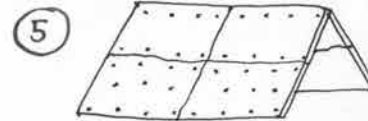
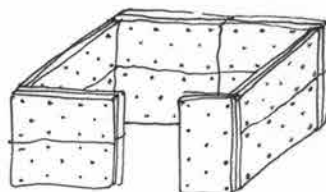


SQUEEZE ICING BETWEEN THE PIECES AND
GENTLY PRESS THEM TOGETHER

- ④ BUILD YOUR HOUSE:



SQUEEZE ICING ALONG
EDGES OF EACH CRACKER
TO SET WALLS TOGETHER



THE ROOF IS TWO FULL CRACKERS
SQUEEZE ICING ALONG THE TOP
OF THE FRONT & BACK WALLS
SET CRACKERS TO MEET WITH
A PEAK AND SQUEEZE ICING
ON THE TOP

⑥ DECORATE!

USING NUTS.. dried fruit.. CANDY
AND ICING AS "glue"

Winter Calendar 2013 December

DECEMBER

1 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Try different techniques and take home your treasures, or bring old jewelry to recycle into something new. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

P 1 SUNDAY, 1-2:30 P.M.

Doula Tea

All you need to know about hiring a doula to support you in your pregnancy, birth and postpartum period. The Birthing Tree, 2047 Galisteo Street, www.thebirthingtree.com.

1 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Knitting, woodworking, collage, weaving, candle making and more. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

1 SUNDAY TO 30 MONDAY, 6-9 P.M.

River of Lights

Over 150 dazzling light displays, animated sculptures and synchronized music light show. Adults \$10, children under 12 \$5, babies under three are free. ABQ BioPark Aquarium, 2601 Central Avenue, Albuquerque, (505) 848-7180.

2 MONDAY, 10-11 A.M.

Nature Playtimes

Toddlers, preschoolers and their caregivers explore the natural world with crafts, a story and outside activities. Pajarito Environmental Education Center, 3540 Orange Street, Los Alamos, 662-0460.

P 2 MONDAY, 6 P.M.

Christus St. Vincent Hospital Tour

Follow the path of arriving at and getting admitted to the hospital during labor. Sponsored by the Birthing Tree Cooperative. Christus Saint Vincent's Hospital, 455 Saint Michael's Drive, 690-3492.

P 2 MONDAY, 6:30-8 P.M.

Birth Talk Los Alamos

Learn about options in pregnancy and childbirth and hear birthing experiences. Los Alamos Family Strengths Network, 1990 Diamond Drive, Los Alamos, 662-4515.

3 TUESDAY, 8 A.M.-3 P.M.

Middle School Shadow Day

Experience a full day of classes. Call admissions director to register. Santa Fe Waldorf School, 26 Puesta Del Sol, 992-0566.

3 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Stories, rhymes and crafts for ages 2 to 5. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

P 3 TUESDAY, 1-3 P.M.

Many Mother's Circle

Educational presentations for proactive parenting, self-exploration and peer support. Santa Fe Soul's Sun Room, 2905 Rodeo Park Drive East, Building 3, 983-5984.

4 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Books, songs and finger games for ages 6 months to 2 years enjoy. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

4 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Stories, rhymes and crafts for ages 2 to 5. Southside Library, 6599 Jaguar Drive, 955-4863.

4 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Bilingual stories, songs and games for preschoolers. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

4 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour

Story time for children 6 months to 5 years. All children must be supervised by an adult. Collected Works Bookstore, 202 Galisteo Street, 988-4226.

4 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Work with a local artist to explore acrylics to pastels, watercolor to blocks and glue. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

4 WEDNESDAY, 6-8 P.M.

Holiday Nature Crafts

Visit the River of Lights exhibit (see December 1 listing) and then stop by the Education Building to make gifts inspired by nature. Free with River of Lights admission: \$10 for adults, \$5 for ages 3 to 12. ABQ BioPark Botanic Garden, 2601 Central Avenue, Albuquerque, (505) 764-6200.

4 WEDNESDAY, 6:30 P.M.

Family Story Time

Fun stories and hands-on activities on the first Wednesday of every month. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

5 THURSDAY, 10:30-11 A.M.

Books & Babies

Books, songs and finger games for ages 6 months to 2 years. Southside Library, 6599 Jaguar Drive, 955-4863.

5 THURSDAY, 10:30-11:30 AM

Preschool Prime Time

A special time for children 5 and under to explore the museum. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

5 THURSDAY, 11-11:45 A.M.

Firefighter Storytime

Local firefighters share a favorite book and a few safety tips on the first Thursday of each month. A firetruck will be onsite when possible. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 3-4:30 P.M.

After-School Reading Program

For grades K to 4, to promote reading and library use. Space is limited; registration is required. Vista Grande Public Library, 14 Avenida Torreon, Eldorado, 466-7323.

5 THURSDAY, 3-5 P.M.

Festival of Wreaths and Trees

Children's Holiday Party

Join the Taos Chamber of Commerce, Twirl, Moby Dickens and Santa for tree viewing, crafts, refreshments and more. El Monte Sagrado Living Resort & Spa, 317 Kit Carson Road, Taos, (575) 751-8800.

5 THURSDAY, 4-6 P.M.

Mini-Makers

Make something from basic materials or recycled items with simple construction techniques. Appropriate for all ages. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 4-7 P.M.

Try it Thursdays!

Admission for children 16 and under is free on Thursdays after 4 p.m. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 4:30-5:30 P.M.

Teen Book Club

Monthly group for ages 13 to 18, with books provided. Southside Library, 6599 Jaguar Drive, 955-2829.

5 THURSDAY, 5-6 P.M.

The Cornelius Hour

Watch the museum's snake eat his weekly meal, then draw pictures of what you see, write a poem and learn facts about snakes. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY TO 4 JANUARY, 5-8 P.M.

GLOW: Winter Lights

Dramatic lighting, magic and ingenuity transform the Santa Fe Botanical Garden at Museum Hill into a vision of wintery radiance. Open on Thursday, Friday and Saturday nights. Members \$5; nonmembers \$8; ages 12 and under free. Santa Fe, Botanical Garden, 725 Camino Lejo, Suite E, 470-9103.

5 THURSDAY, 7-8 P.M.

December Special: 'Tis the Season

Hear various theories of the Christmas Star, ranging from meteors and comets to exploding stars and conjunction of the planets. Show begins promptly. Adults \$5, preteens and seniors \$3, free to students of the college. Santa Fe Community College Planetarium, 6401 Richards Avenue, 428-1744.

6 FRIDAY, 9-10 A.M.

Tumbletots

Parents of children from birth to 4 can drop in and play in a safe, clean environment. \$10 per

family. Tumbledown Studios, 3214 Calle Marie, Suite A, 473-0926.

6 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program

Stories and hands-on activities for ages 3 to 5 with a caregiver, sponsored by the Santa Fe Botanical Garden and Railyard Stewards. \$5 suggested donation; free to members. mollie@santafebotanicalgarden.org. Santa Fe Railyard Park Community Room, 740 Cerrillos Road, 316-3596.

6 FRIDAY, 10-11 A.M.

Parent and Me Art Class

Weekly classes for ages 2 to 5 and their parents. \$12 per session. Make Orange Studio School, 1807 Second Street Unit #93, 780-5044.

6 FRIDAY, 10 A.M.-9 P.M.

Get your holiday shopping done with locally-made art and other products. Santa Fe Place Mall, 4250 Cerrillos Road, 473-4253 ext 104.

6 FRIDAY, 11-11:45 A.M.

Preschool Story Time

Stories, rhymes and crafts for ages 2 to 5. Main Library, 145 Washington Avenue, 955-6783.

6 FRIDAY, 1-4 P.M.

Global Adventures After-School Program

Uncover buried treasures and artifacts, and piece together past and present civilizations and cultures. Drop-off program for grades 1 to 4. Contact India Nixon to register. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359, ext. 109.

6 FRIDAY, 4-5 P.M.

Charlie Williams, The Noise Guy

Stories with realistic sound effects and zany humor. Main Library, 145 Washington Avenue, 955-6783.

6 FRIDAY, 4-6 P.M.

Taos Plaza Christmas Tree Lighting

Local entertainment, appearances from Mr. and Mrs. Claus and the Grinch. Complimentary



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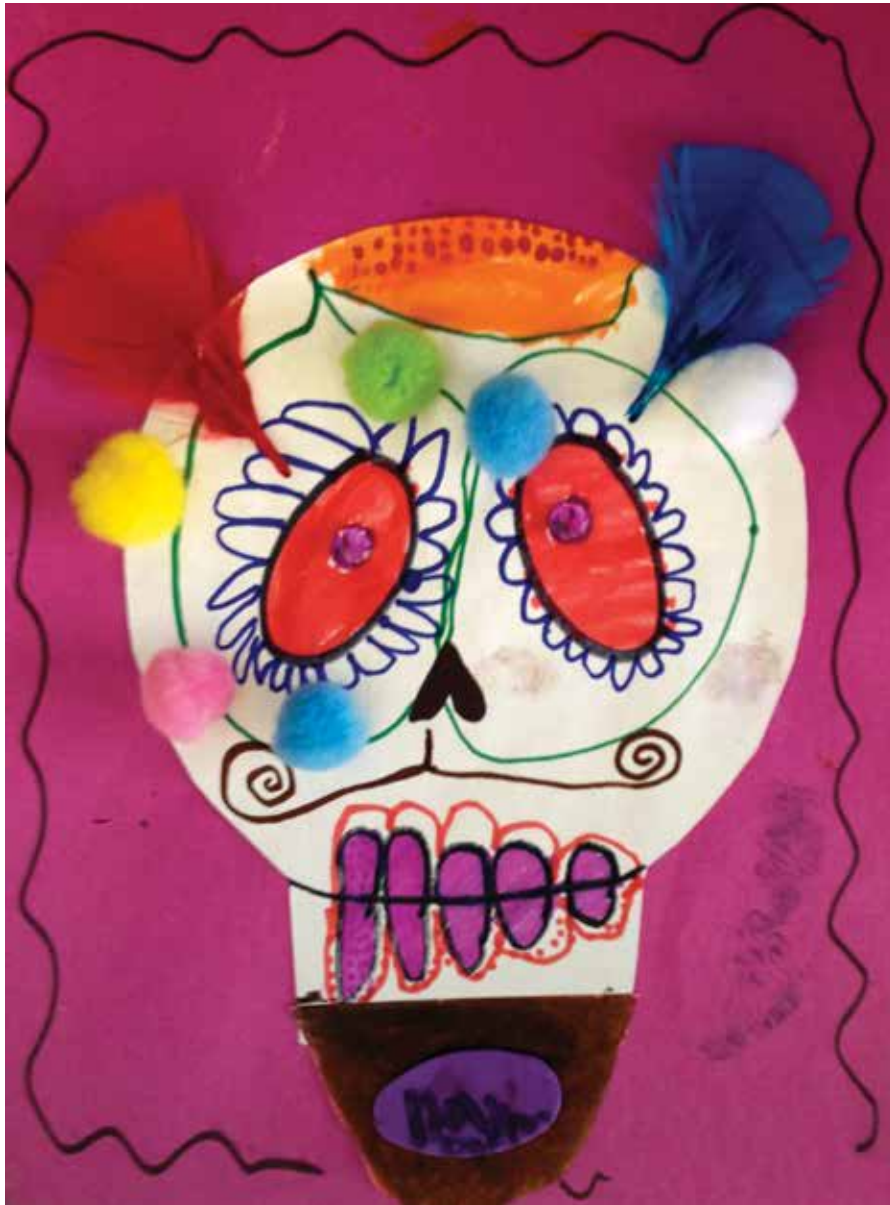
www.preschool.sftbs.org preschool@sftbs.org 505 982-6888

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Winter Calendar 2013 December



Skull collage, Iliana Tapia, 2nd grade

hot chocolate, cookies and carolers. Foot traffic only. Taos Plaza, Taos.

6 FRIDAY, 5:30-10 P.M. Museum Holiday Stroll

In conjunction with Albuquerque's Old Town Holiday Stroll, enjoy an evening of holiday crafts and activities, music, entertainment and shopping. New Mexico Museum of Natural History, 1801 Mountain Road, Albuquerque, (505) 841-2803.

6 FRIDAY, 6 P.M. Elementary Strings & Mariachi Concert

A Santa Fe Youth Symphony performance. Saint Francis Auditorium, 107 West Palace Avenue, 467-3770.

6 FRIDAY, 7:30 P.M. "A Christmas Carol"

Charles Dickens' classic tale of redemption presented by the Santa Fe Playhouse. Pre-show holiday party starts at 6:30 p.m. Call for prices. Santa Fe Playhouse, 142 East De Vargas Street, 988-4262.

7 SATURDAY, 7-9 A.M.
Pancake Breakfast with St. Nicholas
Enjoy a pancake breakfast, make Christmas stockings for the guests of St. Elizabeth

Shelter and meet the real St. Nick, who gave his wealth to the poor. Please bring a wrapped present for a child in need, marked with the age and gender. Open to all. United Church of Santa Fe, 1804 Arroya Chamiso, 988-3295.

7 SATURDAY, 9-11:30 A.M. Book Donation Day

On the first Saturday of the month, donate DVDs, CDs, books dated 2008 or newer, and any children's materials. Vista Grande Public Library, 14 Avenida Torreon, Eldorado, 466-7323.

7 SATURDAY, 10 A.M.-3 P.M. Waldorf School Holiday Faire

Enjoy Waldorf traditions of storytelling, puppetry, theater performances by the Clan Tynker, games, music, holiday shopping, trees, wreaths and food. Admission and many activities are free. Santa Fe Waldorf School, 26 Puesta Del Sol, 992-0566.

7 SATURDAY, 10 A.M.-9 P.M. Merry Market

Santa Fe Place Mall. See December 6 listing.

7 SATURDAY, 10:30-11:30 A.M.
Charlie Williams, The Noise Guy
Enjoy stories with realistic sound effects and

zany humor. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

7 SATURDAY, 11 A.M.-NOON Drama Club

Join this improvisation group and play theater games. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

7 SATURDAY, 11:30 A.M.-1 P.M. Cloth Diapering Basics

Monthly informational class introduces all styles of diaper systems and basic how-to's. Call to register. \$10 per family. Indigo Baby, De Vargas Center, 564 North Guadalupe, 954-4000.

7 SATURDAY, 2-3 P.M. Music & Movement Club

Try new ways of moving, show off your musical talent, make music and dance with friends. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

7 SATURDAY, 2:30-3:30 P.M. Charlie Williams, The Noise Guy

Enjoy stories with realistic sound effects and zany humor. Southside Library, 6599 Jaguar Drive, 955-4863.

7 SATURDAY, 5-7 P.M. Lighting of Ledoux Street

Farolitos, luminaries and bonfires transform this historic lane into a glowing street party, with food and drink from the galleries, shops and museums. Father Winter will be greeting children. Harwood Museum of Art, 238 Ledoux Street, Taos, (575) 758-9826.

7 SATURDAY, 6 P.M. Santa Fe Youth Symphony Jazz Concert

Santa Fe Prep, 1101 Camino de Cruz Blanca, 467-3770.

7 SATURDAY, 6 AND 7 P.M. Friday Fractals

Award-winning planetarium show on the never-ending world of fractals. In December, the show takes place on Saturday. Call for prices. New Mexico Museum of Natural History, 1801 Mountain Road, Albuquerque, (505) 841-2800.

7 SATURDAY, 7:30 P.M. "A Christmas Carol"

Charles Dickens' classic tale of redemption presented by the Santa Fe Playhouse. Call for prices. Santa Fe Playhouse, 142 East De Vargas Street, 988-4262.

7 SATURDAY, 8 AND 9 P.M. Fractal Rocks

More rock and less talk as dramatic zooms transport you deep into amazing fractal images, accompanied with original surround-sound music. In December, the show takes place on a Saturday before moving back to Friday in January. Call for prices. New Mexico Museum of Natural History, 1801 Mountain Road, Albuquerque, (505) 841-2800.

8 SUNDAY, 10 A.M.-6 P.M. Merry Market

Santa Fe Place Mall. See December 6 listing.

8 SUNDAY, 12:30-2 P.M. Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

8 SUNDAY, 1-3 P.M. Parent Talk

Richard Nasef, licensed marriage and family therapist with a specialty in child clinical psychology, takes questions from children, teens or adults about anything and everything. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

8 SUNDAY, 3-4 P.M. Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

8 SUNDAY, 4 P.M. "A Christmas Carol"

Santa Fe Playhouse. See December 7 listing.

8 SUNDAY, 6 P.M. Memories in Lights

Tree-lighting ceremony, followed by music from Los Pastores and reception. Ornaments bear names of persons to be honored or remembered. Place a name and ornament for \$10. Martinez Hacienda, 708 Hacienda Road, Taos, (575) 758-1000.

9 MONDAY, 10-11 A.M. Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

10 TUESDAY, 8 A.M.-3 P.M. High School Shadow Day

New students experience a full day of classes at the Santa Fe Waldorf School. Contact admissions to reserve. Santa Fe Waldorf School, 26 Puesta Del Sol, 992-0566.

10 TUESDAY, 10:30-11 A.M. Preschool Story Time

Oliver La Farge Branch Library. See December 3 listing.

10 TUESDAY, 3:30-4:30 P.M. Craft: Homemade Soap

Craft project for ages 5 to 12. Call to register. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

10 TUESDAY, 3:30-4:30 P.M. Craft: Homemade Soap

Craft project for ages 5 to 12. Call to register. Southside Library, 6599 Jaguar Drive, 955-4863.

11 WEDNESDAY, 10:30-11 A.M. Books & Babies

Oliver La Farge Branch Library. See December 4 listing.

11 WEDNESDAY, 10:30-11 A.M. Preschool Story Time

Southside Library. See December 4 listing.

11 WEDNESDAY, 10:30-11 A.M. Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.

11 WEDNESDAY, 10:45-11:30 A.M. Children's Story Hour

Collected Works Bookstore. See December 4 listing.

11 WEDNESDAY, 1:30 P.M. Gingerbread House Building

Supplies include graham crackers and decorating material for toddlers and house

Winter Calendar 2013 December

building kits for older participants. Children must be accompanied by an adult. \$20 per kit. Los Alamos Family Strengths Network, 1990 Diamond Drive, Los Alamos, 662-4515.

11 WEDNESDAY, 2:30-4:30 P.M. Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

11 WEDNESDAY, 3:30-4:30 P.M. Craft: Homemade Soap

Craft project for ages 5 to 12. Call to register. Main Library, 145 Washington Avenue, 955-6783.

11 WEDNESDAY, 6-8 P.M. Holiday Nature Crafts

ABQ BioPark Botanic Garden. See December 4 listing.

12 THURSDAY, 10:30-11 A.M. Books & Babies

Southside Library. See December 5 listing.

12 THURSDAY, 10:30-11:30 A.M. Preschool Prime Time

Santa Fe Children's Museum. See December 5 listing.

12 THURSDAY, 10:45-11:30 A.M. Children's Story Hour

Collected Works Bookstore. See December 4 listing.

P 12 THURSDAY, 1-2:30 P.M. La Leche League Breastfeeding Meeting

Monthly meeting for all moms needing breastfeeding help or information. Indigo Baby, De Vargas Center, 564 North Guadalupe, 954-4000.

12 THURSDAY, 4-6 P.M. Mini-Makers

Santa Fe Children's Museum. See December 5 listing.

12 THURSDAY, 4-7 P.M. Try it Thursdays!

Santa Fe Children's Museum. See December 5 listing.

**12 THURSDAY, 4:30-5:30 P.M.
Librarian's Choice Teen Program**
Librarians choose the activity, and the only way to find out is to show up! Ages 13 to 18. Southside Library, 6599 Jaguar Drive, 955-2829.

**12 THURSDAY, 4:30-5:30 P.M.
Librarian's Choice Teen Program**
Southside Library. See December 12 listing.

12 THURSDAY, 5-6 P.M. The Cornelius Hour

Santa Fe Children's Museum. See December 5 listing.

12 THURSDAY, 7:30 P.M. "A Christmas Carol"

Santa Fe Playhouse. See December 7 listing.

13 FRIDAY, 9-10 A.M. Tumbletots

Tumbledown Studios. See December 6 listing.

13 FRIDAY, 10-11 A.M. Garden Sprouts: Pre-K Reading Program

Santa Fe Railyard Park. See December 6 listing.

13 FRIDAY, 10-11 A.M. Parent and Me Art Class

Make Orange Studio School. See December 6 listing.

P 13 FRIDAY, 10 A.M.-NOON Parent Talk

Simran Adeniji, a local childbirth and early childhood development educator, answers parenting and caregiving questions. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

13 FRIDAY, 11-11:45 A.M. Preschool Story Time

Main Library. See December 6 listing.

13 FRIDAY, 1-4 P.M. Global Adventures After-School Program

Santa Fe Children's Museum. See December 6 listing.

13 FRIDAY, 2 P.M. Friday Afternoon Art

Art program for families. Supplies provided. Main Library, 145 Washington Avenue, 955-6783.

**13 FRIDAY, 5:30-7 P.M.
Arias, Carols and Songs**
The Santa Fe Opera's popular holiday concert featuring talented artists performing arias, songs of the seasons, musical theater selections and sacred music. Open seating begins 30 minutes before the concert. First Presbyterian Church, 208 Grant Street, 986-5955

13 FRIDAY, 5:30-8 P.M. Christmas at the Palace

Hot cider, live music and a visit from Mr. and Mrs. Claus, in this free annual holiday family tradition. Palace of the Governors, 105 West Palace Avenue, 476-5100.

**13 FRIDAY, 7 P.M.
Dance: Christmas Joy**
An uplifting dance production to awaken your heart to the spirit of Christmas. Call for prices. National Hispanic Cultural Center, 1701 Fourth Street SW, Albuquerque, (505) 724-4771.

**13 FRIDAY, 7 P.M.
Family Movie Night**
Family-friendly film on a big screen. Popcorn and juice provided. Call for movie titles and ratings. Vista Grande Public Library, 14 Avenida Torreon, Eldorado, 466-7323.

**13 FRIDAY, 7:30 P.M.
"A Christmas Carol"**
Santa Fe Playhouse. See December 7 listing.

**13 FRIDAY, 8 P.M.
Mariachi Christmas**
Stomping feet, thrilling horns, swirling dresses and lively violins. Call for prices. Popejoy Hall, 203 Cornell Drive SE, Albuquerque, (505) 277-8010.

**14 SATURDAY, 10 A.M.-4 P.M.
Young Native Artists Holiday Show and Sale**
Pick up some nifty Christmas presents and support the next generation of Native American artisans. Free entrance to sale. Palace of the Governors, 105 West Palace Avenue, 476-5100.

**14 SATURDAY, 11 AM-NOON
Drama Club**
Santa Fe Children's Museum. See December 7 listing.

**14 SATURDAY, 11 A.M.-12:30 P.M.
Baby-Wearing 101**
Learn the basics and benefits of using different types of carriers and ways to "wear" your baby. Call ahead to register. \$10 per family. Indigo Baby, De Vargas Center, 564 North Guadalupe, 954-4000.

**14 SATURDAY, 1-2 P.M.
Family Winter Craft Day**
Light refreshments and all supplies provided. Vista Grande Public Library, 14 Avenida Torreon, Eldorado, 466-7323.

**14 SATURDAY, 2-3 P.M.
Music & Movement Club**
Santa Fe Children's Museum. See December 7 listing.

**14 SATURDAY, 2 AND 7 P.M.
Dance: Christmas Joy**
National Hispanic Cultural Center. See December 13 listing.

**14 SATURDAY, 6:30-8:30 P.M.
Moonlight Hike and Campfire**
Explore the mountain by moonlight on a free guided tour, with hot cocoa and a roaring campfire mid-mountain. Wear warm clothes and sturdy boots. Sipapu Ski & Summer Resort, 5224 Highway 518, Vadito, (800) 587-2240

**14 SATURDAY, 7:30 P.M.
"A Christmas Carol"**
Santa Fe Playhouse. See December 7 listing.

**15 SUNDAY, 10 A.M.-3 P.M.
Young Native Artists Holiday Show and Sale**
New Mexico History Museum. See December 14 listing.

**15 SUNDAY, 12:30-2 P.M.
Jewelry Making Club**
Santa Fe Children's Museum. See December 1 listing.

**15 SUNDAY, 2 P.M.
Dance: Christmas Joy**
National Hispanic Cultural Center. See December 13 listing.

**15 SUNDAY, 3-4 P.M.
Arts & Crafts Club**
Santa Fe Children's Museum. See December 1 listing.

**15 SUNDAY, 3-5 P.M.
Maria Benitez Institute for Spanish Arts Winter Flamenco Recital**
All ages of students at ISA will perform. Call for prices. James A. Little Theater, 1060 Cerrillos Road, 467-3773.

**15 SUNDAY, 4 P.M.
"A Christmas Carol"**
Santa Fe Playhouse. See December 7 listing.

**15 SUNDAY, 4 P.M.
Santa Fe Symphony: Christmas Treasures**
Enjoy an afternoon of Christmas favorites. Free pre-concert lecture at 3 p.m. Call for prices. Lencic Performing Arts Center, 211 West San Francisco Street, 988-1234.

**15 SUNDAY, 5:30-7 P.M.
Arias, Carols and Songs**
See December 13 listing. Cathedral Church of Saint John, 318 Silver Ave, Albuquerque, 988-5955.

**15 SUNDAY, 5:30-7 P.M.
Las Posadas**
Join Mary and Joseph in this reenactment of their search for lodging to give birth to baby Jesus. Procession ends at the Palace of the Governors courtyard with carols and refreshments. Open to the public. New Mexico History Museum, 113 Lincoln Avenue, 476-5200.

**15 SUNDAY TO 23 DECEMBER, 6 P.M.
Las Posadas**
A wonderful Spanish tradition in which local followers re-enact Mary and Joseph's search for lodging, nightly, at the San Francisco de Asis Parish, 60 Saint Francis Plaza, Rancho de Taos, (575) 758-2754.

**16 MONDAY, 10-11 A.M.
Nature Playtimes for Toddlers and Preschoolers**
Pajarito Environmental Education Center. See December 2 listing.

**18 WEDNESDAY, 10:30-11 A.M.
Books & Babies**
Oliver La Farge Branch Library. See December 4 listing.

**18 WEDNESDAY, 10:30-11 A.M.
Wee Wednesday**
Santa Fe Children's Museum. See December 4 listing.



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Winter Calendar 2013 December

18 WEDNESDAY, 10:30-11:15 A.M.

Toddler Tunes

Children and parents experiment with percussion instruments and sing together. Los Alamos Family Strengths Network, 1990 Diamond Drive, Los Alamos, 662-4515.

18 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

18 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

18 WEDNESDAY, 4-6 P.M.

Holiday Open House

The Park staff have almost completed their naughty and nice list. See if you rate a sugarplum or a lump of coal. Cerrillos Hills State Park, 37 Main Street, Cerrillos, 474-0196.

18 WEDNESDAY, 6-8 P.M.

Holiday Nature Crafts

ABQ BioPark Botanic Garden. See December 4 listing.

19 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See December 5 listing.

19 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time

Santa Fe Children's Museum. See December 5 listing.

19 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

19 THURSDAY, 4-6 P.M.

Mini-Makers

Santa Fe Children's Museum. See December 5 listing.

19 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See December 5 listing.

19 THURSDAY, 4:30-5:30 P.M.

Teen Anime Club

This club for ages 13 to 18 meets on the third and fourth Thursday of each month to watch and talk anime. Southside Library, 6599 Jaguar Drive, 955-2829.

19 THURSDAY, 5-6 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See December 5 listing.

19 THURSDAY, 7:30 P.M.

"A Christmas Carol"

Santa Fe Playhouse. See December 7 listing.

19 THURSDAY, 8 P.M.

Carols and Lullabies

The Santa Fe Desert Chorale's holiday program of old and new treasures, traditional carols and Christmas spirituals. Tickets start at \$10. Cathedral Basilica of Saint Francis, 213 Cathedral Place, 988-2282.

20 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See December 6 listing.



Butterfly drawing, Celina Catanach, 5th grade

20 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program

Santa Fe Railyard Park. See December 6 listing.

20 FRIDAY, 10-11 A.M.

Parent and Me Art Class

Make Orange Studio School. See December 6 listing.

20 FRIDAY, 1-4 P.M.

Global Adventures After-School Program

Santa Fe Children's Museum. See December 6 listing.

20 FRIDAY, 2 P.M.

Friday Afternoon Art

Main Library. See December 13 listing.

20 FRIDAY, 7 P.M.

The Nutcracker Ballet in the Land of Enchantment

The classic includes many surprises of New Mexico heritage including Spanish dancers and southwestern snakes while maintaining its origins. Call for prices. National Hispanic Cultural Center, 1701 Fourth Street SW, Albuquerque, (505) 724-4771.

20 FRIDAY, 7-8 P.M.

Shepherd's Play

Community performance in the great room at the high school. Santa Fe Waldorf School, 26 Puesta Del Sol, 992-0566.

20 FRIDAY, 7-9 P.M.

"Annie"

The family-favorite musical presented by Musical Theatre Works Santa Fe. Call for prices. Greer Garson Theater, 1600 Saint Michaels Drive, 946-0488.

20 FRIDAY, 7:30 P.M.

"A Christmas Carol"

Santa Fe Playhouse. See December 7 listing.

20 FRIDAY, 8 P.M.

Carols and Lullabies

Cathedral Basilica of Saint Francis. See December 19 listing.

21 SATURDAY, 9:30-11:30 A.M.

Holiday Enrichment

Watch the primates, cats and elephants

animals open their presents: holiday enrichment given to them by the zookeepers. Call for prices. ABQ BioPark Zoo, 903 Tenth Street, Albuquerque, (505) 764-6214.

21 SATURDAY, 11 A.M.-NOON

Drama Club

Santa Fe Children's Museum. See December 7 listing.

21 SATURDAY, 11:30 A.M.

Farmer's Market Winter Solstice Tea Party

Annie Rose the Flower Fairy invites you to join the fun. Don't forget to dress your fairy best! Railyard Market Pavillion, 1607 Paseo de Peralta, 984-2102.

21 SATURDAY, 1-4 P.M.

Santa Fe Makers: Holiday Gift-Making

Kids ages 8 to 14 create custom gifts for friends and family members, with wrapping and decoration included. Members \$25; nonmembers \$30. Pre-registration required. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359, ext. 109.

21 SATURDAY, 2-3 P.M.

Music & Movement Club

Santa Fe Children's Museum. See December 7 listing.

21 SATURDAY, 2 AND 7 P.M.

The Nutcracker Ballet in the Land of Enchantment

National Hispanic Cultural Center. See December 20 listing.

21 SATURDAY, 2 AND 7:30 P.M.

"The Nutcracker"

A Santa Fe tradition, presented by Aspen Santa Fe Ballet with a cast of more than 60 dancers, actors, circus artists and students, lavish sets and costumes. Tickets start at \$25. Lentic Performing Arts Center, 211 West San Francisco Street, 988-1234.

21 SATURDAY, 2:30-4 P.M.

Family Movie Matinee

Family-oriented movies with light refreshments. Southside Library, 6599 Jaguar Drive, 955-4863.

21 SATURDAY, 5-7 P.M.

Winter Solstice Festival

Celebrate the longest night of the year, with

drums, bonfires, a farolito labyrinth, old tales and warm snacks. \$5 per person. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

21 SATURDAY, 7-9 P.M.

"Annie"

Greer Garson Theater. See December 20 listing.

21 SATURDAY, 7:30 P.M.

"A Christmas Carol"

Santa Fe Playhouse. See December 7 listing.

21 SATURDAY, 8 P.M.

Carols and Lullabies

Cathedral Basilica of Saint Francis. See December 19 listing.

22 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

22 SUNDAY, 1-4 P.M.

Annual Holiday Open House

Activities for children throughout the museum. The Baumann marionettes perform two short plays. The Santa Claus marionette makes an appearance to sit on your lap! Free admission. New Mexico Museum of Art, 107 West Palace Avenue, 476-5068.

22 SUNDAY, 1 AND 5 P.M.

"The Nutcracker"

Lentic Performing Arts Center. See December 21 listing.

22 SUNDAY, 2-4 P.M.

"Annie"

Greer Garson Theater. See December 20 listing.

22 SUNDAY, 2 AND 7 P.M.

The Nutcracker Ballet in the Land of Enchantment

National Hispanic Cultural Center. See December 20 listing.

22 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

22 SUNDAY, 4 P.M.

"A Christmas Carol"

Santa Fe Playhouse. See December 7 listing.

23 MONDAY, 7:30 A.M.-5:30 P.M.

Winter Break Day Camp

Games, outdoor snow play, sports, swimming, ice skating and arts & crafts for ages 6 to 12. \$35. Genoveva Chavez Community Center, 3221 Rodeo Road. Call Mona 955-4014 or Melissa 955-4005.

23 MONDAY, 8 A.M.-NOON

Kid's Day Out

Drop off children ages 5 to 10. Bring a healthy, peanut-free snack and lunch. Members \$35; nonmembers \$40. Pre-registration required. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359, ext. 109.

23 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

Winter Calendar 2013-2014 December/January

23 MONDAY, 8 P.M.

Carols and Lullabies

Cathedral Basilica of Saint Francis. See December 19 listing.

24 TUESDAY, 4-10 P.M.

Canyon Road Farolito Walk

Stroll the famous street, admiring the displays of farolito lights, singing carols around luminaries or bonfires in this hallowed Santa Fe tradition. Dress warmly! Canyon Road, Santa Fe.

24 TUESDAY, 2 P.M.

Christmas Eve Family Concert

Dress rehearsal for the Santa Fe Concert Association's Christmas Eve production with violinist Caroline Goulding. General admission \$10. Lentic Performing Arts Center, 211 West San Francisco Street, 988-1234.

24 TUESDAY, 5 P.M.

Taos Pueblo Christmas Eve Procession

Bonfires and the Procession of the Virgin Mary create a stunning pageant of heritage and beauty. Christmas Eve Vespers at 4 p.m. Taos Pueblo, 120 Veterans Highway, Taos, (575) 758-1028.

25 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.

25 WEDNESDAY, 2 P.M.

Taos Pueblo Deer or Matachines Dance

Christmas Day dances in glorious color. Taos Pueblo, 120 Veterans Highway, Taos, (575) 758-1028.

25 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

26 THURSDAY, 7:30 A.M.-5:30 P.M.

Winter Break Day Camp

Genoveva Chavez Community Center. See December 23 listing.

26 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time

Santa Fe Children's Museum. See December 5 listing.

26 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

26 THURSDAY, 4-6 P.M.

Mini-Makers

Santa Fe Children's Museum. See December 5 listing.

26 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See December 5 listing.

26 THURSDAY, 5-6 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See December 5 listing.

27 FRIDAY, 7:30 A.M.-5:30 PM

Winter Break Day Camp

Genoveva Chavez Community Center. See December 23 listing.

27 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See December 6 listing.

27 FRIDAY, 10-11 A.M.

Parent and Me Art Class

Make Orange Studio School. See December 6 listing.

P 27 FRIDAY, 10 A.M.-NOON

Parent Talk

Santa Fe Children's Museum. See December 13 listing.

27 FRIDAY, 1-4 P.M.

Global Adventures After-School Program

Santa Fe Children's Museum. See December 6 listing.

27 FRIDAY, 1-4 P.M.

Holiday Family Drop-In Program

Make paper lanterns, holiday dream catchers, paper poinsettias and New Year's treasures. Georgia O'Keeffe Museum Education Annex, 123 Grant Avenue, 946-1039.

27 FRIDAY, 7-9 P.M.

"Annie"

Greer Garson Theater. See December 20 listing.

28 SATURDAY, 11 A.M.-NOON

Drama Club

Santa Fe Children's Museum. See December 7 listing.

28 SATURDAY, 2-3 P.M.

Music & Movement Club

Santa Fe Children's Museum. See December 7 listing.

28 SATURDAY, 7-9 P.M.

"Annie"

Greer Garson Theater. See December 20 listing.

29 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

29 SUNDAY, 2-4 P.M.

"Annie"

Greer Garson Theater. See December 20 listing.

29 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

30 MONDAY, 7:30 A.M.-5:30 P.M.

Winter Break Day Camp

Genoveva Chavez Community Center. See December 23 listing.

30 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

31 TUESDAY, 2 P.M.

New Year's Eve Family Concert

Dress rehearsal for the Santa Fe Concert Association's Christmas Eve production with

world-renowned pianist Claire Huangci. General admission \$10. Lentic Performing Arts Center, 211 West San Francisco Street, 988-1234.

JANUARY

1 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.

1 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

2 THURSDAY, 7:30 A.M.-5:30 P.M.

Winter Break Day Camp

Genoveva Chavez Community Center. See December 23 listing.

2 THURSDAY, 8:30 A.M.-NOON

Figure Skating Camp

A two-day skating camp for beginner to intermediate skaters, ages 6 to 12. \$35. Genoveva Chavez Community Center, 3221 Rodeo Road. Call Mona 955-4014 or Melissa 955-4005.

2 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time

Santa Fe Children's Museum. See December 5 listing.

2 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

2 THURSDAY, 11-11:45 A.M.

Firefighter Storytime

Santa Fe Children's Museum. See December 5 listing.

2 THURSDAY, 4-6 P.M.

Mini-Makers

Santa Fe Children's Museum. See December 5 listing.

2 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See December 5 listing.

2 THURSDAY, 4:30-5:30 P.M.

Teen Book Club

Southside Library. See December 5 listing.

2 THURSDAY, 5-6 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See December 5 listing.

3 FRIDAY, 7:30 A.M.-5:30 P.M.

Winter Break Day Camp

Genoveva Chavez Community Center. See December 23 listing.

3 FRIDAY, 8:30 A.M.-NOON

Figure Skating Camp

Genoveva Chavez Community Center. See January 2 listing.

3 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See December 6 listing.

3 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program

Santa Fe Railyard Park. See December 6 listing.

3 FRIDAY, 10-11 A.M.

Parent and Me Art Class

Make Orange Studio School. See December 6 listing.

3 FRIDAY, 1-4 P.M.

Global Adventures After-School Program

Santa Fe Children's Museum. See December 6 listing.

3 FRIDAY, 6 AND 7 P.M.

Friday Fractals

New Mexico Museum of Natural History. See December 7 listing.

3 FRIDAY, 8 AND 9 P.M.

Fractal Rocks

New Mexico Museum of Natural History. See December 7 listing.

4 SATURDAY, 9-11:30 A.M.

Book Donation Day

Vista Grande Public Library. See December 7 listing.

4 SATURDAY, 11 A.M.-NOON

Drama Club

Santa Fe Children's Museum. See December 7 listing.

4 SATURDAY, 2-3 P.M.

Music & Movement Club

Santa Fe Children's Museum. See December 7 listing.

"I don't know how you do it, but you have managed to create a place where my kid feels comfortable, builds her sense of self, and has so much fun she doesn't even notice she's doing the hard work."

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301 Hillside Avenue, Santa Fe, NM 87501

Winter Calendar 2014 January

5 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

5 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

6 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

P 6 MONDAY, 6 P.M.

Christus Saint Vincent Hospital Tour

Christus Saint Vincent Hospital. See December 2 listing.

P 6 MONDAY, 6:30-8 P.M.

Birth Talk Los Alamos

Los Alamos Family Strengths Network. See December 2 listing.

P 7 TUESDAY, 1-3 P.M.

Many Mother's Circle

Santa Fe Soul's Sun Room. See December 3 listing.

8 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Oliver La Farge Branch Library. See December 4 listing.

8 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.

8 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

8 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

8 WEDNESDAY, 6:30 P.M.

Family Story Time

Oliver La Farge Branch Library. See December 4 listing.

8 WEDNESDAY, 6:30 P.M.

"The Barber of Seville"

Dress rehearsal of the Santa Fe Concert Association's community opera, as part of SFCA's Family Concert Series. Free; no tickets required. Scottish Rite Center, 463 Paseo de Peralta, Santa Fe. 984-8759.

9 THURSDAY, 9-11 A.M.

Journey School Open House

An authentic elementary Montessori experience, combined with extensive outdoor education, for ages 6 to 10. Journey School, 710 Old Las Vegas Highway, 470-8928.

9 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See December 5 listing.



Skull collage, Wyatt Alejandro, 2nd grade

9 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time

Santa Fe Children's Museum. See December 5 listing.

9 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

P 9 THURSDAY, 1-2:30 P.M.

La Leche League Breastfeeding Meeting

Indigo Baby. See December 12 listing.

9 THURSDAY, 4-6 P.M.

Mini-Makers

Santa Fe Children's Museum. See December 5 listing.

9 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See December 5 listing.

9 THURSDAY, 4:30-5:30 P.M.

Librarian's Choice Teen Program

Southside Library. See December 12 listing.

9 THURSDAY, 5-6 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See December 5 listing.

10 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See December 6 listing.

10 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program

Santa Fe Railyard Park. See December 6 listing.

10 FRIDAY, 10-11 A.M.

Parent and Me Art Class

Make Orange Studio School. See December 6 listing.

P 10 FRIDAY, 10 A.M.-NOON

Parent Talk

Santa Fe Children's Museum. See December 13 listing.

10 FRIDAY, 1-4 P.M.

Global Adventures After-School Program

Santa Fe Children's Museum. See December 6 listing.

10 FRIDAY, 7 P.M.

Family Movie Night

Vista Grande Public Library. See December 13 listing.

11 SATURDAY, 11 A.M.-NOON

Drama Club

Santa Fe Children's Museum. See December 7 listing.

11 SATURDAY, 11 A.M.-12:30 P.M.

Baby-Wearing 101

Indigo Baby. See December 14 listing.

11 SATURDAY, 2-3 P.M.

Music & Movement Club

Santa Fe Children's Museum. See December 7 listing.

12 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

P 12 SUNDAY, 1-3 P.M.

Parent Talk

Santa Fe Children's Museum. See December 8 listing.

12 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

13 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

14 TUESDAY, 10:30 AM-11 AM

Preschool Story Time

Oliver La Farge Branch Library. See December 3 listing.

15 WEDNESDAY, 10:30 AM-11 AM

Books & Babies

Oliver La Farge Branch Library. See December 4 listing.

15 WEDNESDAY, 10:30 AM-11 AM

Preschool Story Time

Southside Library. See December 4 listing.

15 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.

15 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

15 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

Winter Calendar 2014 January

16 THURSDAY, 10:30-11 A.M.

Books & Babies
Southside Library. See December 5 listing.

16 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time
Santa Fe Children's Museum. See December 5 listing.

16 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour
Collected Works Bookstore. See December 4 listing.

16 THURSDAY, 4-6 P.M.

Mini-Makers
Santa Fe Children's Museum. See December 5 listing.

16 THURSDAY, 4-7 P.M.

Try it Thursdays!
Santa Fe Children's Museum. See December 5 listing.

16 THURSDAY, 4:30-5:30 P.M.

Teen Anime Club
Southside Library. See December 19 listing.

16 THURSDAY, 5-6 P.M.

The Cornelius Hour
Santa Fe Children's Museum. See December 5 listing.

17 FRIDAY, 9-10 A.M.

Tumbletots
Tumbledown Studios. See December 6 listing.

17 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program
Santa Fe Railyard Park. See December 6 listing.

17 FRIDAY, 10-11 A.M.

Parent and Me Art Class
Make Orange Studio School. See December 6 listing.

17 FRIDAY, 11-11:45 A.M.

Preschool Story Time
Main Library. See December 6 listing.

17 FRIDAY, 11-11:45 A.M.

Toddler Story Time
Weekly stories and activities and their family or caregiver. Vista Grande Public Library, 14 Avenida Torreon, Eldorado, 466-7323.

17 FRIDAY, 1-4 P.M.

Global Adventures After-School Program
Santa Fe Children's Museum. See December 6 listing.

17 FRIDAY, 2 P.M.

Friday Afternoon Art
Main Library. See December 13 listing.

17 FRIDAY, 4-5 P.M.

Mysto the Magi
Magic show for all ages. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

18 SATURDAY, 9:30-11:30 A.M.

Family Program: Winter Storms and Stories
Draw, paint and share winter stories. Georgia O'Keeffe Museum, 217 Johnson Street, 946-1039.

18 SATURDAY, 10:30-11:30 A.M.

Mysto the Magi
Magic show for all ages. Main Library, 145 Washington Avenue, 955-6783.

18 SATURDAY, 11 A.M.-NOON

Drama Club
Santa Fe Children's Museum. See December 7 listing.

18 SATURDAY, 11:30 A.M.-1 P.M.

Cloth Diapering Basics
Indigo Baby. See December 7 listing.

18 SATURDAY, 2-3 P.M.

Music & Movement Club
Santa Fe Children's Museum. See December 7 listing.

18 SATURDAY, 2:30-3:30 P.M.

Mysto the Magi
Magic show for all ages. Southside Library, 6599 Jaguar Drive, 955-4863.

19 SUNDAY, 12:30-2 P.M.

Jewelry Making Club
Santa Fe Children's Museum. See December 1 listing.

19 SUNDAY, 3-4 P.M.

Arts & Crafts Club
Santa Fe Children's Museum. See December 1 listing.

20 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers
Pajarito Environmental Education Center. See December 2 listing.

20 MONDAY, 2 AND 3 P.M.

GranMary's Place
Storytelling for the whole family. Free admission on Sundays for New Mexico residents with ID. Museum of Indian Arts and Culture, 710 Camino Lejo, 476-1272.

21 TUESDAY, 7:30 A.M.-5:30 P.M.

School Closure Day Camp
Games, outdoor snow play, sports, swimming, ice skating and arts & crafts for ages 6 to 12. \$35. Genoveva Chavez Community Center, 3221 Rodeo Road. Call Mona 955-4014 or Melissa 955-4005.

21 TUESDAY, 10:30-11 A.M.

Preschool Story Time
Oliver La Farge Branch Library. See December 3 listing.

21 TUESDAY, 3:30-4:30 P.M.

School-Age Craft
Cool craft activity for ages 5 to 12. Call to register. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

21 TUESDAY, 3:30-4:30 P.M.

School-Age Craft
Cool craft activity for ages 5 to 12. Call to register. Southside Library, 6599 Jaguar Drive, 955-4863.

22 WEDNESDAY, 10:30-11 A.M.

Books & Babies
Oliver La Farge Branch Library. See December 4 listing.

22 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time
Southside Library. See December 4 listing.

22 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday
Santa Fe Children's Museum. See December 4 listing.

22 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour
Collected Works Bookstore. See December 4 listing.

22 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio
Santa Fe Children's Museum. See December 4 listing.

22 WEDNESDAY, 3:30-4:30 P.M.

School-Age Craft
Cool craft activity for ages 5 to 12. Call to register. Main Library, 145 Washington Avenue, 955-6783.

23 THURSDAY, 10:30-11 A.M.

Books & Babies
Southside Library. See December 5 listing.

23 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time
Santa Fe Children's Museum. See December 5 listing.

23 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour
Collected Works Bookstore. See December 4 listing.

23 THURSDAY, 4-6 P.M.

Mini-Makers
Santa Fe Children's Museum. See December 5 listing.

23 THURSDAY, 4-7 P.M.

Try it Thursdays!
Santa Fe Children's Museum. See December 5 listing.

23 THURSDAY, 4:30-5:30 P.M.

Teen Anime Club
Southside Library. See December 19 listing.

23 THURSDAY, 5-6 P.M.

The Cornelius Hour
Santa Fe Children's Museum. See December 5 listing.

24 FRIDAY, 9-10 A.M.

Tumbletots
Tumbledown Studios. See December 6 listing.

24 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program
Santa Fe Railyard Park. See December 6 listing.

24 FRIDAY, 10-11 A.M.

Parent and Me Art Class
Make Orange Studio School. See December 6 listing.

24 FRIDAY, 10 A.M.-NOON

Parent Talk
Santa Fe Children's Museum. See December 13 listing.

24 FRIDAY, 11-11:45 A.M.

Preschool Story Time
Main Library. See December 6 listing.

24 FRIDAY, 11-11:45 A.M.

Toddler Story Time
Vista Grande Public Library. See January 17 listing.

24 FRIDAY, 1-4 P.M.

Global Adventures After-School Program
Santa Fe Children's Museum. See December 6 listing.

24 FRIDAY, 2 P.M.

Friday Afternoon Art
Main Library. See December 13 listing.

24 FRIDAY, 7:30 P.M.

Beauty and the Beast
Experience the romance and enchantment of this Disney classic. Call for prices. Popejoy Hall, 203 Cornell Drive SE, Albuquerque, (505) 277-8010.

25 SATURDAY, 11 A.M.-NOON

Drama Club
Santa Fe Children's Museum. See December 7 listing.

25 SATURDAY, 2-3 P.M.

Music & Movement Club
Santa Fe Children's Museum. See December 7 listing.

25 SATURDAY, 2 AND 7:30 P.M.

Beauty and the Beast
Popejoy Hall. See January 24 listing.

25 SATURDAY, 2:30-4 P.M.

Family Movie Matinee
Southside Library. See December 21 listing.



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Winter Calendar 2014 January/February

26 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

26 SATURDAY, 1-4 P.M.

Brazilian Festival

Hands-on toy making for all ages, in conjunction with the exhibition Brasil & Arte Popular. By museum admission, free to New Mexico residents on Sunday. Museum of International Folk Art, 706 Camino Lejo, 476-1200.

26 SUNDAY, 1 P.M.

Beauty and the Beast

Popejoy Hall. See January 24 listing.

26 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

26 SUNDAY, 4 P.M.

Mozart and Mendelssohn Violin Concertos

Discover the Joy of Music II, a presentation of the Santa Fe Concert Association's Family Concert Series. General admission \$10. United Church of Santa Fe, 1804 Arroyo Chamiso Road, Santa Fe. 988-1234.

27 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

27 MONDAY, 10-11:30 A.M.

Homeschool Art

Children ages 4 to 12 explore the Harwood's diverse collection and create art. Parent participation required. Harwood Museum of Art, 238 Ledoux Street, Taos, (575) 758-9826.

28 TUESDAY, 8:30-10:30 A.M.

Visitor Morning at the Santa Fe Waldorf School

Parents and prospective students for preschool through grade 12 tour the school's campus and classrooms. Reservations: bpoole@santafewaldorf.org. Santa Fe Waldorf School, 26 Puesta Del Sol, 992-0566.

28 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Oliver La Farge Branch Library. See December 3 listing.

28 TUESDAY, 3:30-4:30 P.M.

School-Age Craft

Southside Library. See January 21 listing.

28 TUESDAY, 3:30-4:30 P.M.

Science After School

For ages 6 to 12. Call to register. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

29 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Oliver La Farge Branch Library. See December 4 listing.

29 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Southside Library. See December 4 listing.

29 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.



Painting, Denali Wilson, 6th grade

29 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

29 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

29 WEDNESDAY, 3:30-4:30 P.M.

Science After School

For ages 6 to 12. Call to register. Main Library, 145 Washington Avenue, 955-6783.

30 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See December 5 listing.

30 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time

Santa Fe Children's Museum. See December 5 listing.

30 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

30 THURSDAY, 4-6 P.M.

Mini-Makers

Santa Fe Children's Museum. See December 5 listing.

30 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See December 5 listing.

30 THURSDAY, 5-6 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See December 5 listing.

31 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See December 6 listing.

31 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program

Santa Fe Railyard Park. See December 6 listing.

31 FRIDAY, 10-11 A.M.

Parent and Me Art Class

Make Orange Studio School. See December 6 listing.

31 FRIDAY, 11-11:45 A.M.

Preschool Story Time

Main Library. See December 6 listing.

31 FRIDAY, 11-11:45 A.M.

Toddler Story Time

Vista Grande Public Library. See January 17 listing.

31 FRIDAY, 1-4 P.M.

Global Adventures After-School Program

Santa Fe Children's Museum. See December 6 listing.

31 FRIDAY, 2 P.M.

Friday Afternoon Art

Main Library. See December 13 listing.

FEBRUARY

1 SATURDAY, 9-11:30 A.M.

Book Donation Day

Vista Grande Public Library. See December 7 listing.

1 SATURDAY, 9:30-11:30 A.M.

Opera Makes Sense

Today: "Le Rossignol." Children ages 3 to 5 explore opera through their senses. Space is limited; register by emailing firstprescdc@gmail.com. First Presbyterian Church, 208 Grant Street, 946-2404.

1 SATURDAY, 11 A.M.-NOON

Drama Club

Santa Fe Children's Museum. See December 7 listing.

1 SATURDAY, 2-3 P.M.

Music & Movement Club

Santa Fe Children's Museum. See December 7 listing.

2 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

2 SUNDAY, 1-4 P.M.

Asian New Year Celebration

Festival dance performance and hands-on activities including Sumei painting and puppet-making for all ages. By museum admission, free to New Mexico residents on Sunday, kids 16 and under always free. Museum of International Folk Art, 706 Camino Lejo, 476-1200.

2 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

3 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

P 3 MONDAY, 6 P.M.

Christus Saint Vincent Hospital Tour
Christus Saint Vincent Hospital. See December 2 listing

P 3 MONDAY, 6:30-8 P.M.

Birth Talk Los Alamos

Los Alamos Family Strengths Network. See December 2 listing.

4 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Oliver La Farge Branch Library. See December 3 listing.

P 4 TUESDAY, 1-3 P.M.

Many Mother's Circle

Santa Fe Soul's Sun Room. See December 3 listing.

5 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Oliver La Farge Branch Library. See December 4 listing.

5 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Southside Library. See December 4 listing.

5 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.

Winter Calendar 2014 February

5 WEDNESDAY, 10:30-11:15 A.M.

Toddler Tunes
Los Alamos Family Strengths Network. See December 18 listing.

5 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour
Collected Works Bookstore. See December 4 listing.

5 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio
Santa Fe Children's Museum. See December 4 listing.

5 WEDNESDAY, 6:30 P.M.

Family Story Time
Oliver La Farge Branch Library. See December 4 listing.

6 THURSDAY, 10:30-11 A.M.

Books & Babies
Southside Library. See December 5 listing.

6 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time
Santa Fe Children's Museum. See December 5 listing.

6 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour
Collected Works Bookstore. See December 4 listing.

6 THURSDAY, 11-11:45 A.M.

Firefighter Storytime
Santa Fe Children's Museum. See December 5 listing.

6 THURSDAY, 4-6 P.M.

Mini-Makers
Santa Fe Children's Museum. See December 5 listing.

6 THURSDAY, 4-7 P.M.

Try it Thursdays!
Santa Fe Children's Museum. See December 5 listing.

6 THURSDAY, 4:30-5:30 P.M.

Teen Book Club
Southside Library. See December 5 listing.

6 THURSDAY, 5-6 P.M.

The Cornelius Hour
Santa Fe Children's Museum. See December 5 listing.

7 FRIDAY, 9-10 A.M.

Tumbletots
Tumbledown Studios. See December 6 listing.

7 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program
Santa Fe Railyard Park. See December 6 listing.

7 FRIDAY, 10-11 A.M.

Parent and Me Art Class
Make Orange Studio School. See December 6 listing.

7 FRIDAY, 11-11:45 A.M.

Preschool Story Time
Main Library. See December 6 listing.

7 FRIDAY, 11-11:45 A.M.

Toddler Story Time
Vista Grande Public Library. See January 17 listing.

7 FRIDAY, 1-4 P.M.

Global Adventures After-School Program
Santa Fe Children's Museum. See December 6 listing.

7 FRIDAY, 2 P.M.

Friday Afternoon Art
Main Library. See December 13 listing.

7 FRIDAY, 6 AND 7 P.M.

Friday Fractals
New Mexico Museum of Natural History. See December 7 listing.

7 FRIDAY, 7-8 P.M.

Backyard Astronomy
Live presentation of the current skies and an outdoor viewing of the night sky. Adults \$5, preteens and seniors \$3, free to students of the college. Santa Fe Community College Planetarium, 6401 Richards Avenue, 428-1744.

7 FRIDAY, 8 AND 9 P.M.

Fractal Rocks
New Mexico Museum of Natural History. See December 7 listing.

8 SATURDAY, 11 A.M.-NOON

Drama Club
Santa Fe Children's Museum. See December 7 listing.

8 SATURDAY, 11 A.M.-12:30 P.M.

Baby-Wearing 101
Indigo Baby. See December 14 listing.

8 SATURDAY, 2-3 P.M.

Music & Movement Club
Santa Fe Children's Museum. See December 7 listing.

9 SUNDAY, 12:30-2 P.M.

Jewelry Making Club
Santa Fe Children's Museum. See December 1 listing.

P 9 SUNDAY, 1-3 P.M.

Parent Talk
Santa Fe Children's Museum. See December 8 listing.

9 SUNDAY, 3-4 P.M.

Arts & Crafts Club
Santa Fe Children's Museum. See December 1 listing.

10 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers
Pojarito Environmental Education Center. See December 2 listing.

10 MONDAY, 2 AND 3 P.M.

GranMary's Place
Museum of Indian Arts and Culture. See January 20 listing.

11 TUESDAY, 10:30-11 A.M.

Preschool Story Time
Oliver La Farge Branch Library. See December 3 listing.

12 WEDNESDAY, 10:30-11 A.M.

Books & Babies
Oliver La Farge Branch Library. See December 4 listing.

12 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time
Southside Library. See December 4 listing.

12 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday
Santa Fe Children's Museum. See December 4 listing.

12 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour
Collected Works Bookstore. See December 4 listing.

12 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio
Santa Fe Children's Museum. See December 4 listing.

13 THURSDAY, 10:30-11 A.M.

Books & Babies
Southside Library. See December 5 listing.

13 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time
Santa Fe Children's Museum. See December 5 listing.

13 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour
Collected Works Bookstore. See December 4 listing.

P 13 THURSDAY, 1-2:30 P.M.

La Leche League Breast-feeding Meeting
Indigo Baby. See December 12 listing.

13 THURSDAY, 4-6 P.M.

Mini-Makers
Santa Fe Children's Museum. See December 5 listing.

13 THURSDAY, 4-7 P.M.

Try it Thursdays!
Santa Fe Children's Museum. See December 5 listing.

13 THURSDAY, 4:30-5:30 P.M.

Librarian's Choice Teen Program
Southside Library. See December 12 listing.

13 THURSDAY, 5-6 P.M.

The Cornelius Hour
Santa Fe Children's Museum. See December 5 listing.

14 FRIDAY, 7:30 A.M.-5:30 P.M.

School Closure Day Camp
Genoveva Chavez Community Center. See January 21 listing.

14 FRIDAY, 9-10 A.M.

Tumbletots
Tumbledown Studios. See December 6 listing.

14 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program
Santa Fe Railyard Park. See December 6 listing.

14 FRIDAY, 10-11 A.M.

Parent and Me Art Class
Make Orange Studio School. See December 6 listing.

P 14 FRIDAY, 10 A.M.-NOON

Parent Talk
Santa Fe Children's Museum. See December 13 listing.

14 FRIDAY, 11-11:45 A.M.

Preschool Story Time
Main Library. See December 6 listing.

14 FRIDAY, 11-11:45 A.M.

Toddler Story Time
Vista Grande Public Library. See January 17 listing.

14 FRIDAY, 1-4 P.M.

Global Adventures After-School Program
Santa Fe Children's Museum. See December 6 listing.

14 FRIDAY, 2 P.M.

Friday Afternoon Art
Main Library. See December 13 listing.

14 FRIDAY, 4-5 P.M.

Wild Wolf Sanctuary
Meet and learn about wolves in New Mexico. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

14 FRIDAY, 7 P.M.

Family Movie Night
Vista Grande Public Library. See December 13 listing.

14 FRIDAY, 7-8 P.M.

Light: The Universal Informant
Show begins promptly. Adults \$5, preteens and seniors \$3, free to students of the college.



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(505) 216-6136 • email@kolberamah.org

Winter Calendar 2014 February

Santa Fe Community College Planetarium,
6401 Richards Avenue, 428-1744.

15 SATURDAY, 9 A.M.-4 P.M.

February Fun Fest

Giant snow castle, costume contest and parade, treasure hunts, games, prizes and more. Sipapu Ski & Summer Resort, 5224 Highway 518, Vadito, (800) 587-2240.

15 SATURDAY, 10:30-11:30 A.M.

Wild Wolf Sanctuary

Meet and learn about wolves in New Mexico. Main Library, 145 Washington Avenue, 955-6783.

15 SATURDAY, 11 A.M.-NOON

Drama Club

Santa Fe Children's Museum. See December 7 listing.

15 SATURDAY, 11:30 A.M.-1 P.M.

Cloth Diapering Basics

Indigo Baby. See December 7 listing.

15 SATURDAY, 2-3 P.M.

Music & Movement Club

Santa Fe Children's Museum. See December 7 listing.

15 SATURDAY, 2:30-3:30 P.M.

Wild Wolf Sanctuary

Meet and learn about wolves in New Mexico. Southside Library, 6599 Jaguar Drive, 955-4863.

15 SATURDAY, 6:30-8:30 P.M.

Moonlight Hike and Campfire

Sipapu Ski & Summer Resort. See December 14 listing.

16 SUNDAY, 9 A.M.-4 P.M.

February Fun Fest

Sipapu Ski & Summer Resort. See February 15 listing.

16 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

16 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

17 MONDAY, 7:30 A.M.-5:30 P.M.

School Closure Day Camp

Genoveva Chavez Community Center. See January 21 listing.

17 MONDAY, 9 A.M.-4 P.M.

February Fun Fest

Sipapu Ski & Summer Resort. See February 15 listing.

17 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

18 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Oliver La Farge Branch Library. See December 3 listing.

18 TUESDAY, 3:30-4:30 P.M.

School-Age Craft

Oliver La Farge Branch Library. See January 21 listing.



Turtle drawing, Christina Catanach, 5th grade

18 TUESDAY, 3:30-4:30 P.M.

School-Age Craft

Southside Library. See January 21 listing.

19 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Oliver La Farge Branch Library. See December 4 listing.

19 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Southside Library. See December 4 listing.

19 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.

19 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

19 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

19 WEDNESDAY, 3:30-4:30 P.M.

School-Age Craft

Main Library. See January 22 listing.

20 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See December 5 listing.

20 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time

Santa Fe Children's Museum. See December 5 listing.

20 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

20 THURSDAY, 4-6 P.M.

Mini-Makers

Santa Fe Children's Museum. See December 5 listing.

20 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See December 5 listing.

20 THURSDAY, 4:30-5:30 P.M.

Teen Anime Club

Southside Library. See December 19 listing.

20 THURSDAY, 5-6 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See December 5 listing.

21 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See December 6 listing.

21 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program

Santa Fe Railyard Park. See December 6 listing.

21 FRIDAY, 10-11 A.M.

Parent and Me Art Class

Make Orange Studio School. See December 6 listing.

21 FRIDAY, 11-11:45 A.M.

Preschool Story Time

Main Library. See December 6 listing.

21 FRIDAY, 11-11:45 A.M.

Toddler Story Time

Vista Grande Public Library. See January 17 listing.

21 FRIDAY, 1-4 P.M.

Global Adventures After-School Program

Santa Fe Children's Museum. See December 6 listing.

21 FRIDAY, 2 P.M.

Friday Afternoon Art

Main Library. See December 13 listing.

22 SATURDAY, 11 A.M.-NOON

Drama Club

Santa Fe Children's Museum. See December 7 listing.

22 SATURDAY, 2-3 P.M.

Music & Movement Club

Santa Fe Children's Museum. See December 7 listing.

22 SATURDAY, 2:30-4 P.M.

Family Movie Matinee

Southside Library. See December 21 listing.

23 SUNDAY, NOON-5 P.M.

Children's Museum 29th Birthday Party

Live music, games, cupcake decorating, festive craft activities and more. \$5 per person. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

23 SUNDAY, 12:30-2 P.M.

Jewelry Making Club

Santa Fe Children's Museum. See December 1 listing.

23 SUNDAY, 3-4 P.M.

Arts & Crafts Club

Santa Fe Children's Museum. See December 1 listing.

24 MONDAY, 10-11 A.M.

Nature Playtimes for Toddlers and Preschoolers

Pajarito Environmental Education Center. See December 2 listing.

24 MONDAY, 10-11:30 A.M.

Homeschool Art

Harwood Museum of Art. See January 27 listing.

25 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Oliver La Farge Branch Library. See December 3 listing.

Winter Calendar 2014 February/Ongoing Events

25 TUESDAY, 3:30-4:30 P.M.

Science After School

Oliver La Farge Branch Library. See January 28 listing.

25 TUESDAY, 3:30-4:30 P.M.

Science After School

For ages 6 to 12. Call to register. Southside Library, 6599 Jaguar Drive, 955-4863.

26 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Oliver La Farge Branch Library. See December 4 listing.

26 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Southside Library. See December 4 listing.

26 WEDNESDAY, 10:30-11 A.M.

Wee Wednesday

Santa Fe Children's Museum. See December 4 listing.

26 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

26 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See December 4 listing.

26 WEDNESDAY, 3:30-4:30 P.M.

Science After School

Main Library. See January 29 listing.

27 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See December 5 listing.

27 THURSDAY, 10:30-11:30 A.M.

Preschool Prime Time

Santa Fe Children's Museum. See December 5 listing.

27 THURSDAY, 10:45-11:30 A.M.

Children's Story Hour

Collected Works Bookstore. See December 4 listing.

27 THURSDAY, 4-6 P.M.

Mini-Makers

Santa Fe Children's Museum. See December 5 listing.

27 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See December 5 listing.

27 THURSDAY, 4:30-5:30 P.M.

Teen Anime Club

Southside Library. See December 19 listing.

27 THURSDAY, 5-6 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See December 5 listing.

28 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See December 6 listing.

28 FRIDAY, 10-11 A.M.

Garden Sprouts: Pre-K Reading Program

Santa Fe Railyard Park. See December 6 listing.

28 FRIDAY, 10-11 A.M.

Parent and Me Art Class

Make Orange Studio School. See December 6 listing.

P 28 FRIDAY, 10 A.M.-NOON

Parent Talk

Santa Fe Children's Museum. See December 13 listing.

28 FRIDAY, 11-11:45 A.M.

Preschool Story Time

Main Library. See December 6 listing.

28 FRIDAY, 11-11:45 A.M.

Toddler Story Time

Vista Grande Public Library. See January 17 listing.

28 FRIDAY, 1-4 P.M.

Global Adventures After-School Program

Santa Fe Children's Museum. See December 6 listing.

28 FRIDAY, 2 P.M.

Friday Afternoon Art

Main Library. See December 13 listing.

Ongoing Events

Museums, cultural centers and other nonprofit organizations, within an easy drive of Santa Fe, offering exhibits, programming and activities for families

ABQ BIOPARK: ZOO, AQUARIUM, BOTANIC GARDEN

Open daily 9 a.m. to 5 p.m.; 9 a.m. to 6 p.m. Saturdays and Sundays. Closed Christmas and New Years Day. Admission options: Buy a ticket to Zoo only, Aquarium/Botanic Garden, or "BioPark Combo" for all three. Call for prices. Zoo: 903 Tenth Street. Botanic Garden and Aquarium: 2601 Central Avenue, NW, Albuquerque, (505) 764-6200, www.cabq.gov/biopark.

ABQ BIOPARK: TINGLEY BEACH

Fish, hike, relax or sail a model boat. Year-round, sunrise to sunset. Free; no tickets needed. 1800 Tingley Drive, SW, Albuquerque. (505) 764-6200, www.cabq.gov/biopark.

BATAAN MEMORIAL MUSEUM

Artifacts from the Bataan Death March, Medal of Honor ribbons and biographies. Private tours available; call to arrange. Tuesday through Friday, 10 a.m. to 4 p.m. Closed Christmas and New Years Day. 1050 Old Pecos Trail, Santa Fe. 474-1670, www.bataanmuseum.com.

BRADBURY SCIENCE MUSEUM

Displays, videos and interactive exhibits on the history of the atomic bomb and contemporary research conducted at the Los Alamos National Laboratory. Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday and Monday 1 to 5 p.m. Closed Christmas and New Years Day. Admission is free. 15th and Central Avenue, Los Alamos, (505) 667-4444, www.lanl.gov/museum.

CHALLENGER LEARNING CENTER NEW MEXICO

A nonprofit educational organization engaging young people in science,

technology, engineering and math education. Interactive educational Space simulations for students in grades 5 to 12. Special programs for grades K through 4. Activities for all ages. Open Monday through Friday, 8 a.m. to 4 p.m. with some evening activities. Call for prices and schedule; most activities require reservations. Located at the Unser Discovery Campus, 1776 Montañero Road, NW, Los Ranchos de Albuquerque, (505) 248-1776, www.challengermm.org.

EL MUSEO CULTURAL

Popular venue in the Railyard for classes and community events. Call or visit website to view calendar for upcoming events. 1615 Paseo de Peralta, Santa Fe, 992-0591, www.elmuseocultural.org.

EXPLORA

Family-oriented science center creating opportunities for discovery through interactive experiences in science, technology and art. Programs for toddlers to adults. Open Monday through Saturday 10 a.m. to 6 p.m.; Sunday noon to 6 p.m. Closed Christmas and New Years Day. Ages 12 and up \$8; seniors \$5; children \$4; under 1 free. Children and toddlers must be accompanied by a paying adult. 1701 Mountain Road NW, Albuquerque, (505) 224-8300, www.explora.us.

GEORGIA O'KEEFE MUSEUM

The largest single repository of O'Keeffe's work in the world. Exhibitions, education programs, family and youth programs. Open daily 10

a.m. to 5 p.m., and Friday until 7 p.m. Closed Christmas and New Years Day. Adults \$12, New Mexico residents \$6; seniors and students over 18 with ID \$10; ages 18 and under free. Free first Friday of each month to New Mexico residents from 5 to 7 p.m. 217 Johnson Street, Santa Fe, 946-1000, www.okeeffemuseum.org.

HARWOOD MUSEUM OF ART

Historic and contemporary art and culture of the Taos region. Open Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Closed Christmas and New Years Day. Monthly Homeschoolers activities for two age groups and weekly Teen Art activities. Many family programs; call for program details. Adults \$10; seniors, students and AAA Members \$8; age 12 and under free. New Mexico residents admitted free on Sundays with proof of residence. 238 Ledoux Street, Taos, (575) 758-9826, www.harwoodmuseum.org.

INSTITUTE OF AMERICAN INDIAN ARTS MUSEUM

The National Collection of Contemporary Indian Art. Monday and Wednesday through Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Closed Christmas and New Years Day. Adults \$10; seniors, students with valid ID and New Mexico residents \$5; Native people, members and veterans free. New Mexico residents free on Sunday. Children 16 and under always free. 108 Cathedral Place, Santa Fe, 983-8900, www.iaia.edu.

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- William Butler Yeats



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Winter Calendar 2014 Ongoing Events

INTERNATIONAL FOLK DANCING

Line dances from Europe, the Balkans, Greece, the Middle East and Israel. All levels, beginners welcome, no partner needed, Tuesday 7 to 10 p.m. including holidays. Beginning and intermediate class, Sunday 6:30 to 8 p.m. Israeli dance, Sunday 8 to 10 p.m. \$5 per session (no charge first time). Oddfellows Hall, 1125 Cerrillos Road, Santa Fe, 501-5081.

LOS ALAMOS FAMILY STRENGTHS NETWORK

Providing education, support groups and activities to all types of families, parents, teens and children. Open Tuesday through Friday 9 a.m. to 1 p.m., also for scheduled evening class times. School holidays, delays and closures observed. 1990 Diamond Drive, Los Alamos, (505) 662-4515, www.lafsn.org.

MUSEUM OF INDIAN ARTS AND CULTURE

Including The Roland Discovery Center: interactive exhibits, puzzles and games for the young and young at heart. Open Tuesday through Sunday, 10 a.m. to 5 p.m. Closed Christmas and New Years Day. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. 710 Camino Lejo, Santa Fe, 476-1250, www.indianartsandculture.org.

MUSEUM OF INTERNATIONAL FOLK ART

Wide range of folk art displays from around the world. Museum open Tuesday through Sunday,

10 a.m. to 5 p.m. Closed Christmas and New Years Day. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. 706 Camino Lejo, Santa Fe, 476-1200, www.internationalfolkart.org.

MUSEUM OF SPANISH COLONIAL ART

Special activities for families and children include "Possible Bags," an art activity bag; the MoSCA Treasure Hunt; puzzles, books, historical costumes and hands-on activities in the Youth Art and Activity Center. Docent tours at 10:30 a.m. and 1:30 p.m. Special tours for children and adults may be arranged by calling the Education Department at 982-2226, ext. 122. Open Tuesday through Sunday, 10 a.m. to 5 p.m. Closed Christmas and New Years Day. General admission \$5. New Mexico residents free on Sundays. Children 16 and under are always free. 750 Camino Lejo on Museum Hill, 982-2226, www.spanishcolonialblog.org.

NEW MEXICO HISTORY MUSEUM

Explore history from the indigenous people through the Atomic Age, including the clash and melding of cultures. In addition to galleries, the museum features the Discovery Center, a gathering space for families to engage in hands-on, self-paced activities. Open Tuesday through Sunday, 10 a.m. to 5 p.m., and Fridays until 8 p.m. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. Free Friday evenings 5 to 8 p.m. Historical downtown tours Monday through Saturday 10:15 a.m. to 12:15 p.m. 113 Lincoln Avenue, Santa Fe, 476-5200, www.nmhistory.org.

NEW MEXICO MUSEUM OF ART

Guided tours free with museum admission. Open Tuesday through Sunday, 10 a.m. to 5 p.m., and Fridays until 8 p.m. Closed Christmas and New Years Day. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. Free Friday evenings 5 to 8 p.m. 107 W. Palace Avenue, Santa Fe, 476-5072, www.nmartmuseum.org.

NEW MEXICO MUSEUM OF NATURAL HISTORY AND SCIENCE

Various exhibits, Planetarium and movies at the giant-screen Lockheed-Martin DynaTheater. Open daily 9 a.m. to 5 p.m. DynaTheater movies are shown hourly from 10 a.m. to 4 p.m. Museum admission: \$7 adults; \$6 seniors; \$4 ages 3 to 12; separate admission for DynaTheater and Planetarium. Free First Sundays; museum admission is free to New Mexico residents with ID on the first Sunday of every month. 1801 Mountain Road, NW, Albuquerque, (505) 841-2800, www.naturalhistory.org.

PAJARITO ENVIRONMENTAL EDUCATION CENTER

Nature center and outdoor education programs that allow people of all ages to explore the rich natural and cultural heritage of the Pajarito Plateau. Open Tuesday through Friday, noon to 4 p.m.; Saturday, 10 a.m. to 1 p.m. Nature playtimes for toddlers and preschoolers every Monday (except holidays) from 10 to 11 a.m. Preschool and homeschool discovery programs, nature clubs, middle school

and high school environment clubs, and many other activities, classes and camps. Registration required for most activities. 3540 Orange Street, Los Alamos. (505) 662-0460, www.pajaritoeec.org.

PALACE OF THE GOVERNORS

Various exhibits from colonial New Mexico. Open Tuesday through Sunday, 10 a.m. to 5 p.m., and Fridays until 8 p.m. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. Free Friday evenings 5 to 8 p.m. 105 W. Palace Avenue, 476-5100, www.palaceofthegovernors.org.

RAILYARD ARTISAN MARKET

Local artists and craftspeople, farmers, ranchers and food artisans, musicians, refreshments and entertainment, in the heart of the Santa Fe Railyard. Free; every Sunday 10 a.m. to 4 p.m. Santa Fe Farmers Market, 1607 Paseo de Peralta, Santa Fe, 983-4098, www.artmarketsantafe.com.

RANDALL DAVEY AUDUBON CENTER & SANCTUARY

Over 135 acres of striking landscapes and wildlife, bounded by the Santa Fe National Forest and Santa Fe River Watershed land. Trails and grounds are open Monday through Saturday from 8 a.m. to 5 p.m. Nature Store is open Monday through Saturday from 10 a.m. to 4 p.m. Activities include guided bird walks and hikes, and tours of the Randall Davey home. 1800 Upper Canyon Road, Santa Fe, 983-4609, nmaudubon.org/randall-davey.

RIO GRANDE NATURE CENTER STATE PARK

270 acres of woods, meadows and farmland flourishing with native grasses, wildflowers, willows and cottonwoods, just outside of Albuquerque. Gates are open 8 a.m. to 5 p.m. every day; visitor center open 10 a.m. to 5 p.m. Admission \$3 per vehicle. 2901 Candelaria, NW, Albuquerque, (505) 344-7240, www.rgnc.org.

SANTA FE BOTANICAL GARDEN AT MUSEUM HILL

Twelve acres celebrating and conserving the rich botanical heritage and biodiversity of our region. Winter hours: Wednesday through Sunday, 10 a.m. to 3 p.m. Guided tours 11 a.m. and 1 p.m. Closed Christmas and New Years Day. Admission: \$5 adults; \$4 seniors and active military; \$3.50 students with ID; free for children under 12. Memberships available. 715 Camino Lejo, Santa Fe, 471-9103, www.santafebotanicalgarden.org.

SANTA FE CHILDREN'S MUSEUM

Open Wednesday, Friday and Saturday 10 a.m. to 5 p.m.; Thursday 10 a.m. to 7 p.m. and Sunday noon to 5 p.m. Climbing Wall: Saturday and Sunday 2:30-4:30 p.m. Closed Christmas and New Years Day. General admission \$9; New Mexico residents with ID \$6; Sundays New Mexico residents with ID \$2 and nonresidents \$5. Family memberships available. 1050 Old Pecos Trail, Santa Fe, 989-8359, www.santafechildrengmuseum.org.

SANTA FE FARMERS' MARKET

Open every Saturday 8 a.m. to 1 p.m. The Railyard Artisans Market is open every Sunday 10 a.m. to 4 p.m. Santa Fe Farmers Market, 1607 Paseo de Peralta. 983-4098, www.santafefarmersmarket.com.

SANTA FE PUBLIC LIBRARY

Main Library, 145 Washington Avenue, Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; Sunday 1 to 5 p.m., 955-6780. Oliver La Farge Branch, 1730 Llano Street, Monday through Wednesday, 10 a.m. to 8 p.m.; Thursday to Saturday, 10 a.m. to 6 p.m.; closed Sundays, 955-4860. Southside Branch, 6599 Jaguar Drive, Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; closed Sunday, 955-2810. All libraries closed December 26 and January 1. www.santafelibrary.org.

THE PLANETARIUM AT SANTA FE COMMUNITY COLLEGE

Entertaining and informative astronomical programs, ranging from scientific documentaries to science fiction stories filled with science facts to cultural programs including Native American and Chinese sky lore. Public programming February through December. Adults \$5; preteens and seniors \$3; SFCC students, employees and planetarium members free. Children must be accompanied by an adult. Regular programs are not suitable for children under 5. Santa Fe Community College, 6401 Richards Avenue, Santa Fe, 428-1677, www.sfcc.edu/planetarium.

VISTA GRANDE PUBLIC LIBRARY

Open Tuesday through Friday, noon to 6 p.m. Saturday, 10 a.m. to 4 p.m. Closed Sunday and Monday. Story times, family movie nights, after-school reading programs and special events. 14 Avenida Torreon, Eldorado, 466-7323, www.vglibrary.org.

WAREHOUSE 21

Dance concerts, theater productions and other events and classes for youth under 21. 1614 Paseo de Peralta, 989-4423, www.warehouse21.org.

WHEELWRIGHT MUSEUM OF THE AMERICAN INDIAN


Contemporary and historic Native American art with an emphasis on the Southwest. Talks, seminars, meet-the-artist receptions and many other events. Private, not-for-profit; no admission fee but donations welcome. Open Monday through Saturday 10 a.m. to 5 p.m.; Sunday 1 to 5 p.m. 704 Camino Lejo, Santa Fe, 982-4636, www.wheelwright.org.

WILDLIFE WEST

Park and attraction dedicated to native wildlife and ecology. 122 acres, including a 1/3-acre pond. All animals are non-releasable due to injury or some other factor that makes life in the wild impossible for them. Park includes an educational program and hosts concerts, festivals and other events. Winter hours: noon to 4 p.m. or by appointment. Camping available. Adults \$7; seniors \$6; students \$4; children under 5 free. 87 North Frontage Road, Edgewood (just east of Albuquerque), (505) 281-7655 or (877) 981-9453, www.wildlifewest.org.

Please send us information about family events happening in March, April and May for our Spring 2014 Calendar. Send by email (preferred): calendar@sftumbleweeds.com; or mail: Tumbleweeds, 369 Montezuma #191, Santa Fe, NM 87501. Deadline: January 31.

Gentle Shepherd Preschool



Pre-Kindergarten Program (ages 3-5)

7:30AM - 12:30PM
M/W/F Classes
T/Th Classes

Highlights:
Art • Stories • Music
• Creative Play
Field Trips • Christian Environment

505-983-9838

209 East Barcelona Road
Santa Fe, NM 87505



Resources



Painting, Oliver Lehman, 6th grade

RESOURCES

RESOURCES is a directory of services and events for children and families in the Santa Fe area. Rates: \$30, plus tax, up to 30 words, then \$1.10 per word; or \$100 prepaid for four issues (for first 30 words, then \$.95 per word). To place a listing, call 984-3171.

CLASSES

AMERICAN RED CROSS

Community CPR, Child & Infant CPR, First Aid, Babysitting and more. Call for class times and prices. 1213 Mercantile, Suite B, 424-1611.

BIRTHING TREE COOPERATIVE

Childbirth and parenting workshops to enhance your experience, build community and learn tools to improve connections with children. To register, call 690-3492 or go to www.thebirthingtree.com.

CHILDREN FIRST CO-PARENTING CLASSES

Serving children of separated parents experiencing conflict, by teaching those parents the impact of their conflict on their children, encouraging compassionate attitudes toward themselves, their co-parents and their children and giving them tools to minimize conflict and help children thrive. Income-based fees. www.ChildrenFirstNM.org (505) 473-7630.

CHRISTUS ST. VINCENT PRENATAL/INFANT CLASSES

Continuous six-week classes on Prepared Childbirth. Childbirth Basics, an accelerated

class for first-time parents, meets the first Saturday of each month. Dancing for Birth, a class for expectant and postpartum mothers. Doula services for couples who want extra support in the birth and postpartum period. Breastfeeding classes and hospital tours also available. Call 913-5793.

FAMILY AND CHILD THERAPISTS

PASTORAL COUNSELING CENTER

Counseling for children, adolescents and families; play and sand-tray therapy. Sliding fee scale. 1751 Old Pecos Trail, Suite E, Santa Fe. Call 988-4131, ext. 116.

SANTA FE COUNSELING & CONSULTING

Children, adults, couples and family counseling. Families are both wonderful and stressful. Find compassionate support and effective guidance for your primary relationship, parenting issues, pregnancy, postnatal, adoption and more. 25 years in private practice in Santa Fe. Cynthia Fulreader, MA, LPC. (505) 473-4420, cfreader@msn.com

SKY COUNSELING CENTER

Free counseling for youth and their families during the school year, offered by Masters-level students trained in community-based counseling and licensed therapists. Located on the campus of DeVargas Middle School. Call 473-6191 to schedule.

SOUTHWESTERN COUNSELING CENTER

Low-cost counseling and art therapy for children, adults, individuals, couples, families

and groups by supervised graduate students of Southwestern College. Call 471-8575.

GROUPS

BLUE STAR MOTHERS

For moms with sons and daughters serving in active military. No political or sectarian alliance. Supports troops, families and veterans. Santa Fe group meets the third Saturday of every month at 10 a.m. at Ponce de Leon Retirement Community Center, 640 Alta Vista Street. Call Francis Garcia, 471-0408.

GERARD'S HOUSE

Support groups for children, teens and families in grief. Call for schedule. 3204 C Mercantile Court, Santa Fe. 424-1800, ext. 22.

MANY MOTHERS' CIRCLES

Gathering for moms and babies, with presentations on parenting topics, first Tuesdays from 1 to 3 p.m. Santa Fe Soul, 2905 Rodeo Park Drive East, Building 3. Free. All are welcome, including pregnant moms. Offered by Many Mothers. Call 983-5984.

SERVICES

BIG BROTHERS BIG SISTERS

Kids are enjoying little moments and big magic with positive, caring adult mentors. Services are free. Se habla español. Call Big Brothers Big Sisters at 983-8360, toll free at (866) 983-8360, or go to www.bbbs.org/northernnm.

BIRTHING TREE COOPERATIVE

Childbirth preparation classes, doula services and postpartum home support. Birthing professionals working to enhance the experience of pregnancy, birth and parenting. Call 690-3492 or go to www.thebirthingtree.com.

CATHOLIC CHARITIES SANTA FE

Immigration and Legalization Services, including citizenship classes, case management and legal assistance. 4985 Airport Road, Santa Fe. Call 424-9789.

CENTER FOR DEVELOPMENT AND DISABILITY INFORMATION NETWORK

Free information and referrals for all New Mexicans with disabilities. Bilingual services available. Call (800) 552-8195 or go to cdd.unm.edu/infonet.

CHALLENGE NEW MEXICO

Services for children and adults with disabilities and their families. Therapeutic recreation and special events. Volunteer opportunities. Call 988-7621 or go to www.challengenewmexico.org.

CHILDREN'S MEDICAL SERVICES

CMS helps New Mexico residents from birth to 21 years with medical care coordination, assistance with access to healthcare services, and pediatric specialty outreach clinics. CMS pays for medical services for children and youth with chronic health conditions who are not Medicaid or SCHIP eligible and who meet CMS income eligibility. Diagnostic services available for all incomes. No fee. Santa Fe County Health Building, 605 Letrado Street, Suite C. Call 476-2603.

CRISIS RESPONSE OF SANTA FE

A 24/7 crisis counseling hotline for children, teens and adults. Adult and youth counselors provide help by phone throughout New Mexico. Crisis management from substance abuse and mental health to personal problems includes information and referral to other community resources. Call toll free (888) 920-6333, or locally 820-6333. National Suicide Prevention Hotline: (800) 273-TALK. Services are free of charge.

CHRISTUS ST. VINCENT HOSPITAL DOULA CARE SERVICES

Certified, trained doulas provide physical, emotional and informational support to a woman before and during birth and in the immediate postpartum period. Call 913-5793.

DISPUTE RESOLUTION

Professional (non-lawyer) mediator Philip Crump will help you resolve disputes you may have with a co-parent and make agreements regarding family or child issues. Totally private and confidential. You make the decisions, not the mediator. Mediated agreements are generally reached faster, more cheaply and with less emotional distress than litigation. Free consultation. www.pcmediate.com (505) 989-8558.

ESPERANZA SHELTER FOR BATTERED FAMILIES

A confidential shelter for victims of domestic violence and their dependents. Individual, group and child counseling, 24-hour crisis

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Ages 2-6

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Resources

intervention, transportation, court advocacy, and systems advocacy. Case managers and advocacy services for victims. Crisis lines: local, 473-5200; Northern New Mexico, (800) 473-5220.

FAMILY SUPPORT COACHING SERVICES

For adoptive and foster families, and those having behavioral challenges with birth children at home, school or both. Support to families going through turmoil, referrals for counseling, educational experts, and legal referrals. Services are confidential. Sliding Fee scale. Eileen Richardson, Certified Life Coach, 577-8130.

FREE IMMUNIZATIONS FOR UNINSURED CHILDREN

Call for appointment: Santa Fe Public Health Office, 605 Letrado Street, 476-2600; Espanola Valley Health Office, 2010 Industrial Park Road, 753-2794; Los Alamos Public Health Office, 1183 Diamond Drive, 662-4038.

HEALTHY FAMILIES FIRST "PRIMEROS PASOS"

Care coordination and home visiting program from pregnancy through child's third year of life. Provides information, resources and help for parents with new babies. Free. Call 476-2604 or 476-2649.

HEALTHY TOMORROWS MEDICAL VAN

Medical services for children and adults, including physicals, immunizations, gynecological exams, diagnosis and treatment of minor illnesses. Accepts

Medicaid and private insurance, and has a sliding fee for the uninsured. Van visits Sweeney, César Chávez and Ramirez Thomas Elementary Schools and Ortiz Middle School. Call 467-1575 for an appointment.

LA FAMILIA MEDICAL CENTER

Care for the whole family including prenatal, pediatric with vaccinations, health education, dental and behavioral health services. Financial assistance based on eligibility. Alto Street Clinic, 1035 Alto Street, 982-4425; Southside Clinic, 2145 Caja del Oro Grant Road, 438-3195; Health Care for the Homeless, 818 Camino Sierra Vista, 988-1742.

LA LUZ LIFELINK FAMILY SERVICES

Rental assistance to families in need, to prevent homelessness. Mental health treatment services also available. 2325 Cerrillos Road, Santa Fe. Call 438-0010.

LAS CUMBRES COMMUNITY SERVICES

Early intervention therapies for children birth to 3 with developmental disabilities or delays; behavioral health services for children birth to 6 struggling with social/emotional challenges; and a therapeutic preschool. Licensed Masters-level therapists work with families in their homes or our office, to strengthen parents' relationship with their child and increase confidence as parents. No fee. Call 955-0410.

LET'S TALK SANTA FE

Workshops and other resources provide schools, community groups, businesses and families with tools to promote safety and health so that young people can achieve success in school and community life. talk@letstalksantafe.org, www.letstalksantafe.org.

MANY MOTHERS

Volunteers visit families in the home to provide new mothers with practical, educational and emotional support in the critical first six months after a baby is born. Call 983-5984 or visit www.manymothers.org.

NEW VISTAS

Support and education for families of children birth to 3 who have or are at risk for developmental delays or disabilities. Home visits, service coordination and developmental intervention. Bilingual. 1121 Alto Street. Call 988-3803 or visit www.newvistas.org.

ORTIZ MOUNTAIN HEALTH CENTER

Full primary health care for all ages, including prenatal care, and well- and sick-child care. Sliding scale, Medicaid, Medicare, insurance. 8 Main Street, Cerrillos, NM. Call 471-6266.

PARENTS REACHING OUT

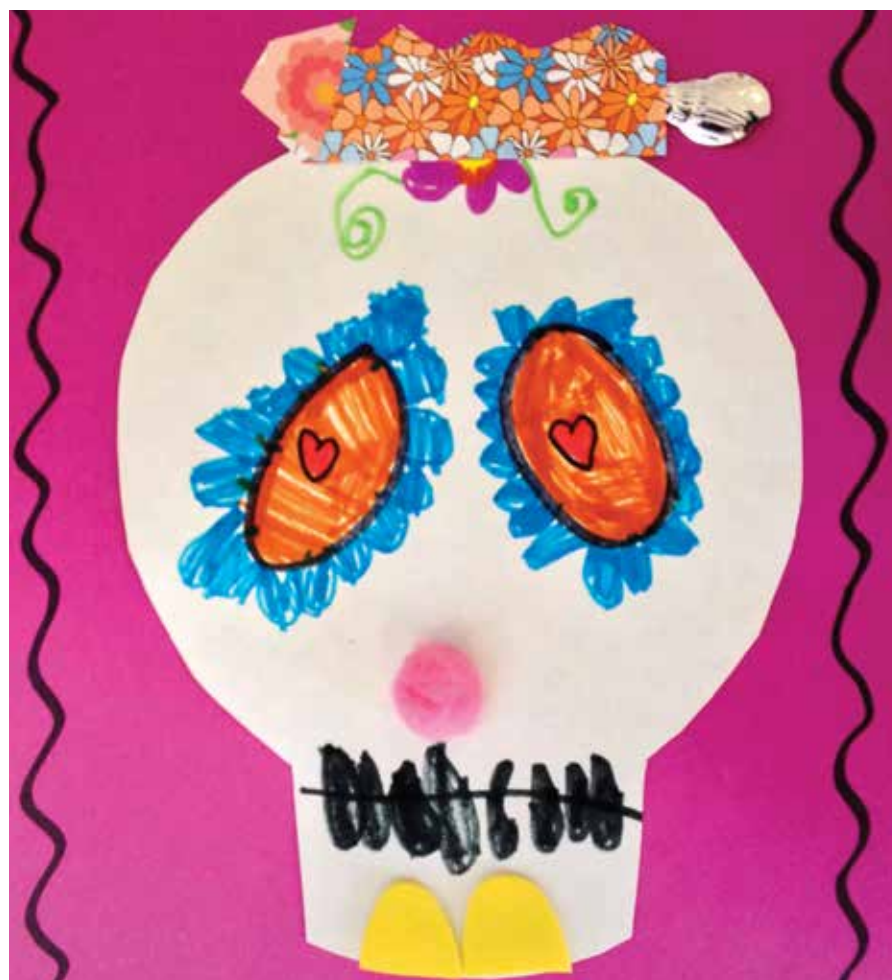
For families with children birth to age 21 with unique needs, offering support, encouragement, information and resources. Call (800) 524-5176 or visit www.parentsreachingout.org.

PROJECT ANN

Free vision and dental services (including eye exams and glasses, dental cleanings, fillings and X-rays) for children up to and including age 19 who cannot afford these services. Call Mike Lopach, Project ANN office (Ayudando Nuestros Niños □ Helping Our Children). Se habla español. Call 955-1209.

SANTA FE COMMUNITY COLLEGE

Early Childhood Training and Technical Assistance Program, 6401 Richards Avenue,



Sacred Heart retablo, Ethan Manske, 4th grade

428-1344. Childcare information, training and support to parents and providers, including the Warm Line (free telephone support for parents) at 428-1344 or toll-free (866) 209-6116.

SANTA FE COUNTY MATERNAL AND CHILD HEALTH COUNCIL OFFICE

Free resource directory available for families with young children available. Call 995-9527.

SFPS ADELANTE PROGRAM

Families who do not have a home, or who share a home with another family because they cannot afford a place of their own, are eligible for services from Santa Fe Public Schools to help with school uniforms, school supplies, tutoring and other services. Services are free, confidential and open to all. Call 467-2571 or 467-2524.

VILLA THERESE CATHOLIC CLINIC

Free well and sick medical services for children, including immunizations and medicine. Women's and children's dental clinic. Foot and eye exams for adults and children. Skin cancer screening clinic. Donations are welcome. 219 Cathedral Place, Santa Fe. Call 983-8561 for an appointment.

YOUTH SHELTERS

The Clinical Services Center provides free therapy for children, teens and families. Emergency shelter, transitional living and street outreach for homeless youth. All services are free. Main: 983-0586. 24-hour shelter: 438-0502 or visit www.youthshelters.org

VOLUNTEERS

BIG BROTHERS BIG SISTERS

Volunteers needed to be mentors and friends

to children ages 5 to 18. The time commitment varies and is flexible, but is generally four to eight hours per month, with a one-year commitment. Call Velora, 983-8360; email velora.peacock@bbbs-nnm.org or visit www.bbbsnorthernNM.org for more information on how you can give a child facing adversity the chance to succeed in life.

CASA

Court Appointed Special Advocates advocate for abused and neglected children in Santa Fe, Rio Arriba and Los Alamos counties. No prior experience needed, but application required. Call 820-1500, email info@casafirst.org, or visit www.casafirst.org.

FOSTER AND ADOPTIVE PARENTS

Abused and neglected children in custody need short- or long-term foster care or adoptive homes. Foster parents receive a monthly stipend and financial help with childcare. Foster and adoptive parent training takes place evenings and weekends and is free. New Mexico Children, Youth and Families Department. Call (800) 432-2075.

MANY MOTHERS

Would you enjoy providing friendly mentoring and support to new mothers? Volunteers are needed a few flexible hours per week. Bilingual encouraged but not required. Call 983-5984.

SANTA FE CHILDREN'S MUSEUM

Adult and teen volunteers are needed for two to four hours weekly to help children interact with museum exhibits inside and outside, assist visiting artists and scientists, work in the museum shop and belay on the climbing wall. Staff provides monthly orientation and training sessions for new volunteers. Call 989-8359, ext. 117.

Tumbleweeds is a wonderful resource in our community! I use it all the time when my grandchildren visit, and as soon as our daughter's plane hits the ground, she wants us to have *Tumbleweeds* by her bedside so she can plan what they are going to do while they're here!

— A Santa Fe Grandma

Adopt-a-Pet Fridays

with the Santa Fe Animal Shelter and Humane Society

The **BIG** Show
with Honey Harris



Photo By: Ben Swan



Tune in every other Friday to learn about the Santa Fe Humane Society's upcoming events & meet some adoptable furry friends!

Streaming Live



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By Appointment

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Aryan Caire, MD
Kristine Parke, MD

Natasha Lujan, MD
Christiane Sanburn, MD

Urgent Care Hours (Effective November 18th)

Walk-In Service (No Appointments)

**Monday – Friday 9:00 am – 7:00 pm
and Saturday 9:00 am – 4:00pm**

Marci J Crawford, CFNP

J. Lynn Morrow, PA

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