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AGES 6 to 12

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Gwendolyn Shettlar, age 7, print

Favorite and Least

When my son Ariel was in preschool we had a bedtime ritual called Favorite and Least.

Bedtime was an elaborate affair back then (particularly when it was my night; I was a softer touch than Charles on the matter of lights out). Ariel would arrange and rearrange his stuffed animals at the head of his bed, giving prime placement to the current favorites, before sliding himself under the covers in the small space he had left for himself. I'd sit on the edge of the bed beside the menagerie and read a story, maybe sing a little song, and then I'd ask: "What was your favorite part of the day?"

Our little boy would scrunch his nose and look off for a few seconds until a memory jumped out. These were simple moments, because he was a small child, and that is the nature of special times. It might have been building a fort with Lincoln Logs, or playing with his cat Rex or his friend Jeffrey, or eating French fries with me at the old Woolworth's downtown.

"And what was your *least* favorite?" I'd ask, to which he'd reply, as if he hadn't asked this many times before, "What does 'least' mean?" This, too, was part of the ritual. He knew that the more we talked, the longer it

would be until I turned out the light and left his room.

Stretching out bedtime was, no doubt, Ariel's favorite part of Favorite and Least. For me it was about taking a pause at the end of the day to note the moments we particularly appreciated, and those we wished had gone differently. I suppose it was a subtle form of bedtime prayer.

Eventually our bedtime ritual fell by the wayside. Before long Ariel was reading *Goosebumps* to himself before bed, and then Brian Jacques' *Redwall* series, before he fell asleep. The journey to sleep no longer required a lengthy side-by-side trek.

I hadn't thought about Favorite and Least for years until early in the summer when Jone Hallmark suggested homemade books as her Kids' Page project for this issue. She proposed calling these "smile books," with instructions for a child tell his parent something that made him smile that day, which the parent would then write in the book. (We decided to keep the focus of the book open-ended, for you to use as you wish, but her idea roused a few old memories.)

Continued on page 6

Tumbleweeds

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Tumbleweeds is a quarterly newspaper for all Santa Fe families and people who work professionally with children.

We welcome letters, artwork and articles from our readers on personal and professional experiences with children.

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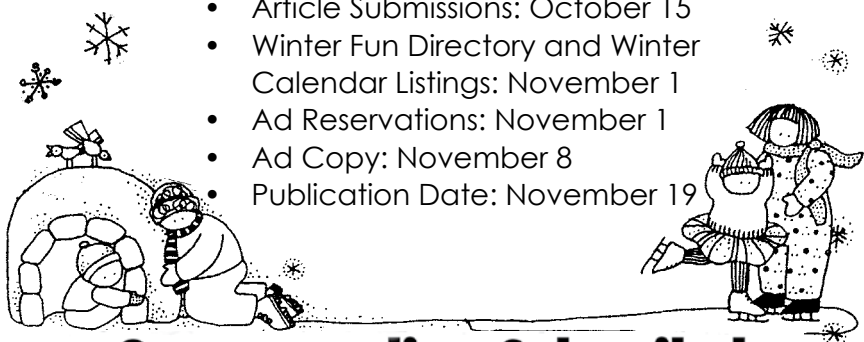
ON THE COVER: Noah Spencer Sarkissian, age 12, attends the Academy for Technology and Classics. He likes to bike and run, and he hopes to be either a business attorney or an entertainment attorney. Megan Rachel Sarkissian, age 10, attends the Santa Fe School for the Arts and Sciences. Megan likes to write original songs, sing and dance. She loves the stage. Photo © Ana June.

ARTWORK IN THIS ISSUE is from Make Orange Studio-School, a new program directed by Gina Gatto, MA Ed.

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Winter 2013-2014 Deadlines

- Article Submissions: October 15
- Winter Fun Directory and Winter Calendar Listings: November 1
- Ad Reservations: November 1
- Ad Copy: November 8
- Publication Date: November 19



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Ariel is 24 now, in grad school down in Albuquerque. I asked him recently if he remembered Favorite and Least.

"No, I don't remember that particular game" — as he called it — "but I vividly remember the game of trying to keep you from leaving the room. I even have a mental picture of it. I was in my old bedroom, in my old bed with like 20 million stuffed animals around me, seeing you in the doorway about to turn off the light and trying to think of ways to keep you from leaving the room."

I laughed, remembering some of his delay tactics. One of his most effective was saying in a plaintive voice, "I'm worried about 'ever.'" This was his version of the word "forever," a word he had heard in the context of the afterlife, and the concept scared him. No matter how much fun he might experience in the Hereafter, the thought of doing it forever gave him the whim-whams.

"Plus you knew it was a good Mommy-hook," I chided him, "because you knew I wasn't the type of mom to say 'Look kid, we're all gonna die. Go to sleep!'"

He laughed. "I guess Favorite and Least was a little like a prayer," he said, "because it was a way of saying 'thanks,' and 'it was worth it.'" Putting a little spotlight on our best parts of

the day makes the hard or boring parts seem valuable, too, he explained.

Articles in this issue will no doubt invite you to be more attuned to your own Favorites and Leasts. Victor La Cerva, co-founder of the New Mexico Men's Wellness movement, invites dads to direct their awareness and make deliberate commitments to their children (His article, "The Journey to Conscious Fathering," page 24, elicited the most discussion among *Tumbleweeds*' editorial team, particularly about whether his suggestions really are unique to fathers. My personal opinion is that they are not irrelevant to moms, but they have a special resonance for dads — not only because our relationships to our children are indeed different, but also because the parenting conversation is still framed largely by women for other women. I am glad to provide room here in *Tumbleweeds* to expand the conversation.)

If you walk or ride bikes to school with your children tomorrow (see Anna Philpot's article "Fancy Footwork," page 12, about Eldorado Elementary School's "Walking School Bus"), I bet you will have material for Favorites.

Eileen Richardson, a new *Tumbleweeds* contributor, draws on her experiences as a step-, adoptive and

biological mom to help other parents facing exceptional challenges ("Building the Team," page 26). Her work as a Family Support Coach focuses on helping parents turn Leasts into Favorites.

Will McDonald's article ("Awakening Wonder," page 14) reminds us all, whether or not we still have school-aged children, of the role we can have in the community's "big project of education."

A few nights ago, I asked Charles before we fell asleep what his Favorite and Least were that day. His Least was cleaning the cat's throw-up off the bedroom floor. He had two Favorites. One was walking home with me that evening in a cool summer rain from dinner at the house of our friends around the corner, taking off his shirt and draping it over my head (then urging me to walk faster because he was freezing!).

The other was watching me at the kitchen table, after we got home, making sculptures with the fingerling potatoes and cherry tomatoes that he brought in from the garden, seeing how many I could balance on top of one another.

Remembering that seemingly forgettable moment of stacking the tomatoes and potatoes made me smile. Picturing him watching me

so attentively and storing it away in memory made me feel loved.

Never in a million years would I have guessed that these were his favorite parts of the day, but that's kind of the point of Favorite and Least. Most days, our best and worst moments aren't life-changers. They're the little points of ordinariness that somehow catch our attention, like butterflies dancing in the air in front of us before they fly off.

A nighttime ritual of noticing and sharing these particularly good and bad moments can be a reassuring point of reference at the end of the day.

And if you feel inclined to write some of yours down and send them to *Tumbleweeds*, you know we'll be interested!



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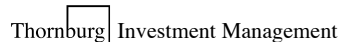
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the moral baby

“Right” and “wrong” may be more instinctual than you think

By Claudette E. Sutton

Photo of Francis Twocrow by Ana June

Are we born with moral values? Does a baby in the first years of life have the means to discern right from wrong, naughty from nice, caring from hurtful?

Psychologists have long assumed that children come into the world as amoral beings. They are born neither good nor bad but rather, ethically speaking, more like lumps of clay to be shaped by external circumstances.

Recent studies from Yale University suggest, however, that in even the first months of life, babies exhibit signs of moral values, long before they can speak or use reason.

In one of these experiments, psychologists performed short puppet shows before 6- to 10-month-old infants, who were sitting comfortably on their par-

ents' laps in a testing room. The puppets (actually three-dimensional, colored geometric shapes) enacted situations in which they would help or hinder one another: a square would try to help a circle up a hill, the triangle would push the circle back down, and so on. The scientists then placed the puppets on a tray within the babies' reach, working on the assumption that what a baby reaches for indicates what he or she wants or likes. What they found is that babies overwhelmingly preferred the “helpers” over the “hinderers.”

More significantly, the babies showed a preference for the puppets that showed they were *aware of the fact that they were helping*. This indicated that even infants have an ability to discern whether helpful behavior is intentional or accidental, a sign that babies are attuned to some of the very factors that adults consider when

determining whether someone displayed good behavior. Adults take intentionality — in contrast to deeds with only coincidentally beneficial effects — to be a demonstration of morality. This led the scientists to conclude that while babies do not have the complex value system of mature adults, they come into life with the “building blocks” of moral judgment.

The new findings fly in the face of conventional theory about how long it takes humans to learn morality. They come as a shock to those who thought they knew the inner life of babies.

Or do they?

A glance through *Tumbleweeds*' back issues show these studies actually reinforce opinions that Santa Feans have articulated for years.

In a Summer 2000 article by Laura Chamberlin-Salazar entitled “Moral Development Begins at Birth,” Elizabeth MacMahon-Herrera, a therapist in the former Nosotros Therapeutic Intervention Program based at Santa Fe Community College, stated that babies are learning morality well before they learn to walk or talk.

“Changing your baby’s diaper not only keeps her dry and clean, but also shows her that you care that she is wet and that you have responded to her need,” said MacMahon-Herrera, adding that these actions are merely the first steps toward insuring that children feel heard and validated. Responding to children’s needs thus is not just a kind thing for a parent to do; it also lays the foundation for a child to learn right from wrong.

A child who receives not only food, shelter and clothing, but also love, attention and a sense of being needed and cherished, is most likely to make wise choices and have a strong moral foundation, MacMahon-Herrera explained.

Prevailing wisdom has long held that children’s ability to distinguish right from wrong develops in tandem with language skills. But as Paul Bloom, a psychologist in the Infant Cognition Center of Yale University, claims in a *New York Times Magazine* article “The Moral Life of Babies,” these conclusions were based on studies hindered by the challenges of determining what happens in a preverbal child’s brain. A baby’s range of scientifically-observable behaviors is limited not only by the fact that the child is unable to speak, but also by the fact that the baby’s range of behaviors is less extensive than a lab animal that can run mazes or peck at levers.

Beginning in the 1980s, however, scientists began observing babies’ eye movement as an indicator of the child’s interest and feelings. “When given a choice between two things to look at, babies usually opt to look at the more pleasing thing,” Bloom states. By measuring “looking time” — how long a baby holds his gaze on a person or thing — scientists get a “rough but reliable proxy for what captures babies’ attention: what babies are surprised by or what babies like.”

His findings indicate that babies are indeed *not* born with a full set of moral values, but that they show responses to kindness and meanness that appear to be innate. Caring, concerned adults and older siblings help babies mature into empathetic, loving adults capable of making wise moral choices.

So how can we use these new, but not-so-new, findings? By heeding suggestions that Santa Fe teachers and counselors have offered for years, and by following instincts you probably already have.

• **Honor your baby’s needs.** You know how your 5-month baby will drop a toy, and you pick it up,

and she giggles and drops it again, and again? You are actually showing your child that you are attuned to her needs, and affirming that she has the power to be seen and heard. A sense of personal power provides a basis for developing empathy and moral judgment, as MacMahon-Herrera explained in the article from the *Tumbleweeds* archive. We show an older baby he is important when we turn off the cell phone when he wants to play peek-a-boo. We show

A child's sense of
personal power
provides a basis for developing
empathy and moral judgment.

a toddler she matters by letting her take our hand and lead us where she wants to go.

• **Give more choices as language develops.** For an older child or teen to be able to handle difficult choices and responsibilities, we need to give them chances to practice when they are very young. Appropriate choices that will help a toddler develop good problem-solving techniques might be, “Do you want Daddy or Mommy to read you a story?” or, “Do you want an apple or a banana for a snack?”

• **Keep expectations age-appropriate.** In our well-meaning attempts to raise moral children, we sometimes have expectations that children, developmentally, are not ready to meet. A 2-year-old may comprehend the meaning of “share,” for instance, but be too young to understand why it is important. Children this age don’t have the empathetic skills to understand why somebody else’s feelings or needs should matter as much as their own — but in time they will.

• **Look for and reinforce signs of empathy.**

MacMahon-Herrera suggested listening for what she called “watershed remarks,” such as “Poor baby,” when your child overhears an infant crying in the grocery store, or “He got an owie,” when he sees another child fall. These indicate a major developmental step: the seeds of empathy. At this point your child can begin to understand you when you say, “Imagine how you would feel if Billy took your toy.”

• **Don’t invalidate “negative” feelings.** When young children’s words or actions go against our adult moral

code, it’s easy to invalidate their feelings and not even know it. If your son says he hates his little sister, resist the urge to shout, “You do NOT hate your sister.” At that moment he very likely does! A better answer might be, “Yes, I know it feels like you hate your sister when she won’t share the blocks, but I am pretty sure that you’ll like her again soon.”

• **Provide opportunities to make better choices.** What do we do when our toddler hits another child or exhibits some other hurtful behavior? When we frame this kind of behavior in terms of a bad *choice* rather than a bad *child*, we give a child the opportunity to make better choices, a process we hope will stay with them throughout their lives. Such framing also provides more incentive for making better choices than a negative label would.

• **Set a good example.** Finally, as both MacMahon-Herrera and Bloom advise, we must practice what we preach. The building blocks of morality may be innate, but the consistent reinforcement of caring adults is essential for these values to develop. Never assume that a child can’t hear or understand you when you make a derogatory remark or do a hurtful deed. Mixed moral messages are painfully confusing at any age.

Studies on human morality will be ongoing, but parents of young children of course want to encourage their children’s moral development today. A key finding in Bloom’s studies is one that parents can take to heart now. Babies lack an adult ability to use reasoning about moral questions, but their gut-level responses to kindness and meanness demonstrate an instinctual response to right and wrong. In that sense, they are not so different from us.

Claudette E. Sutton is *Tumbleweeds*' editor and publisher.

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What should a family expect? • By Judith Nasse

Vivien balked at the door of Little Blossoms

Preschool, refusing to enter. "I want to go to Miss Garcia's, not here."

Her mother, Karen, took the 2½-year-old by the hand and urged, "You liked it here when we came to visit, remember?"

"No, not now!"

Ms. Bea, the head teacher at the preschool, heard the protest and came over and squatted next to Vivien. "Hello, Vivien. I'm glad you came today. Why don't you come and I'll show you your cubby. See, it has a kitten picture on it. Do you like kittens, Vivien?"

"I have my kitty Cuddles at home. She's orange like that one." Vivien touched the picture.

This is Vivien's first day in preschool. Since she was 3 months old, she had been at Miss Garcia's home daycare with only two other young children. The preschool looked big, strange and busy to her, so she was naturally apprehensive. So was Karen, who had depended on Miss Garcia's care while she worked but now needed to put Vivien into preschool, as Miss Garcia wasn't equipped for children over 2.

The daycare had been much like home. The young children's routine depended more on their naps, diapering, potty-training and feeding times than on play or learning, though there had been time for toys, singing and walks in the stroller. Miss Garcia was good at including them in simple tasks like kneading dough when making bread.

The preschool was in a specifically designed classroom in a nearby church

with ample yard space. Instead of three children there were 15, plus three grown-ups and activity centers everywhere. Vivien could see children painting, taking care of the pet rabbit, playing with blocks and cars, cooking in the house corner and cutting apples for snack with one of the teachers. She held Mommy's hands tighter as Ms. Bea led them from the cubby to the rabbit cage. "Would you like to pet Muffin?" Ms. Bea asked.

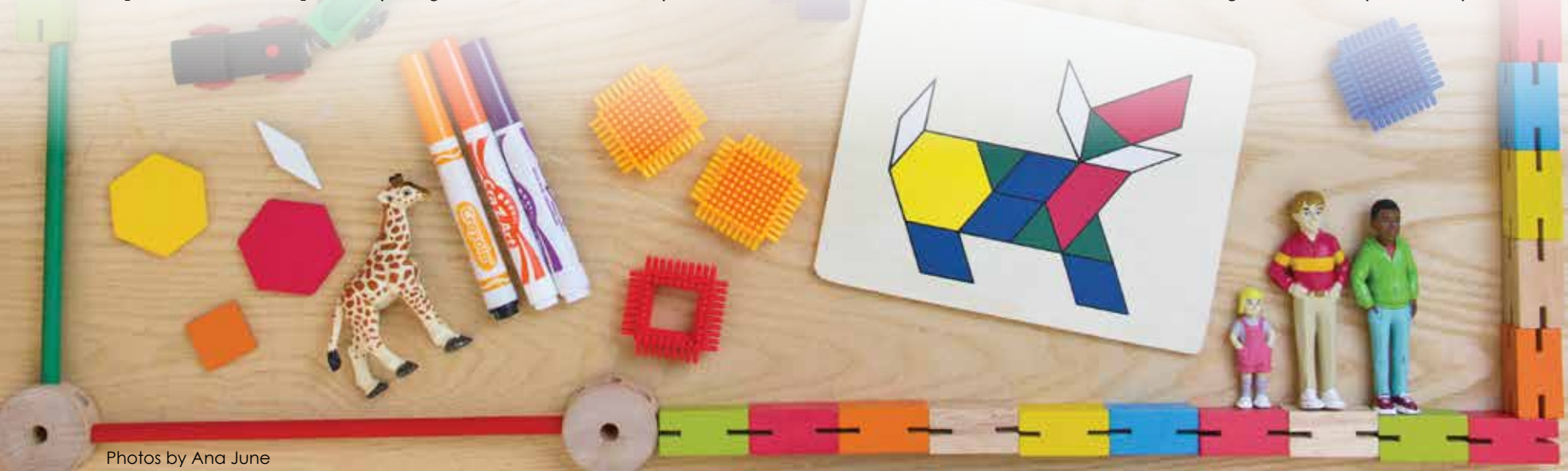
Vivien touched the soft rabbit fur, and Muffin wiggled his nose as her friend Davey put a carrot in front of it. Vivien laughed. Karen and Ms. Bea smiled.

"As we discussed in the interview, this will be different for both of you," Ms. Bea told Karen, "but I guarantee that Vivien will adjust quickly since she and Davey came from Miss Garcia's together. Each day we will have a different planned activity such as painting, gardening, clay, cooking and other seasonal activities. We will post a list of activities for each week on the bulletin board, and any work she has made will be put in her cubby for you to take home. Please ask if you want to know more." Karen felt more relaxed, which helped Vivien begin to relax.

Grace, Davey's mother, came up to join them on the little chairs as Davey and Vivien ventured a few feet away where an enticing train set was assembled on the table, ready for the children as they walked in.

"Karen, don't worry," Grace said. "I know Viv is your first, but seeing Olivia adjust to first grade made it easier for me to put Davey here. Let's go have a coffee and we can talk all about it."

Vivien let Karen leave without more than a hug and a "Goodbye, Mommy."



Photos by Ana June

Preschool, with all the activity centers and more of a routine, can be daunting after daycare, yet the routine helps the little ones know what is happening next. Regular routine is a comfort to children. They anticipate it and can get upset if “story isn’t now before lunch.” Kindergarten, and then first grade with all the desks and tables in a row and books to learn to read, is much more formal. Each level of a child’s schooling takes adjustment and getting used to on the part of both parents and children.

The wonderful thing about preschool is its informality, yet much is happening beneath the surface. The children are learning through play, by exploring different materials, people and nature, not to mention the language expansion they gain through these interactions. It is a time when they are socializing and learning about a larger, yet still comfortable, world outside of their home or daycare.

They still get to sit on laps and receive individual hugs. They not only will get Band-Aids and hugs for boo-boos but also are encouraged to put on their own Band-Aids and help with their friends’ hurts. Preschools often have play-doctor kits or units to learn about caring for oneself. Preschoolers learn a little more independence within a warm, safe environment.

What about the 3 R’s? Many parents are anxious that their children learn the basic skills as soon as possible. Preschools provide *pre-reading*, *pre-writing* and *pre-math*. Again, it is not the formal learning of elementary school. Children count things like the pumpkins in the garden. They use pencils and paper to draw freely, which tunes their fine motor skills. They learn names for things. Every day the teachers read books and recite nursery rhymes,

songs and finger plays that promote language development. When the children are older they name their drawings, and teachers write the titles for them. By the time they are 5, most of them can read and write their names and “read” the labels written on things around the room, such as Muffin’s name on his cage in Ms. Bea’s classroom.

What if your child doesn’t seem to like her preschool and doesn’t settle in? Or, what if you don’t feel confident it is working? How will you know? Children will usually act it out in some way: They may cry and balk at having to go to school, withdraw, have tantrums or wet the bed. Just look at each thing, if it happens, and see if you can rule out any other causes like the onset of a cold, the arrival of a new baby, a recent move or some crisis in the family or neighborhood. If you feel uncomfortable, first ask the teacher about what it is that you feel uncomfortable about and see if you can work it out. If that doesn’t work, make sure you have a back-up school just in case, with your name on the waiting list. That way, you will avoid a last-minute crisis and the stress for you and your child of having to scramble for an alternative. A good test is to check in now and again to see how happy your child is, how much of the learning she brings home, how comfortable you feel at drop-off and pick-up, and whether you can chat easily with the teacher about any concerns.

Most of all enjoy, these preschool years and the delight on the face of your child as he discovers new things daily. May this coming school year be the best you and your preschooler have had yet.

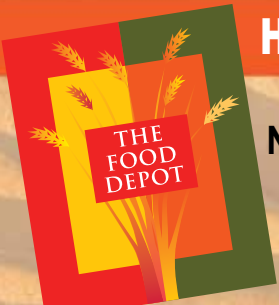
Judith Nasse is an early childhood educator, writer and artist in Taos.




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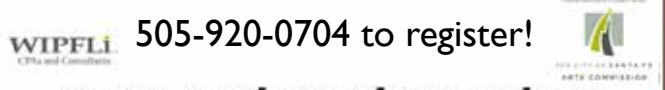
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Fancy Footwork

Creating a Walking School Bus

By Anna Philpot

Horns honked and neighbors waved as about

40 students, chattering and laughing, strolled across the crosswalk toward Eldorado Community School. It was April 17, the first day of the school's Walking School Bus (WSB) program. By the time the pilot program ended five weeks later, over 60 children had participated, and families were asking to increase the number of days offered.

Eldorado, like so many schools across the country, struggles to ensure that its children get enough physical activity throughout the school day. The walk-to-school initiative was spearheaded by Mike Schneider, an environmental scientist for the New Mexico Environment Department's Air Quality Bureau. Schneider enjoys biking, swimming and running in his free time. He won the New Mexico Open Water Triathlon series in 2012 and is a vocal proponent of youth fitness and sports.

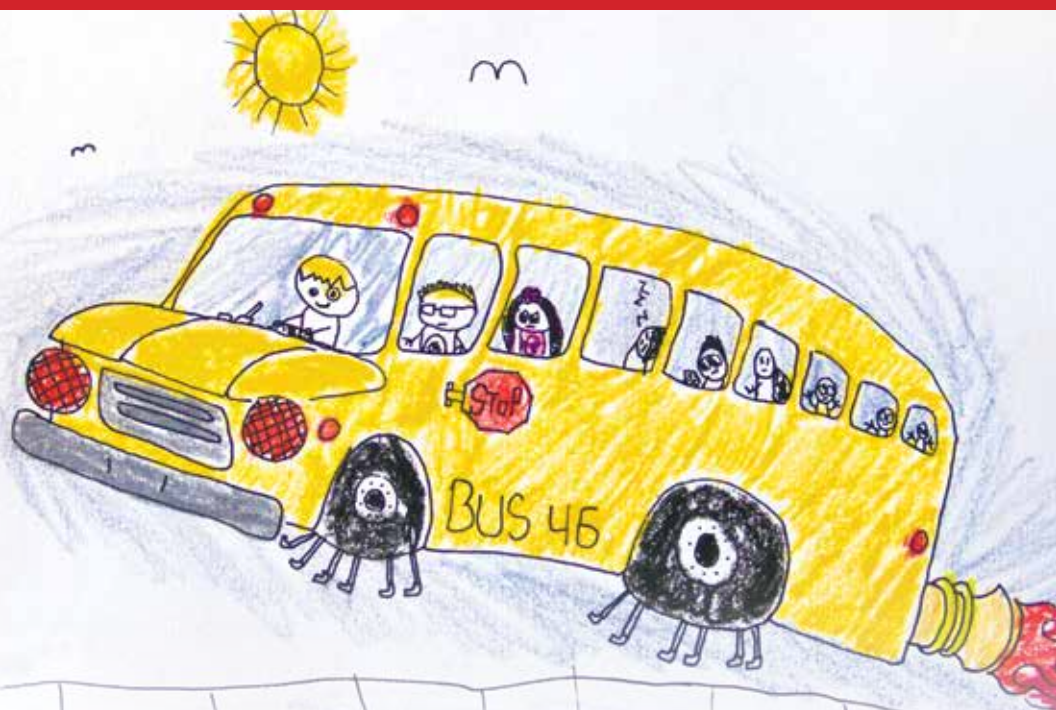
"The WSB program provides an opportunity for kids to have fun, get exercise and see some cool things along the way," Schneider says. "Walking promotes clarity of thought and creativity, which should help the kids once they arrive in the classroom. The alternative, in many cases, is that children view the world through the front windshield of a car while commuting to and from school, which is generally not too stimulating, and [driving] adds to school traffic congestion, air pollution and carbon footprint — all of which don't advance our society."

The mechanics of a Walking School Bus are simple. Parents drop off their children at preselected locations within a mile of school, and from there the children walk the final distance to school supervised by one or more adults. Children arrive at class invigorated by the morning exercise, and traffic congestion at the school is reduced.

This idea of "active commuting" becomes even more important as schools cut back on physical education time and budgets. Only 13 percent of children currently walk to school, a drop from the 42 percent that walked or biked to school in the 1970s. While many schools are cutting or shortening recess, and fewer children are walking or biking to school, childhood obesity rates are soaring: In 2010, more than a third of American children and adolescents were overweight or obese according to the Center for Disease Control and Prevention (CDC).

One remedy for the rising epidemic — one that Mom-in-Chief Michelle Obama endorsed in July as part of her Let's Move! Campaign to get kids more active — is a Walking School Bus.

Schneider modeled Eldorado's Walking School Bus after a program in Columbia, Missouri, where a mother decided to combine her need to get her kids to school with the family's need to exercise. Her idea was based on Australian innovator David Engwicht's concepts for reducing our dependence on motor vehicles. Since then, Walking School Buses have sprouted up across the United States, as children from



Walking Bus by Graysen and Chris Riedel

kindergarten to high school walk together to school at least one day a week.

Schneider and the Eldorado WSB Committee decided to pilot three locations, all within a mile of the school at easy drop-off locations. The committee walked the paths first, to ensure children's safety and to time the walk. Once routes were established, children were asked to meet there on Wednesday mornings, 15 to 20 minutes before the school's 7:55 a.m. start-time. Principal Anne Darnton made a point of being at the crosswalk each Wednesday, exchanging hellos with the students, whose steps were peppy and alert.

Some parents worried about getting their kids out the door early enough to participate, but as Kate Smith, mother of second-grader Greta, discovered, her daughter was more than willing to get up and get ready on Wednesdays. "She loves doing this walk," Kate says.

Genevieve Hofman, mother of second-grader Arthur Williams, and one of the walk leaders, notes the Walking School Bus "helps ease traffic congestion at the school and gets the kids' bodies and minds warmed up before they get to class."

In a survey that the WSB Committee asked parents to fill out at the end of the program, nearly 30 families said they would continue the program next year. Among the parents' reasons was that their children were not only moving more, they were sharing the joys of the outdoors with their schoolmates and building a sense of community.

The survey findings affirmed results of a recent study by Children's Nutrition Research Center at Baylor College of Medicine in Houston, where researchers found children who participate in Walking School Buses were twice as likely to carry over their interest into other active pursuits.

Like any new program, a Walking School Bus requires some careful preparation. Basic safety requirements, like proper sidewalks and enough parental supervision, are essential. The CDC recommends at least one adult for every six children between the ages of 7 and 10, and at least one adult for every three children ages 4 to 6.

Eldorado's WSB committee found that most children, even kindergarteners, can walk a mile; the key is ensuring enough time to get the students to their classes prior to the morning bell. Setting a firm schedule helps parents and students establish the routine.

Schneider hopes parents will take the steps necessary for their children to walk or bike to school. As he notes, "My hope is their participation goes beyond the mere act of walking by being leaders and taking responsibility individually and collectively for the betterment of themselves and the community."

Anna Philpot is a mother of three children and a member of Eldorado Community School's Walking School Bus committee. She writes frequently for Tumbleweeds.

LET'S MOVE SAFELY!

Currently fewer children walk or bike to school than ever before, while diabetes, obesity and other health concerns related to a sedentary lifestyle are on the rise. Initiating a Walking School Bus is a creative and fun way to help kids get out and moving.

The National Center for Safe Routes to School offers a few common-sense tips for starting your own informal Walking School Bus:

- Start small.
- Invite families who live nearby to participate.
- Pick a starting location about a mile from school and pre-test your route for safety and travel time.
- Decide when and how often you'll walk.

When picking a route, they suggest considering:

- Is there room to walk safely? Are there sidewalks and paths? Is there too much traffic?
- Is it easy to cross the street?

- Do drivers behave well on your route?
- Does the environment feel safe? Are there loose dogs? Is there criminal activity?

For more logistical considerations and resources, and to register your group, go to www.walkingschoolbus.org.

A good day to kick off your Walking School Bus is International Walk to School Day, October 9. Inspired by the United Kingdom's walk-to-school programs, the Partnership for a Walkable America initiated the first National Walk Our Children to School Day in Chicago in 1997. The U.S. has been celebrating the event ever since. By last year, more than 40 countries had participated.

Visit the website www.walkbiketoschool.org for great tips on customizing a walk or bike to school program, ensuring children's safety, involving the community, registering your activity and increasing participation.

Share pictures of your Walking School Bus on *Tumbleweeds'* Facebook page!

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As part of their service learning project, the sixth grade weeds the onion rows they planted at Santa Fe Community Farm.



Rosemary with her dog, the inspiration for the McDuff character.



Since 2011, Kirstin Mitchell's 2nd grade has knitted and donated hats and scarves to Santa Fe's homeless through the Interfaith Center.

7th Grade Options Night

Thursday, October 10, 6-8pm

Determine your child's next best step for middle school through panel discussions and booth-side conversations with secondary school administrators and students. Featuring more than a dozen Santa Fe middle schools.

Rosemary Wells Presents "Booking Up Our Kids"

Friday, October 18, 4pm

Meet children's book author and illustrator of the Max and Ruby books, Rosemary Wells! Book sales through Bee Hive. Book signing to follow. Bring the kids!



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Thursday, November 7, 8:30-10:30pm

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AGE 3 – GRADE 6

Awakening Wonder

Joining in the big project of education • By Will McDonald

As school starts again, I consider how I want to

be involved in my son's education. Now at 13, he tells me not to show up at school — it's too embarrassing. Just a few years back he was hanging on my legs, a kindergartner who didn't want his father to leave. That evolved into a game with his friends joining, creating a scrum at my feet and plenty of laughs. Those kids around my ankles helped me understand that school was not just a place where I left my kid each day. School is a place where I could be a part of a very big project. Since that time I have looked for ways to be constructively involved.

I've encountered appreciative teachers and principals at school, and I've had lots of fun with kids. All through my son's elementary school years I spent time in the classroom, on the playground and on the stage. Most times I felt welcomed. Sometimes I wasn't up to the challenge, blowing out a hamstring in a kickball game or watching a group of kids entrusted to me spin out of control. I learned how good my son's teachers really were as I watched them gently manage the bubbling energy of a classroom. I learned I could make a difference

helping a kid learn fractions or understand that writing a poem is as simple (or as hard) as just paying attention to an everyday object you hold in your hand.

A basic tenet of our culture is that all children should be educated. Doing that is a big project. Enlightenment thinkers knew that education was the key to an enlightened society. We also know every child is different. How in the world do we educate them all fairly and adequately? Too often the limits of economics come up against our ideal of excellent universal education; the result is lowering the bar, giving up on the kids who don't fit in, and relying on the dedication of teachers to make up for the lack of funding.

While I could voice a hundred opinions, I don't know how best to educate the huge, diverse world of curious young human beings. But I am certain that if more of us were directly contributing to the functioning of our schools, those schools would be more likely to serve the highest goals of education.

Education is everyone's business. Parents are educators from the start, show-

ing our children the world we live in and how to live in it happily and safely. It can be difficult to put our children in the hands of professionals who will take the lead in the educational process, but a parent's educational job has to evolve as our kids grow.

Look around and you see that successful educational systems are ones where parents work hard to support what teachers are doing at school, by helping their children with homework and supporting the projects and activities at school. For those without children in school, there are still opportunities to contribute to the big project of education. (See the box on the next page for

ideas.) Where there is a culture of passion for education, education flourishes.

We need well-funded schools and great teachers. We need inspired administrators and savvy accountants. The professionals need our support, guidance and input. They need our help in whatever ways we can provide. We can help in the office, help teachers make copies or organize art supplies, help a child with reading, help out in class with math or science. Kids benefit from having a variety of adults around

with different styles and strengths. We want our kids to be appreciated for the special individuals they are, and there is a greater chance for that to happen with a diversity of people involved in their education.

Each school has its own character, style and educational approach. The busy, focused activity at a school, particularly at the beginning of the school day, can seem uninviting or even forbidding for parents. As parents, we always need to be respectful about how we offer our assistance. While most teachers welcome help, some do indeed prefer to work on their own. But every school needs parents to be involved, and you can find a way to do this. Sometimes working through parent organizations is a way to get to know the teachers and administrators. Once you are in the world of the school, the opportunities to contribute become apparent.

Now in his rebellious teen years, my son asks what the point of education is. After all, it's clear to him he has a future as a mega-rock-star, with all the

Where there is a culture
of passion for education,
education flourishes.

wealth and glory a person could ever want. (Evidence supporting this is 146 views of his most recent YouTube video.) Why the heck does he need to know algebra or history? "You and Mom love books, but I don't," he says with some pride. He doesn't yet have the ears to hear that education will make him more able to understand, embrace and explore the world, that education is a foundation for a good life.

Sometimes, looking around Santa Fe and beyond to the larger Land of Enchantment, I see a disdain and disregard for education. In my less-hopeful moments I feel like I'm living in a backwater, a closed and backward world labeled with a state ranking of 48, 49 or 50. I'm sitting in the back row of the national class with Mississippi, Idaho and South Dakota throwing spit wads at nerdy Minnesota, Massachusetts and Oregon.

Hope rises when I hear of the Santa Fe School Board planning to sue the state for failing to live up to its constitutional mandate to fund education adequately. Hope rises when I see teachers sitting face to face with difficult children and finding a way to connect. Hope rises when my son comes home quoting Shakespeare.

I want to live in a world where everyone around me loves education. Learning isn't about knowing more than someone else; it's about being able to participate in the creation of our world as it is created in each moment. Being educated means being a part of the conversation, solving problems and enjoying the present moment in history with some sense of how that moment fits into the big picture of history. I want this for my son and his peers.

I want to live in a world where everyone participates in the lives of children and benefits from their



Aiden Keary, age 5, oil pastels

gifts. Children are a source of constant amazement. Their innocence and ignorance of the world, their constant fresh encounters with reality, awaken that deeply human sense of wonder.

Joseph Campbell, who spoke so eloquently of understanding ancient myth as a way to illuminate modern life, said that when we experience wonder we see the face of God. Without the clouds of disenchantment most adults feel, children are more

susceptible to the sense of wonder.

One of the joys of being with kids is the way that sense of wonder rubs off on us. Being a little part of the big education project can be like that.

Will McDonald has practiced architectural design since moving to Santa Fe 24 years ago. Enjoying music, dance, children and his community are among his favorite pastimes.

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Bettina Broyles, age 11, ink on paper

Engage in “The Big Project”: Volunteer!

In School

There are innumerable ways to offer help at school. Classroom volunteers improve student-to-adult ratios, strengthen school communities and accelerate children’s learning. Your school’s Parent/Teacher Committee (PTC) has numerous committees that need volunteers. Some schools welcome help on the playground or in the cafeteria. The main thing to remember, especially if you feel you don’t have enough time or energy for volunteering, is that a little goes a long way; committing to reading a book in the library or your child’s classroom once a week or even once a month can make a difference. Remember to make commitments that feel sustainable. Pick up a volunteer packet at the Santa Fe Public Schools’ central office, 610 Alta Vista Street, or at www.sfps.info, under “Community.” The SFPS volunteer coordinator, LeeAnn Archuleta, can be reached at 467-2059 or levigil@sfps.info.

• **Helping One Student to Succeed (HOSTS):** This reading mentorship program at César Chávez Community School provides one-on-one reading support to about 100 students in grades 2 through 5. Literacy volunteers are paired with students recommended into the program by their teachers. Together, the students and volunteers use structured lesson plans specific to the child’s needs. No preparation or training is necessary for

volunteering. All you have to do is come! Contact Debby Maas at 995-3390 or dmaas@sfps.info.

• **SFPS Adelante:** This program serves Santa Fe’s children, teens and families who are experiencing homelessness. Volunteers are needed at Adelante’s weekly “Juntos Project,” which provides a free dinner, donations of books and clothing, parent education and art activities for children. Volunteers also help obtain food from the Food Depot and bag the groceries at the Adelante office for distribution to families at the Juntos evenings. These are just some of many volunteer opportunities. Contact Gaile Herling, program coordinator, at 467-2571, 490-1970 or gherling@sfps.info, or visit www.adelantesantafe.org.

In the Community

• **Santa Fe Animal Shelter & Humane Society:** The chance to work with animals is an experience that children love and one that never fails to teach. Parents and school-aged children can volunteer together by walking dogs, playing with cats or greeting visitors at the front desk. At home, you can volunteer to be a foster parent for puppies or kittens. Download volunteer and foster-parent applications at www.sfhumanesociety.org. Contact Katherine Rodriguez, volunteer supervisor, at 983-4309 ext. 128 or volunteer@sfhumanesociety.org.

• **Santa Fe Children’s Museum:** You probably already know this museum’s commitment to making learning fun and engaging. Volunteer teens and adults help make all their dynamic programs possible. Youth volunteers need to be at least 14 years old. Find details and a volunteer application at www.santafechildrensmuseum.org under “Support,” call India Nixon at 989-8359 ext. 109, or email inixon@santafechildrensmuseum.org.

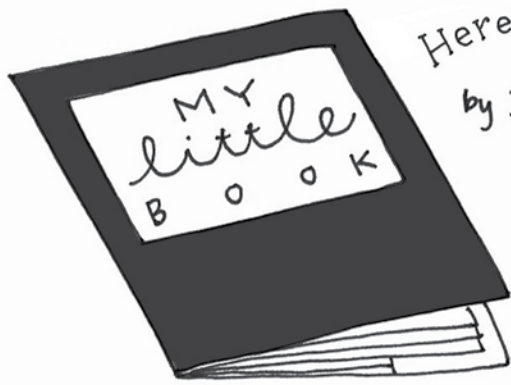
• **The Food Depot:** Northern New Mexico’s food bank provides food to organizations serving ten of thousands of hungry people, including children, seniors and working families. Volunteers help stock shelves, sort and repackage foods, and bag items for distribution. The Depot has just begun a new program called Little Ones Volunteer Experience (LOVE), which provides age-appropriate, child-friendly volunteer projects. For more information call Viola Lujan, volunteer supervisor, at 471-1633 ext. 11, or email vlujan@thefooddepot.org, or visit www.thefooddepot.org.

And More

There are many, many more volunteer opportunities in Santa Fe and northern New Mexico. You’ll find a comprehensive list with details about responsibilities, time commitments and expected qualifications on the Santa Fe Community College’s website: sfcc.edu/volunteering/volunteer_agencies.

— *Compiled by Nina Bunker Ruiz*

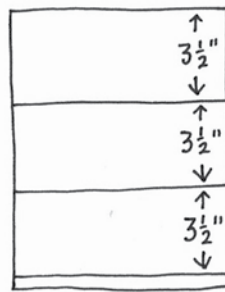
Kids' Page



Here's a fun & easy book to make!
by Jone Hallmark

You WILL NEED:

- 1 (or 2) pieces of plain 8½ x 11 paper - any color -
- 1 piece of cardstock 8½ x 11
- pencil · ruler · scissors · glue stick
- needle · thread (any kind you have)

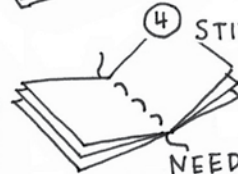


① MEASURE AND MARK THE PLAIN PAPER(S) AT 3½ INCHES (½" EXTRA AT THE BOTTOM)

② CUT ON THE LINES



③ FOLD THE PAPER STRIPS IN HALF DOWN THE MIDDLE



④ STITCH THROUGH THE PAPERS IN THE CENTER FOLD WITH NEEDLE AND THREAD



start and end in the back to tie your knot

⑤ SLIP THE FIRST AND LAST PAGES INTO THE POCKETS ON THE COVER



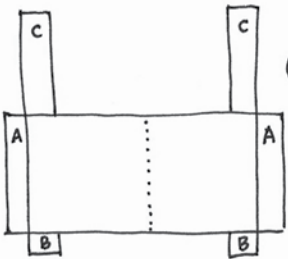
YOU CAN DRAW PICTURES, WRITE STORIES, FILL WITH STICKERS DECORATE THE COVER

YOU CAN KEEP YOUR BOOK...OR GIVE IT TO A FRIEND...

① FOLD YOUR CARDSTOCK IN HALF

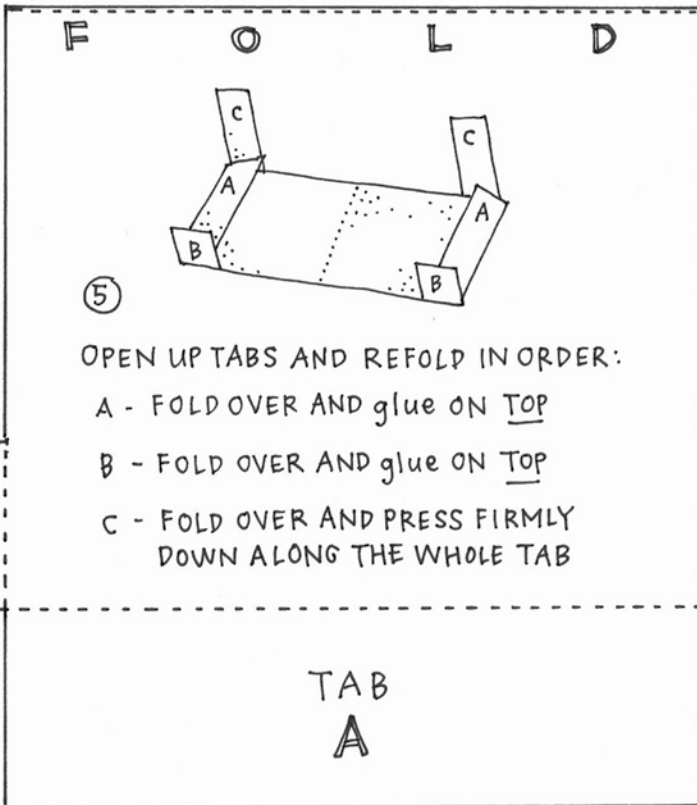
② PLACE THE FOLD EDGE ON THE FOLD OF THE PAPER AND CUT IT OUT

THIS WILL BE YOUR COVER



③ OPEN IT UP

THIS IS YOUR TEMPLATE . CUT IT OUT TO USE IT



⑤

OPEN UP TABS AND REFOLD IN ORDER:

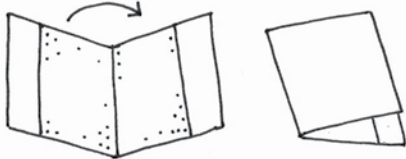
A - FOLD OVER AND glue ON TOP

B - FOLD OVER AND glue ON TOP

C - FOLD OVER AND PRESS FIRMLY DOWN ALONG THE WHOLE TAB

TAB C ④ FOLD OVER EACH TAB - A, B, C ON BOTH ENDS

⑥ FOLD COVER IN HALF



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Not “Just Kidding!”

Teasing, gossiping and spreading rumors are bullying, too

By Carol Ann Short

When girls are mean to one another, you may

not see anything. The cliques, eye-rolling, taunting and gossip may not be as obvious as a physical fight, but they still hurt. This behavior may not come to blows, but it's still bullying.

With incidents of bullying reaching almost epidemic proportions and in some cases ending in tragedy, the Girl Scouts of the New Mexico Trails recently launched an innovative anti-bullying program for middle school girls called BFF: Be a Friend First. This program helps girls recognize and intervene in bullying situations and learn how to lead positive change in their schools and communities.

Studies show that bullying behavior peaks in middle school, a period of transition and adjustment when children's need for social acceptance is high, making this a crucial time to teach them how to recognize and prevent bullying.

Few bully-prevention programs are geared specifically to girls. Why does this matter? Girl bullying is different from boy bullying. Boys often bully one another with aggressive behaviors that result in bruises, black eyes or bloody noses. Girls are more likely to bully subtly through relational aggression, which can include gossiping, teasing, deliberately excluding others, spreading rumors or betraying trust. The hidden culture of relational aggression has flown under the radar, because it's harder for adults to recognize.

The Girl Scouts created BFF: Be a Friend First to address socially-aggressive behaviors specific to girls. BFF activities include role-playing, creative writing and discussion exercises in which girls explore issues such as peer pressure, stereotyping, gossip and cliques. Trained facilitators give girls the time and safe space to practice responses to bullying situations. Girls learn to develop self-confidence and stand up for what they believe. They practice ways to intervene if they witness cruel or hurtful behavior among their peers.

This summer, girls at Rancho del Chaparral, a Girl Scout Camp in the Jemez Mountains, took part in a Be a Friend First program. Three girls participated, with a counselor facilitating the activities and discussion. The week was designed to make the girls aware of their friendships and conflicts, how they choose their best friends, how they express their feelings and anger, and how to communicate more effectively. Each day they created a skit that reflected what they had learned that day and performed it for other campers.

The girls learned about “Queen Bees” and “Wannabees.” The Queen Bee is the leader of the group, like Regina George in the movie “Mean Girls.” The Wannabees are the girls who try to win her approval. Some of the other roles include Targets, Bystanders, Sidekicks, Floaters and Bankers.

“I learned that I am making mistakes when I choose friends,” one girl said. “I'm in a pretty bad situation with a group of girls at school. Now I know to make better decisions when choosing who I hang out with.”



Participants in BFF learn to be a friend to themselves and others. Courtesy photos

“I always had a hard time standing up for myself when someone started bullying or teasing me,” another said. “When I go back to school, I know how to stand up for myself now. And I know how to stand up for others.”

Another participant added, “I feel bad because I said things to others that were mean. I didn't mean to be mean, but I was. Now I know to stop and think about what I am saying before I say it, because words can really hurt!”

As an observer, I enjoyed watching the girls sit around and joke with each other while sharing what they had learned. Talking about bullying and our own behaviors is hard, and these girls worked through it with humor — but non-threatening humor. Not once did they maliciously tease; instead, they

complimented each other.

The other counselors at camp who were not directly involved with this group noticed the growth in the girls. One counselor shared how impressed she was to see the change in dynamics among the girls who participated and passed on her gratitude that the camp provided opportunities for girls to gain such valuable life skills.

In some BFF groups, girls create and lead projects in their community to tackle bullying issues. For example, girls may create posters for their school to teach students about bullying and urge them to engage in positive behaviors.

One of their posters uses the phrase "Just kidding — Just hurts." The girls in this BFF program shared that often they or their friends would say something mean, and then follow up with "just kidding" as if this would make it okay. Now they realize that this teasing *does* hurt after all. Their poster was a reminder to themselves and others.

Girl Scouts of New Mexico Trails is partnering with schools and community-based organizations that serve youth to deliver solutions to this bullying problem. BFF can be customized to meet a group's needs. Organizations, schools, families and communities will be more successful in addressing relational aggression if they work together.

Let's make a commitment as a community to encourage healthy relationships among our girls. If you would like to bring BFF to your middle school or community program, contact Girl Scout staff and let them know. Email Vanessa Wheeler (VWheeler@GS-NMTrails.org), or call 983-6339. Girls do not have to be Girl Scout members to participate.

Carol Ann Short is the communications and public relations manager for Girl Scouts of New Mexico Trails, Inc.

Activity: "Masking Feelings"

Here is a Be a Friend First activity you can try in your home, classroom or after-school program. In this project, everyone compares their "outer" selves with their "inner" selves through creative expression.

1) Create a mask: Cut out an oversized face shape from poster board, with eyes and mouth cut out if you wish. (If you have more time, create a mask out of paper mâché.)

2) Decorate your mask:

- Draw, write or glue items on the outside of your mask to reflect how you feel other people see, believe or feel about you.
- Decorate the inside of your mask with words, drawings or collage to reflect how you see and feel about yourself.

3) Share your mask: When you finish decorating your mask, share each side of your mask with the group and explain what each side of your mask represents.


4) Reflect and discuss: What surprised you about how others saw themselves? What surprised you about how they think others view them? What surprised you about your own mask?



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Atomic Pickles

Have a Blast at the White House

By Catherine Rousculp

A little over a week before my science and robotics team, The Atomic Flying Pickles, was scheduled to bring our project to the *FIRST* LEGO League (FLL) World Championships in St. Louis, the Girl Scout council office called us. Two team members had been asked to represent our state championship FLL team's project at the White House Science Fair, and we would have to go the day before we were scheduled to go to St. Louis.

Our team had been working on an evaporative cooling headband as part of a "Senior Solutions" project, to help high school seniors with insomnia. The headband we tested is filled with a gel that soaks up water and stays hydrated for hours. The headband uses evaporative cooling, which may bring down the temperature of the frontal cortex to reduce racing thoughts that can keep seniors awake at night.

Our coach Susannah Rousculp (also known as my mom), changed the flights for herself and me and my teammate, Summer, and had us pack for extra days — including more formal clothes, because our team uniform is a purple tie-dyed t-shirt emblazoned with "The Atomic Flying Pickles" and we knew we would need

to wear something nicer at the White House. Friends in D.C. took us on a quick driving tour the night before we went to the White House.

After my first-ever ride in a taxi, we went through White House security. The guards were all very nice and said they were disappointed that we didn't bring any Girl Scout cookies. We were taken to the State Dining Room, where tables lined the walls. Big, bright lights were set up, and a camera sat in the corner. Other rooms didn't have the lighting and cameras, so we knew they were going to be filming us. After getting our table arranged, we were able to walk around and meet the other students. The White House was all very formal. There were big portraits of previous presidents, ornate furniture, and curtains going all the way from the high ceilings to the floor. The curtain swags were imitated along the top of the walls all around the room. Knowing we were in the White House made everything a little intimidating.

After a few hours there, and a picnic lunch on the lawn with the other students, we started to feel more comfortable. After lunch, most of the people in the room were ushered out into the East Room, where the press conference would be held. Only the students and White House staff were there. When the two tall double doors opened again, it was so scary, because in came a huge group of photographers. A couple of times the doors would open, and it wasn't the president, which made the anticipation even worse.

Finally the doors opened, and in came President Obama. He said, "Hi, guys!" to the students. We could hear all of the cameras clicking. Summer and I



The Atomic Flying Pickles *First* Lego League team created award-winning projects out of Legos. Courtesy photos.

looked at each other; we couldn't believe we were about to meet the president! After talking to the first students, he came over to us. I don't even remember what he said, but we introduced ourselves and shook his hand. Summer explained the robot and the FLL competition, and I explained our research project. He seemed interested in our project and told us he thought we should patent it. After he walked to the next table, we were relieved that it had gone well and thrilled that we had just met the president.

When he had met all of the students in the room, we all went to the press conference. Then the "VIPs" came through to see the science fair exhibits. Sally Jewell, the Secretary of the Interior, was friendly and wanted to hear all about our project. We didn't leave the White House until late in the afternoon. We were exhausted.

When we returned home, our whole elementary school was excited to hear about our adventure meeting the president, and they asked lots of questions. Yes, he was really tall and very confident. It was nerve-wracking meeting him. We were in the White House when the nation observed a moment of silence to honor those affected by the Boston bombings, and that was powerful.

Summer and I are only 12, and we got to meet the president! We both know it was a great honor, and we will remember that day for the rest of our lives.

Catherine Rousculp attends Mountain Elementary School in Los Alamos with the other members of the Atomic Flying Pickles, comprised of Girl Scout Cadettes from Girl Scouts of New Mexico Trails.



FIRST LEGO League: FIRST LEGO League (www.firstlegoleague.org) is a program for 9- to 16-year-olds, designed to get children excited about science and technology, and teach them valuable employment and life skills. Students construct robotics out of Legos as well as non-robotic science projects, such as the headband.

The White House Science Fair: In April, President Obama hosted the Third Annual White House Science Fair, celebrating the student winners of a broad range of science, technology, engineering and math competitions from across the country. Watch a video at: www.whitehouse.gov/blog/2013/04/20/watch-live-2013-white-house-science-fair.

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Power Up, Parents!

Your back-to-school technology plan

By Marisela Angulo

'Tis the season for parents to brave the crowded

store aisles, tax-free shopping days and school supply madness to ensure their child is prepared for the new school year. Everybody knows about notebooks and No. 2 pencils, but these days, children's readiness for school also involves technology. In this fast-changing realm, it can be difficult for parents to keep an up-to-speed supply sheet and to-do list. Three Santa Fe Public School staff members explained that a "back-to-school technology plan" is actually more important for parents than it is for students.

What do students need, and at what age? At what point are they expected to have computers or access to the Internet at home? What resources do parents need to remain in the loop about their child's education? How do families get information about programs for homework or online research?

What Technology? Where and When?

Ana Raquel Plaza, literacy and data coordinator at Sweeney Elementary and a former third-grade teacher in Santa Fe Public Schools, noted that students have access to computers in the classroom for research and educational games. They may read books on computers and even take quizzes online. Additionally, they have a weekly computer class that addresses different skills depending on their grade. In third grade, for example, students learn to type and how to look for "good" information to be used in their research projects.

At the elementary level, Plaza explained, the use of computers stays in the classroom: "Homework is still traditional and expected to be done in notebooks." As children move up through their grades, they can continue to expect computers to be available for their use at school. By middle and high school, when students are required to do more independent work, having a computer at home is convenient but not mandatory. Without one, the student will have to go to the library after school or come in early to complete assignments that are expected to be done overnight.

Since so many children have computers at home, even in grade school, Plaza believes that parents should "monitor their children and get them access to educational programs and not just 'fun' games." These might include reading programs that highlight words as they say them aloud for the child. Plaza added that since "kids [now] seem to be less motivated to pick up a book and read, the hook to get them reading is to give them access to those types of programs. Shiny technology motivates them to read." This type of program is particularly valuable for children with special needs, she said, as technology can offer an enhanced visual and auditory learning experience for children challenged by reading.

Raising Tech-Savvy Parents

Tips and recommendations such as Plaza's are invaluable to parents, but the

school district realizes the challenges teachers face in passing on this information. As another means to enhance communication and support student achievement, the school district last year created the SFPS Parent Academy.

The Academy offers free classes that equip families with the skills, knowledge and resources they need to help students along the path to college and career success and that promote collaboration and community-building among parents and schools. Some classes are specific to the child's grade; others have a broader scope. Some address technology and computer use. The Academy offers English classes for those whose language is primarily Spanish. Childcare is available, and all classes are bilingual.

Santiago Sanchez, a computer teacher for the Parent Academy and bilingual teacher for grades K through 8, explained: "Sometimes parents have good intentions, but they don't know how to help their child use available resources in effective ways." This past spring, the Academy held a pilot computer class to teach parents how to use and navigate the Internet, send email and perform other basic functions. One emphasis of the training is that parents may be encouraged to communicate with teachers and principals online. "One of the first things parents learned is how to create their own email address," Sanchez said. The computer

class will be offered again in the fall. Interested parents can call 467-2059 to register.

Online, In The Loop

For kids, new technology is generally more exciting than intimidating. Raelynn Lujan, who has worked at SFPS for nine years, said, "Incoming kindergartners are already computer savvy. They know how to pull up the Internet and type in a web address, without even knowing how to write their own name." This is why it has become so important for parents to maintain their technological know-how. "We work really hard to convey the idea that technology is an important part of education," she said.

Lujan, who still registers students the old-fashioned way in a teacher's roll book, noted that parents can now register their kids online on the Santa

Fe Public Schools website (www.sfps.info). Registration is not the only thing parents can do online. In the "Student & Parents" section of the website, families can find school supply lists, bus registration forms and routes, district calendars, dress codes, safety policies, literacy resources and more.

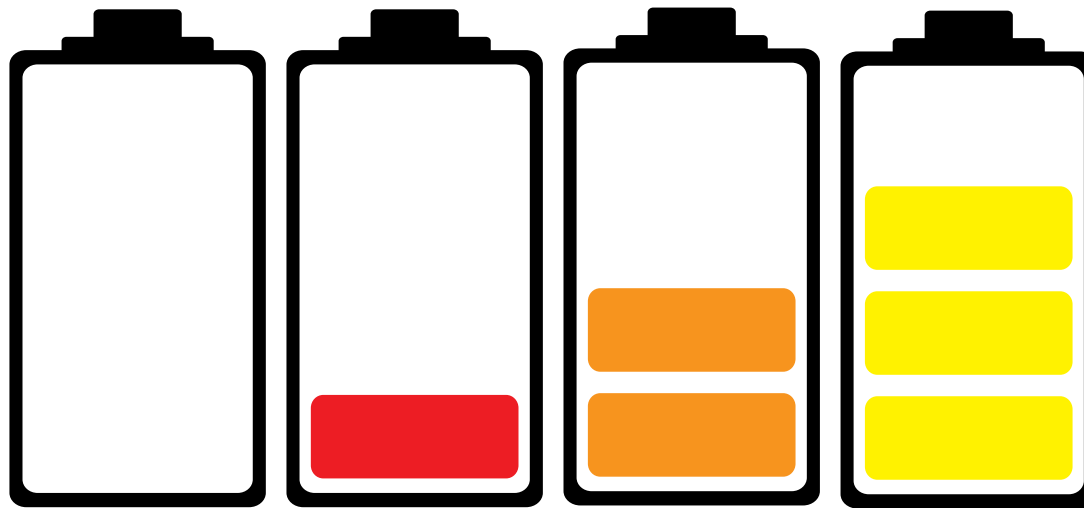
Plaza, Lujan and Sanchez all recommended PowerSchool, an online tool that SFPS uses to keep parents informed about their child's performance and to provide easy communication between teachers and parents. Parents can sign up for PowerSchool at sfps.powerschool.com and see their child's attendance, assignments and even grades, instantly.

Advances in technology can be fast-paced and intimidating, but with all the tools that technology offers parents for being involved in their child's education, parents should do their best to stay abreast

of the changes. Given the undeniable role of technology in children's education, "It is mandatory [for parents] to become more confident in making use of it," Sanchez said.

Lujan added, "[Technology is] the way of our future, and we try to set our students up to be ready for that future."

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Marisela Angulo is Tumbleweeds' calendar and directory editor.



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the journey to conscious fathering

Masculine wisdom: It's not an oxymoron!

By Victor La Cerva

Masculine wisdom comes from doing

inner work that over time allows a man to listen deeply, see clearly and act skillfully in any given situation. Inner work involves identifying, understanding and healing the disparate parts of his inner realm, some of which live in the shadows of his wounds. It is not about endless exploration of the dark, but rather finding his authentic truth through engaging archetypal energies within, such as king, poet, warrior or priest. Such wisdom is evidenced by an increased capacity to integrate life's lessons and a willingness to accept and transform destructive conditioning.

Developing masculine wisdom becomes more of an imperative once we enter fatherhood, for it is part of wanting to do the best for our children. It requires focused effort. Modern fathers feel the dual pressures of living their creative dreams and ensuring economic survival. The Chinese curse, "May you be born in interesting times," is apropos of our modern world, with its innumerable distractions potentially drawing a man away from the important inner quest to know himself. Everywhere ads proclaim in different ways, "I have what you need," and the lure of external goods and recognition can be powerful. Normally there are no hallelujahs for idleness, which doesn't sync with the wheels of workaholism. Yet nose to the grindstone, shoulder to the wheel, back against the wall for long periods of time aren't the most comfortable positions! Getting lost in the world of work often alienates a man not only from his children and his mate but also from himself, as he perhaps brings home more of his stress and irritability at the end of the day than his teachings.

Between the internal push to achieve and engage wholeheartedly with life, and the external pull of responsibilities lies the often ignored but essential frontier of solitude and quiet self-renewal. Taking time for going inward actually helps one move forward. Slowing down to the speed of life enhances appreciation for many things, including the wonders of our children's worlds.

A Conscious Father's Declaration of Interdependence

Tibetan scriptures counsel that knowledge must be burned, hammered and beaten like pure gold; only then can one wear it as an ornament. Whenever we find wisdom in another source, we must try to integrate it into our lives in order to truly make the idea our own; true understanding has a living quality. So try these on and see if they fit and make sense.

I commit to being consistently present for my children, in terms of both time and emotional availability, no matter what the circumstances.

Under-fathered boys often relate aggressively, exhibit hyper-masculine behavior and interests and have difficulty expressing feelings, especially sadness and fear. Many fathers today are single parents, weekend dads or stepdads. Our children



need their fathers desperately, even if they try not to show it or they reject us. Hang in there. Don't go away! Share and teach them what you love: music, riding bikes, cooking, camping. Our ongoing active presence in our children's lives helps ground them. Our affirming actions help them learn to fly.

I commit to healing the wounds from my relationship with my own father, so I can truly be present with my own children and not repeat his mistakes.

We all received both gifts and wounds from the people who raised us. The task, especially as we ourselves become fathers, is to do the inner work of healing the wounds and learn to celebrate the gifts. Doing so allows us to be less reactive and more responsive to what is actually happening right now, rather than greeting the present through the lens of the past. What's in your family baggage backpack? How might you now bring it into awareness?

I commit to becoming more emotionally fluent and to learning the many languages of love and affection.

Emotional fluency means we are in touch with our feelings and can express them

in ways that are not destructive to ourselves or to others. One can think of this as railroad-crossing wisdom: Stop, look and listen. Pause and ask, many times a day, "How am I feeling right now? What are my children feeling and needing?" Look at how feelings — yours and theirs — are expressed and translated into behaviors. All feelings are okay; not all behaviors are! One aspect of love is listening. Listen with the "third ear," as if there were a thief in the house, with the intensity normally reserved for speaking. As men we often want to get into "fix-it mode" rather than just being present, as an open container. When our children feel listened to, they feel reassured of their immense value and importance in our lives. And there are so many languages of love to explore. When my children were young, I would put little love notes in their lunchboxes. When they got a little older, they started putting them in my suitcase when I was getting ready for a business trip.

I commit to self-care and time for contemplation.

Every moment of awareness is a hammer stroke on the chain of conditioning. Awareness creates choice. Caring for oneself is not being selfish; it allows one to care more deeply for others. When a baby cries we look first for what might be off physiologically: Is their diaper wet? Are they hungry? Tired? We need to do the same for ourselves and give ourselves the gift of time alone for exercise, contemplation and self-development.

I commit to finding my tribe.

The tribe used to be primarily the extended family. Now it is often the particular groups that practice traditions meaningful to us. Either way, *tribe* defines the social matrix that provides significance and attachment. All children need not only their parents but also other adults to root for them.

Children need other caring adults in whom they can confide, especially during their teen years. A strong community of caring adults is an important foundation for resiliency in youth. Having a tribe also reminds us that as men we have to do a lot ourselves — fathering, providing, growing — but we don't have to do it alone.

I commit to letting my children teach me about play.

One of the critical tasks for the father is to find the right balance in life between being, doing and having. My children remember the big storm when we were camping at Heron Lake much more vividly than whatever fancy toy I bought them. When we get them into the natural world, have techno-free nights and longer "no screen" holidays, we open the space for different kinds of creative play together.

I commit to clear consistent communication with their mother.

The differences in parenting styles between men and women are brain-based survival imperatives, developed over thousands of generations of humans. Women need to honor the male cave, giving men the space and time alone that helps us get centered and clear when there is conflict. Men need to be allies in helping women fight sexual oppression. Both need to keep putting the children first.

Like any worthwhile endeavor, the path to masculine wisdom and conscious fathering is a lifelong one. May you enjoy the journey!

Victor La Cerva MD is a physician, activist and author. He co-founded the New Mexico Men's Wellness

movement 29 years ago, which still puts on five events for men each year. The images on these pages are from Masculine Wisdom, a book and full-color set of 40 cards designed to help men examine the inner workings of being male in today's world. Explore more and contact him at: www.myheartsongs.org.



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Building the Team

Coaching supports challenged families

By Eileen Richardson

I am a proud mother of five biological children, one stepchild and one adopted child. Because of the love I have for *all* my children, my desire has always been to give them everything they need to be whole, confident, happy, productive citizens of this planet.

What I found as a parent, however, was that whether by personality or an early childhood trauma, every one of my children needed something different from me, and I did not always understand what *I* needed in order to support them. I learned that I needed education, support and professional services. After I became a certified life coach, I realized I had a desire to use my experience to focus on supporting families with their myriad needs. This led me to become a Family Support Coach.

Family Support Coaching is for adoptive or foster families, divorced families, even intact biological families, who are facing exceptional challenges in raising children. The common thread in these families is unpreparedness for the disorder and confusion that can arise when a new child comes into their lives, permanently or temporarily, or when other circumstances create confusion and upheaval in their home. These families often don't know where to turn for information and support for the needs of their child in school, counseling and testing, or how to deal with the behavioral problems these kids may have.

Many children come into a family with their own history of trauma due to neglect, abuse, parental unemployment or other sources of extreme stress. In their quest to survive, they often demonstrate difficult behaviors, including an extreme urge to control others, demonstrations of too much or too little affection, emotional isolation, over-friendliness with strangers, lying, stealing, food-hoarding and lack of empathy for others. Such children are often diagnosed with Post-Traumatic Stress Disorder, Oppositional Defiant Disorder, Attention Deficit Hyperactivity Disorder or Reactive Attachment Disorder.

As you consider these lists of diagnoses and behaviors, you can imagine what some families may be facing. They may have a child on their hands who suffered trauma in his life, whom they love deeply, but who can cause such chaos, violence, disruption and hopelessness that the family can be strained to the point of breaking up.

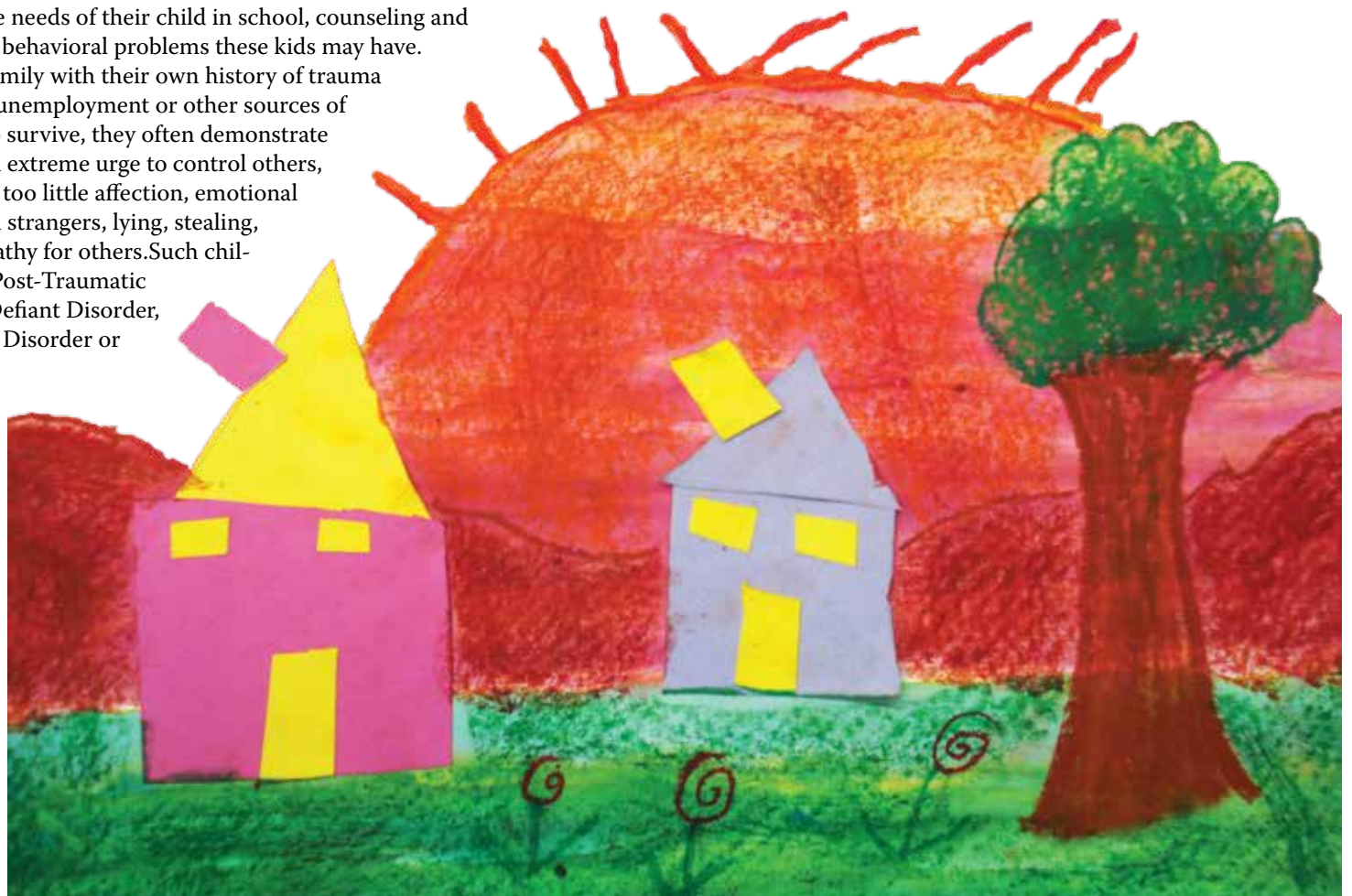
As a Family Support Coach, I have worked with adults who have become guardians of their grandchildren or great-grandchildren because these children's parents relin-

quished their parental rights. The challenges these grandparents face in second-round parenting can be overwhelming.

One family had a grandchild who was involved in drug smuggling and needed to be retrieved from the sheriff. The grandparents needed to know how to go about becoming their granddaughter's legal guardians to prevent her from going into the foster system. I referred them to a family attorney who specializes in guardianships.

Another had two grandchildren with severe behavioral problems in school, and they had no idea how to get assistance for these children. They also did not know what rights families have in the school system. I referred them to the county's special education department and explained that they had the right to request an Individualized Education Plan (IEP) for each child to determine the special services they are entitled to receive in school. I also directed them to an attorney who specializes in family education rights.

Some families adopt children from out of the country who need professional



Lupe Morales, age 7, paper, pastel, watercolor

counseling and cognitive testing. I refer them to specialists and testing services trained and equipped to treat their learning disorder or diagnosis.

In some cases I direct families to therapeutic practitioners of specific modalities that I believe will be of assistance. Bio-Feedback and Auditory Integration Therapy are methods that help many of these kids.

For families that want ongoing support and education on working with their children, I lead a monthly support group, where we watch educational DVDs on trainings the parents request, discuss what worked and what didn't, and brainstorm better solutions.

One of the most rewarding parts of my work is ensuring that parents are supported. I coach couples on the importance of good self-care, individually and as a couple. I emphasize the importance of date nights for the health of parents' relationship with each other, and I help them find trained caretakers who are available for a night or even a weekend. The New Mexico Department of Children, Youth and Families has trained many foster parents to do respite care. These are people who can safely care for a child with trauma issues for a weekend or night while they take time for themselves.

I remind the couples I coach that having their child in respite care for a weekend is good for the child, too. Many parents feel guilty about leaving a child with a trauma background. They fear that the caretaker may have a hard time with their child, even though respite caretakers are well trained. I know this firsthand because I, too, felt these feelings. Parents worry that any little change in the child's life will reinstate bad behavior, set the child back or revive their trauma. But in reality we all



Ian Romero, age 8, paper, pastel, watercolor

need a break from each other. I coach parents who are approaching a date night or a weekend away on ways to discuss calmly and somewhat eagerly with the child what is going to happen. I think three days' notice is a good length of time for most children. Life changes and curves along the way, and children need to learn this as well.

My greatest joy in coaching families is seeing parents experience the peace of mind that comes from realizing that things can and will improve and that there are many people equipped and willing to help. They reach this understanding in part from knowing that I have personal experience and successes with a child like theirs; I have in many ways already walked the path they are on.

With the right team, consisting of therapists trained in specific diagnoses, special education pro-

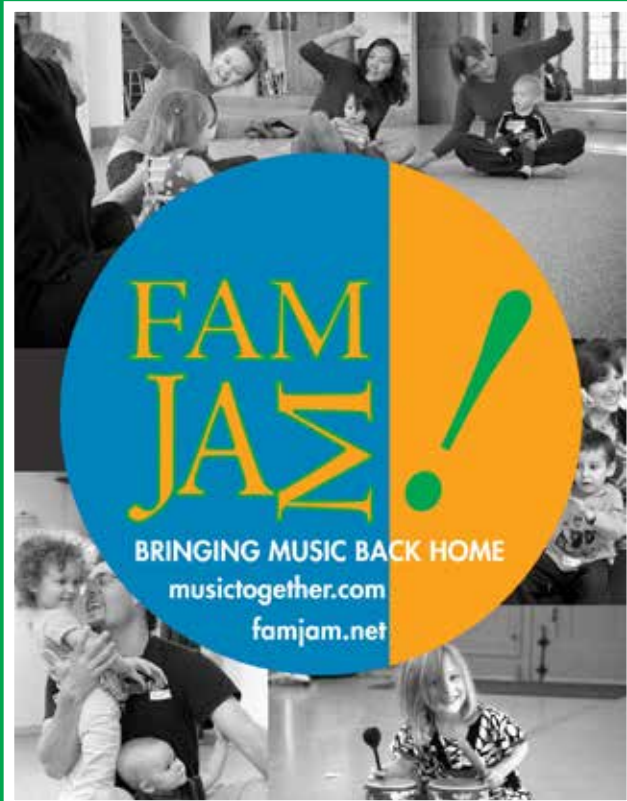
grams, family coaching support and testing professionals, children can be helped and families can be supported.

Eileen Richardson, Family Support Coach, is a mother of seven children, one of whom was adopted from the foster system. She coaches families on a sliding fee scale. Contact her at (505) 577-8130 or intuitivelifegide.com.

Resources:

• **New Mexico Department of Children, Youth and Families:** Free, local Information meetings with CYFD staff and foster parents can help you learn more about becoming a foster or adoptive parent and answer your questions about the process to become a licensed foster or adoptive parent. No reservations required. For more information, call Renee Fitts, Foster & Adoptive Recruiter at (575) 624-3406, or go to heartgallerynm.org and click "Upcoming Events."

• **New Mexico Fiesta Project:** This program of La Familia-Namaste, Inc., provides services for adoptive and pre-adoptive families including respite care, an educational library on adoptive children's issues, phone support and separate monthly Moms' and Dads' groups for building supportive relationships. They also offer babysitting and food for any adoptive families who want to meet as a group. For "Warm Line" phone support for Region Two/Northeastern New Mexico (Santa Fe, Española, Taos, Chama, Las Vegas, Clayton and Raton), call (505) 470-6941. To learn more, go to www.nmfiesta.blogspot.com.



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NADA DE “¡SÓLO ESTABA BROMEANDO!”

Las bromas pesadas, el chisme y las habladurías son acoso también

Por Carol Ann Short
Traducción por Flor de María Oliva

Cuando las niñas son crueles las unas con las otras, puede que uno no vea nada. Los grupitos, las miradas, las provocaciones y las habladurías talvez no son tan obvias como las peleas físicas, pero aún así hieren. Es posible que no se llegue a los golpes, pero todavía es acoso.

Los incidentes de acoso están alcanzando proporciones casi epidémicas y en algunos casos terminan en tragedia, por eso las Muchachas Guías de New Mexico Trails acaban de lanzar un innovador programa llamado *BFF: Be a Friend First* [Sé amiga primero] para combatir el acoso entre las estudiantes de los grados sexto, séptimo y octavo (educación media). Este programa ayuda a las jóvenes a reconocer e intervenir en situaciones de acoso y a aprender a conducir cambios positivos en sus escuelas y comunidades.

Hay estudios que muestran que el comportamiento de acoso llega a su máximo en la escuela media, un período de transición y ajuste en el cual es grande la necesidad que tienen los niños de sentirse aceptados socialmente y, por ende, es un tiempo crucial para enseñarles a reconocer y evitar el acoso.

Pocos programas de prevención son específicamente para niñas. ¿Por qué importa esto? Porque el acoso entre niñas es diferente al acoso entre niños. Los niños con frecuencia se acosan con comportamientos agresivos que resultan en moretones o narices sangrantes. Las niñas son más dadas a acosar sutilmente por medio de agresión de relaciones, lo que puede incluir chismes, bromas pesadas, exclusión deliberada de otras, regar rumores o traicionar la confianza. La cultura oculta de la agresión de relaciones ha pasado desapercibida porque para los adultos es más difícil reconocerla.

Las Muchachas Guías crearon BFF para tratar comportamientos socialmente agresivos específicos de las niñas. Las actividades del programa incluyen la simulación, escritura creativa y ejercicios de discusión, en los cuales las niñas exploran problemas como los de la presión de grupo, estereotipos, chismes y camarillas. Facilitadores capacitados les dan a las niñas tiempo y espacio seguro para practicar respuestas a situaciones de acoso. Las niñas aprenden a desarrollar confianza en sí mismas y a defender sus creencias. Practican formas de intervenir en caso de presenciar comportamientos crueles o hirientes entre sus compañeras.

Este verano, las niñas en el Rancho del Chaparral, un campamento de Muchachas Guías en las montañas Jemez, participaron en el primer programa Sé amiga primero. Eran tres muchachas, con un facilitador de actividades y discusiones. La semana se preparó para que las muchachas pudieran estar conscientes de sus amistades y conflictos, la forma en que escogen a sus mejores amigas, expresan



Actividad: “Esconder sentimientos”

Ésta es una actividad BFF que usted puede llevar a cabo en su casa, aula o programa después de la escuela. En este proyecto, cada uno compara su yo “exterior” con su yo “interior” por medio de la expresión creativa.

1) **Haga una máscara:** Corte en cartulina la forma de una cara grande y si quiere recórtela ojos y boca. (Si tiene más tiempo, haga la máscara con papel mâché.)

2) **Decore su máscara:**

- Dibuje, escriba o pegue artículos en la parte exterior de la máscara para reflejar la forma en que usted siente que la ven los demás, lo que piensan de usted o cómo se sienten sobre usted misma.

- Decore el interior de su máscara con palabras, dibujos o recortes que

reflejen cómo se siente y lo que piensa de sí misma.

3) **Comparta su máscara:** Cuando termine de decorarla, muestre los dos lados de su máscara y explique al grupo lo que cada lado representa.

4) **Reflexione y discuta:** ¿Qué le sorprendió de la forma en que otros se ven a sí mismos? ¿Qué le sorprendió de la forma en que ellos piensan que los ven los demás? ¿Qué le sorprendió de su propia máscara?



sus sentimientos y enfados y cómo comunicarse más efectivamente. A diario crearon una presentación que mostraba lo que habían aprendido ese día y la ofrecieron a los demás en el campamento.

Aprendieron sobre las “Abejas Reinas” y las “Aspirantes”. La Abeja Reina es la líder del grupo, como lo es Regina George en la película “Mean Girls”. Las Aspirantes son las niñas que tratan de ganar su aprobación. Representaron otros papeles como los de blancos, espectadores, secuaces, indecisos y banqueros.

“Aprendí que estoy cometiendo errores cuando escojo amistades”, dijo una muchacha. “Me encuentro en una situación muy mala con un grupo de niñas en la escuela. Ahora sé que tengo que tomar mejores decisiones al escoger con quién ando.”

“Siempre me costó defenderme cuando alguien empezaba a acosarme o a molestarme”, dijo otra. “Cuando regrese a la escuela, ahora ya sé cómo defenderme. Y sé cómo defender a otras.”

Otra participante agregó: “Me siento mal porque dije cosas malas de otras. No quise ser mala, pero lo fui. Ahora sé que tengo que detenerme y pensar en lo que digo antes de decirlo, ¡porque las palabras pueden herir verdaderamente!”

Como observadora, disfruté ver a las niñas sentadas en grupo y bromeando mientras compartían lo que habían aprendido. Hablar del acoso y nuestro propio comportamiento es difícil y estas muchachas lo hicieron con humor — pero con un humor no amenazante. En ningún momento se hicieron bromas pesadas; por el contrario, se halagaron.

Los otros consejeros en el campamento que no estuvieron directamente involucrados con este grupo observaron el crecimiento en las niñas. Una consejera dijo lo impresionada que estaba de ver el cambio en la dinámica entre las niñas que participaron y expresó su agradecimiento porque el campamento ofreció oportunidades para que las niñas obtuvieran tan valiosos conocimientos prácticos.

En algunos grupos BFF las niñas crean y dirigen proyectos en sus comunidades para abordar problemas de acoso. Por ejemplo, pueden crear carteles para enseñar a los estudiantes en su escuela sobre el acoso e instarlos a participar en comportamientos positivos.

Uno de sus carteles dice en inglés: “Sólo bromeaba — Sólo hieres”. Las niñas en este programa BFF compartieron que ellas o sus amigas decían cosas hirientes y luego agregaban “Sólo bromeaba” como que si eso lo compusiera. Ahora se dan cuenta que estos juegos después de todo sí hieren. Su cartel fue un recordatorio para ellas y las demás.

Las Muchachas Guías de New Mexico Trails se asocian con escuelas y organizaciones de base comunitaria que trabajan con jóvenes para encontrar soluciones a este problema del acoso. Cada programa de BFF se puede preparar para cubrir las necesidades de un grupo específico. Si trabajan juntas, las organizaciones, escuelas, familias y comunidades tendrán más éxito para tratar con la agresión de relaciones.

Comprometámonos como comunidad a fomentar las relaciones saludables entre nuestras niñas. Si quisiera un programa BFF en su escuela media o programa comunitario, comuníquese con el personal de Muchachas Guías. Puede enviar un correo electrónico a Vanessa Wheeler (VWheeler@GS-NMTrails.org), o llamar al 983-6339. No es necesario ser Muchacha Guía para participar.

.....
Carol Ann Short es gerente de relaciones públicas y comunicaciones para Muchachas Guías de New Mexico Trails, Inc.

* Winter Fun! *

A directory of after-school programs in December, January and February, and winter school-break camps and activities, is coming!

Look for it in the Winter 2013-14 Tumbleweeds, in print and on our website.

Be sure to include your great program!

Use the handy directory-submission form on our website (www.sftumbleweeds.com), or send by email (info@sftumbleweeds.com) or mail (Tumbleweeds, 369 Montezuma #191, Santa Fe, NM 87501).

If you took advantage of our Fall/Winter “Double-Shot Special,” please let us know if you’d like any changes to your Fall directory listing.

It's free for display advertisers, \$50 for others.

Deadline: November 1
Publication Date: November 19

Questions? Just call 984-3171
or email info@sftumbleweeds.com

NEARLY HALF OF NEW MEXICO CHILDREN TO SEE CUTS IN FOOD ASSISTANCE

This fall, 442,000 people in New Mexico —

nearly half of them children — will see a cut in food assistance, according to new data released by the U.S. Department of Agriculture. This loss of resources will result from the expiration of a temporary boost to the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps) provided by the American Recovery and Reinvestment Act (the 2009 stimulus bill).

Almost half of all the state's children — 42 percent, or more than 215,000 young people — benefit from SNAP. All of them will be affected by the expiration of the boost on October 31. For a family of three, this will mean a reduction of \$29 a month, or \$319 for the remaining 11 months of the fiscal year. After the cut, families will average less than \$1.40 per person per meal.

“The small increase in SNAP benefits that was included in the federal stimulus bill has helped thousands of struggling families in New Mexico stay afloat during the worst economic crisis since the Great Depression,” said Veronica C. García, executive director of New Mexico Voices for Children. “Given the fact that SNAP benefits are already inadequate for many families, these cuts will be particularly painful.”

Nationwide, more than 47 million Americans — including 22 million children — will see their food assistance reduced. The across-the-board cuts scheduled for November will reduce the program by \$5 billion in fiscal year 2014.

New Mexico will lose \$47 million in federal aid. This news comes on the heels of a recent report by Feeding America showing that New Mexico already has the highest rate of child hunger in the nation.

On top of these across-the-board cuts to the program, the U.S. House of Representatives tried, unsuccessfully, to cut \$20 billion from SNAP when reauthorizing the Farm Bill. Such a cut would have eliminated food assistance for nearly two million people. A group of House Republicans is now advancing a bill that would cut SNAP benefits by \$40 billion. This could leave many families and their children without assistance to put food on the table.

“SNAP has been a powerful tool in helping to keep families out of poverty,” said García. “The majority of SNAP recipients who are able to work, do. And for those who can't or are temporarily unable to find a job, SNAP has helped to give them a leg up. Now is not the time to further reduce this already modest assistance to these struggling families.”

To see the Center on Budget and Policy Priorities' full report, “SNAP Benefits Will Be Cut for All Participants in November 2013,” go to www.cbpp.org/cms/index.cfm?fa=view&id=3899.

The Feeding America report, “Map the Meal Gap,” can be found at feedingamerica.org/hunger-in-america/hunger-studies/map-the-meal-gap.aspx.

New Mexico Voices for Children is a nonpartisan, nonprofit organization advocating for policies to improve the health and wellbeing of New Mexico's children, families and communities. They urge anyone who wishes to voice opposition to these cuts, and other prospective cuts to the SNAP program, to contact their U.S. Representative:

• **Rep. Michelle Lujan Grisham**, First Congressional District (southern New Mexico): (202) 225-6316 or www.lujangrisham.house.gov/.



Gwendolyn Shetlar, age 7, print

• **Rep. Steve Pearce**, Second Congressional District (Albuquerque area): (202) 225-2365 or www.pearce.house.gov/.

• **Rep. Ben Ray Luján**, Third Congressional District (Santa Fe and northern New Mexico): (202) 225-6190 or www.lujan.house.gov/.

DIAPER DEPOT: IT'S A WRAP

Families unable to afford diapers are often forced to choose undesirable alternatives that can severely impact the health and wellbeing of both their child and their household.

Many families report cutting back on basics such as food, utilities or child care in order to purchase diapers for their children. Others leave their children in soiled diapers for a longer period of time than they otherwise would have. Some even resort to cleaning out or drying soiled disposable diapers and reusing them in order to meet their diaper needs.

These alternatives can have severe repercussions for the health, economic

and emotional wellbeing of the child, parent and household. Leaving children in soiled diapers too long can lead to diaper rash, infections, irritability and difficulty in mother-child attachment.

"Diapers are a basic need for babies," said Sherry Hooper, executive director of The Food Depot, the food bank for nine Northern New Mexico counties. "For this reason, The Food Depot will collect diapers and infant supplies to distribute to families via a network of partner agencies. We encourage the community to get behind the Diaper Depot and help us build up our supply of diapers for families in need."

How can you support the Diaper Depot? There are several ways. Make a financial contribution, on a one-time basis or as an annual sponsor, by sending a check to The Food Depot, 1222-A Siler Road Santa Fe, NM 87507. Donate diapers, at the same address. Or, hold a Diaper Drive at your business, religious organization, workplace, school or baby shower.

How to host a Diaper Drive:

Call The Food Depot, 471-1633 ext. 12, request a Diaper Drive Packet to promote your drive and make arrangements to have The Food Depot deliver Diaper Bank Collection Barrels to your location. These barrels will be picked up and replaced as necessary.

Promote your Diaper Drive using the suggestions in the packet.

Have your collection barrel picked up, or drop off the diapers you have collected at 1222 A Siler Road Santa Fe, NM 87507.

For more information on the Diaper Depot or other activities of The Food Depot, go to www.thefooddepot.org.

HARVEST OF HOPE

On September 14, from 9 to 11 a.m., Whole Foods

Market's Santa Fe employees invite children and families on a two-hour volunteer project to harvest vegetables at The Santa Fe Community Farm. The harvest will be donated to the Food Depot.

This will be a family-friendly event with tasks for ages 2 and up. Jobs will include harvesting vegetables, turning sod and compost, watering and seed collecting. If you have extra gardening gloves, shovels, hoes, trowels, buckets and wheelbarrows, please bring them. Wear good work boots, sunscreen, a hat and sunglasses, and pack extra layers if the day is cool. Bring your own water bottle, water and extra snacks. There will be some activities and games for children ages 5 and younger. If you have games and activities to share, please bring those, too.

After harvesting, the Whole Kids Foundation will provide a salad lunch for the volunteers. Dr. Halina Krupa, a pediatric chiropractor and holistic healthcare specialist, will give a short talk about foods for children that optimize learning.

The Santa Fe Community Farm is located at 1829 San Ysidro Crossing in Agua Fria Village, Santa Fe. To sign up, visit wfmharvesthope.eventbrite.com.



Left: Moving People Dance pre-professional company; photo by Max Mujynya. Right: Belisama Contemporary Dance performers; photo by Kate Russell.

TWO DANCE COMPANIES STEP TOGETHER

This summer, Moving People Dance (MPD)

joined Belisama School of Dance to create a new school under one roof at the Belisama studio, 901 West San Mateo Road in Santa Fe.

"The new format is an enhancement for both dance schools," said Adrienne Bellis, artistic director, noting that the inviting, friendly atmosphere for which Belisama has become known in Santa Fe will remain a priority, while more advanced students will have the opportunity either to take open classes or audition for the MPD intensive, pre-professional program.

Students will enjoy the same number of classes and selection of teachers from both the Belisama and MPD schools. Student scholarships, touring opportunities, choreographer showcases and community outreach are in planning stages. Belisama will also continue to offer MPD's master classes and visiting choreographers for advanced and intermediate level students.

Bellis will also direct Belisama Contemporary Dance and Moving People Dance's annual pre-professional performance, "Louder Than Words," at the James A. Little Theater in Santa Fe in April, 2014. Belisama Irish Dance will present the annual "Rhythm of Fire" St. Patrick's Day show at the Lensic Performing Arts Center March 14, 2014, the eighth year of this Santa Fe tradition.

See Belisama School of Dance's listing in the *Tumbleweeds* Directory of After-School Programs, beginning on page 32, and visit www.belisamadance.com for a full schedule of offerings in ballet, modern, Irish, jazz and children's classes, as well as yoga, dance conditioning and adult fitness.

- Compiled by Nina Bunker Ruiz

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MOVING PEOPLE DANCE
HAS JOINED BELISAMA.

NOW ENROLLING FOR FALL!

Go to BelisamaDance.com or MovingPeopleDance.org
for the 2013 schedule and to register.




**MOVING PEOPLE
DANCE SANTA FE**

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TEL 505.670.2152 | WWW.BELISAMADANCE.COM

CONTEMPORARY | MODERN | JAZZ | BALLET | IRISH

After-School Programs



Gwendolyn Shettlar, age 7, pastel, watercolor

FALL 2013 AFTER SCHOOL PROGRAMS

ANOTHER BIRD OF SONG MUSIC LESSONS

Piano, voice and composition lessons for the young and the young at heart. Day, afternoon and evening lessons available. Have fun and develop skills. Angela Bivins, owner and music teacher. 123 W. Santa Fe Avenue, Unit B. Call 310-3699, email anotherbirdofsong@gmail.com, or visit www.anotherbirdofsong.blogspot.com for more information.

ARTSMART / FACT ART CLASSES

Fine Arts for Children and Teens offers drawing, painting, sculpture, collage and printmaking. Youth learn vocabulary, history and skills in positive critique as they create their own works. Six-week sessions start in September, Wednesdays and Thursdays, from 3:30 to 5:30 p.m. Teen workshops, second Saturday of the month, September to December. Classes meet at ARTsmart's ARTbarn, 1516 Pacheco Street. Snack and supplies included. Scholarships available. Register at www.factsantafe.org or call 992-2787.

ASPEN SANTA FE BALLET

The School of Aspen Santa Fe Ballet, under

the direction of Gisela Genschow, offers year-round dance training, pre-ballet through professional, and is committed to providing the finest classical ballet training for ages 3 to adult. Classes include ballet, pre-ballet, creative dance (also available at our Eldorado and Southside satellites), jazz, tap and modern. Call 983-5591 for schedules and registration, or visit www.aspensantafeballet.com.

BELISAMA SCHOOL OF DANCE

Belisama Contemporary and Irish Dance is now joined by Moving People Dance, offering a full program of dance in Modern, Jazz, Ballet and Irish, including Moving People's pre-professional program for advanced students, and the Kick Start program for beginning teens, offering a reassuring format where dancers practice with peers rather than mixed ages. Also home to Dance Conditioning Plus! with Kate Eberle, and Vinyasa yoga with Annie Kohn. For more information, visit www.belisamadance.com or contact Adrienne at 670-2152.

CHILDREN'S DANCE PROGRAM

Directed by Pearl Potts, Children's Dance Program has offered dance classes to the Santa Fe community for 20 years. Classes in Ballet, Modern, Tap, Jazz, Creative Movement and Gym. We offer dance classes to children from ages 2 to teens, and adult Tap classes. We also offer performances, with a Winter Dance

Concert and Spring Dance concert at the James A. Little Theater. Call 982-1662 to register.

DRAGONFLY ART STUDIO

After-school art classes for ages 6 to 16. Our art classes are designed to stimulate kids' imagination and creativity, while they have fun experimenting with many different art media and materials. Each class meets one day per week, from 3:30 to 5:30 p.m., with a maximum of 12 students. Classes begin September 16. Limited space available; registration required. Also offering birthday parties, kids and adult workshops, and holiday workshops. For cost and details, call Oceanna at 670-5019, or visit dragonflyartstudioforkids.com.

FAM JAM!

Licensed Music Together Center in Santa Fe since 2003. Research-based, experiential, educational and community-building. Offering morning, after-school, after-work and weekend class times. Mixed-age family classes, ages 0 to 5, with sibling discounts offered. Big Kid Classes, ages 5 to 7, parent optional. Baby-only classes for ages 0 to 8 months. Ten-week program from September 23 to December 7. For more information and registration, call 466-6999 or visit www.famjam.net.

FLAMENCO CLASSES AT THE MARIA BENITEZ INSTITUTE FOR SPANISH ARTS

Fall classes begin September 3. Beginning

flamenco dance classes are ongoing through the year. Intro classes for ages 5 to 7 with no experience; Level I classes (beginner) ages 8 to 12; Level II classes (intermediate), for ages 8 to 14, and Level III (advanced) – Flamenco's "Next Generation" open to anyone who can keep up! Adult introductory flamenco classes on Saturdays; no experience necessary. All classes meet at Larragoite Elementary School, 1604 Agua Fria. For more information call 467-3773, email flamenco@mariabenitez.com, or visit www.institutespanisharts.org.

FIRST TEE OF SANTA FE FALL CLASSES

New and experienced golfers, ages 7 to 18, are invited to join the eight-week fall session. All new students begin in PLAYer level. Classes held at Santa Fe Country Club for one and a half hours each week. Walk-in registration for fall is now underway. Session begins August 27 and ends the week of October 15. PLAYer classes meet Tuesdays from 5 to 6:30 p.m. or Saturdays from 10 to 11:30 a.m. All equipment provided. Scholarships available. Call 424-0413 or visit www.thefirstteesantafe.org for more information.

FUN ART FOR CHILDREN

Fun Art for Children offers a unique way to make your next event special. We bring an interactive children's space with arts and crafts and movement activities to special events, birthday parties, schools, kids' camps and resorts. Whether you are planning an

After-School Programs

event just for kids, a family event or an event for adults with a kids' space, our original activities are fun for everyone! Call Anabella, 992-3261, email funartforchildren@yahoo.com, or go to www.funartforchildren.com.

GENOVEVA CHAVEZ COMMUNITY CENTER SPORTS CAMPS

Programs are FEStive: Fun, educational and safe programming for ages 6 to 12; proof of age required for age 6. Activities include sports, swimming, ice-skating, board games, social games and arts. Daily, supervised educational activity and healthy snack, followed by an hour of homework help. Mondays to Fridays, from 3 to 6 p.m. \$50 per week. Call Mona at 955-4014 or Melissa at 955-4005, or visit www.chavezcenter.com.

GIRLS INC. AFTER-SCHOOL PROGRAM

At Girls Incorporated, every girl has the right to be herself and express herself with originality and enthusiasm. Our after-school program meets at 301 Hillside Avenue, downtown. Girls participate in fun, hands-on activities in a safe, girl-centered environment. Pick-up from many schools. Science, sports, homework help, art and fun! From when the school day ends until 6 p.m. Sliding scale and tuition assistance available. Call 982-2042 or go to www.girlsincofsantafe.org.

MAKE ORANGE STUDIO-SCHOOL

Make Orange is an art-making studio and learning program founded by Gina Gatto, MA Ed., a veteran teacher who knows that kids' imagination and creativity flourish when you build their proficiency in art. She teaches fundamentals in drawing, painting, sculpting and multimedia. Small class sizes (no more than eight); age-appropriate learning for 6- to 12-year-olds. Call 780-5044 or visit www.makeorange.com.

MOVEMENT ARTS FOR EVERY BODY

Classes continue while Kathryn travels in Europe! Creative Kids Move, Saturday mornings from 9:30 to 11:30 a.m., offers creative movement for children ages 2 to 6. Classes take place at the Railyard Performance Center, 1611 Paseo de Peralta. \$10 per class, with some discounts available. Drop-ins and friends are always welcome. Call Evelyn Bittel, 913-1384, or email spectrum.artskids@yahoo.com.

NATIONAL DANCE INSTITUTE OF NEW MEXICO

Offering high-quality performing arts classes in ballet, tap, jazz, voice, creative movement, as well as NDI New Mexico's signature program. Ages 3 to 18. Tuition assistance is available, making our classes accessible to all families. The Dance Barns, 1140 Alto Street. Call 795-7088 or go to www.dancebarns.com.

PANDEMONIUM PRODUCTIONS MUSICAL THEATER CLASSES

Pandemonium Productions offers its fall after-school musical theater classes for ages 7 to 17, August 21 to November 24. Students study acting, singing and dancing and perform in Disney's "The Jungle Book" at the James A. Little Theatre. Rehearsals take place at El Museo Cultural, Mondays, Wednesdays and Fridays, 3:45 to 5:45 p.m. Tuition is \$690 if paid in full, or \$710 with a payment plan and a \$100 deposit. Space is limited; scholarships available. For more information, call 920-0704 or visit www.pandemoniumprod.org.



Cian Unis, age 8, print

PLAYHOUSE CHILDREN'S THEATER

Kids develop their own play, create their own character, write songs and design their own costumes. For grades 3 to 9. Everyone has a starring role due to our unique "swing casting" approach. Tuition is on a sliding scale. Classes and performances take place at the Santa Fe Playhouse, 142 East De Vargas. Call 988-4262 for an enrollment packet and more information.

RIDING LESSONS AT ARROWHEAD RANCH

Riding Horses = FUN! Beginners welcome, kids and adults, ages 6 and up. Lessons on safe, gentle horses in a supportive atmosphere on a beautiful ranch minutes from downtown Santa Fe. Private or small group lessons on grooming, care, arena/trail course riding and games on horseback. After-school and weekends, year-round. Arrowhead Ranch is located 2.5 miles west of St. Francis Drive, on W. Alameda Road. For rates and dates, call Sandy, 424-7592, or email sandybenson@earthlink.net.

SANTA FE CLIMBING CENTER

Indoor climbing and outdoor adventures. 3000 square feet of climbing surface with a top rope, lead climbing, and bouldering area to challenge beginning to advanced climbers. Over 100 different routes and boulder problems with new ones going up every week. Offering after school youth programs and adult classes, memberships and outdoor climbs. Call 986-8944 or visit www.climbsantafe.com.

SANTA FE PERFORMING ARTS SCHOOL

"The Hobbit," for ages 7 to 12, Mondays, Wednesdays and Fridays from 3:30 p.m. to 5:30 p.m., starts September 4, with performances in November. "Teen Acting Workshop," for ages 13 to 19, Tuesdays and Thursdays, 4 p.m. to 5:30 p.m., starts September 3, with performances in December. Santa Fe Performing Arts was the recipient of the 2012 Mayor's Award for Excellence in the Arts, Education and Community Outreach. Scholarships available.

Call 982-7992, email sabato@sfperformingarts.org, or visit www.sfperformingarts.org and go to the classes section.

SANTA FE SCHOOL FOR THE ARTS AND SCIENCES AFTER-SCHOOL ENRICHMENT PROGRAM

Exciting and enriching after-school activities for kids of all ages: Robotics Club, Electric & Acoustic Guitar, Cello, Violin, Filmmaking, Lacrosse, Soccer, Folk Ensemble, Irish Dance, Swing Dance, Piano, Recycled Fashion Show Club, Math Tutoring, Drawing Class, Trumpet, Ceramics Club, Homework Help and a nurturing after-care program for young children as well! Financial aid available. Open to children from all schools and homeschoolers. Santa Fe School for the Arts & Sciences, 5912 Jaguar Drive. Call 438-8585 or go to santafeschool.org.

SHAPESPACE STUDIO AND ART CLUB

Shakti Kroopkin, contemporary artist, certified K-12 art teacher and graduate of The School of the Art Institute of Chicago, offers art classes for individuals, groups, and parties. Painting and drawing, mixed media, printmaking, sculpture, collage, fiber arts, ceramics, collaborative art making, and more! Home School Art Club, all ages, Mondays 12:30 to 2:30pm, located at The Homeschool Classroom. Teen Art Club at Warehouse 21. Private lessons available. Call Shakti, 505-603-5225, email shakti@shaktikroopkin.com or visit www.shaktikroopkin.com.

SKATEBOARD SCHOOL

Indoor ramps for year-round fun; daily lessons for all abilities, ages 3 and up. Camps, clinics, parties, monthly events. Complete shop, short boards, long boards and safety gear. Curriculum includes learning the history of skateboarding, using our museum and video library. 825 Early Street #H. Call 474-0074 or go to www.SkateboardSafety.com.

SPANISH AFTER SCHOOL

Qué Viva El Español. We offer after-school Spanish classes Monday through Thursday for children ages 2 to 12. Our 2013 fall session runs 10 weeks, starting September 2. Classes are \$16.23 per class for groups of four to five students and take place at 110 Sol y Lomas Drive. Adult classes are also offered. Call 467-8393 or visit www.quevivaesp.com.

WISE FOOL AFTERSCHOOL

Join in the circus fun with Wise Fool Afterschool! Youth participants will learn stilt-walking, trapeze, aerial fabric, acrobatics, juggling and unicycling in a safe, fun, supportive environment. Circus is a great way to develop physical ability and awareness, teamwork, respect and a strong sense of self-worth! Fall session runs September 10 to November 2. Tuesdays, 3:30 to 5 p.m. for ages 6 to 13, no experience needed! Wednesdays for ages 8 to 13 with some Wise Fool experience. Call Tamara, program director, 413-455-4858; email wisefoolyouth@gmail.com; or see www.wisefoolnewmexico.org.

walk tall

tumble

soar

giggle

Wise Fool NM
presents

CIRCUS for Kids!

Afterschool Fools


Fall 2013

Sept 17
through
Nov 20

Tuesdays, 3:30 - 5pm - Ages 6 and Up, No experience necessary!

Wednesdays, 3:30 - 5pm - Ages 8 and Up,
For youth with previous Wise Fool or circus experience.

505-992-2588 or www.wisefoolnewmexico.org
for details or to register now



Fall Calendar 2013 September

SEPTEMBER

1 SUNDAY TO 8 SUNDAY

Fiesta de Santa Fe

A weeklong celebration of Santa Fe history and culture, with parades, music, dance and entertainment. Look for family events here in the *Tumbleweeds* calendar, and go to www.santafefiesta.org for a full schedule and details. Santa Fe Plaza, 204-1598.

1 SUNDAY, 10 A.M.-4 P.M.

Fiesta de los Niños: A Children's Celebration

Games, crafts and entertainment for the whole family. Adults \$8, seniors and teens \$5, children 12 and under free. El Rancho de las Golondrinas, 334 Los Pinos Road, 471-2261.

1 SUNDAY, 2-3:30 P.M.

Create a Creature

Learn about local animals and food webs by creating a different creature each week using natural materials. Discover different animal adaptations. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

1 SUNDAY, 7:30-10 P.M.

Mariachi Extravaganza de Santa Fe

A passionate musical experience of traditional, contemporary and classical styles. Call for tickets and prices. Santa Fe Opera, 301 Opera Drive, 986-5900.

3 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Stories, rhymes and crafts for ages 2 to 5. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

3 TUESDAY, 1-2 P.M.

Art Club

Young artists rotate among stations of various art supplies and explore painting, drawing, printmaking, clay and sculpture. \$12 Drop-In, \$40 four-class pass. Indigo Baby, De Vargas Center, 564 North Guadalupe, 954-4000.

4 WEDNESDAY, 10 A.M. AND 2 P.M.

Concierto de Mariachi Matinee

Enjoy a performance from well-known mariachi groups, dancers and alumni of the The Santa Fe Fiesta Council's Youth Mariachi Workshop. Refreshments and biscochitos provided. Call for prices. Lencic Performing Arts Center, 211 West San Francisco Street, 988-1234.

4 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Children ages 6 months to 2 years enjoy books, songs and finger games. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

4 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Stories, rhymes and crafts for ages 2 to 5. Southside Library, 6599 Jaguar Drive, 955-4863.

4 WEDNESDAY, 10:30-11:30 A.M.

Trees are Alive!

What is a tree? How does it live? What is photosynthesis? Make your own drawing of leaves and trees and discover the answers to these questions and more, during a scavenger hunt around the Earthworks garden. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.



Armando Santos, age 10, oil pastels

4 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Time

Story time for children 6 months to 5 years. All children must be supervised by an adult. Collected Works Bookstore, 202 Galisteo Street, 988-4226.

4 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Work with a local artist to explore everything from acrylics to pastels, watercolor to blocks and glue. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

4 WEDNESDAY, 6:30 P.M.

Family Story Time

On the first Wednesday of every month, families enjoy fun stories and hands-on activities. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

4 WEDNESDAY, 7 P.M.

Open Jam Night

Bring your own gear, and jam with friends. Mics, drum kits and amps provided. Warehouse 21, 1614 Paseo de Peralta, 989-4423.

5 THURSDAY, 9:30 A.M.

Green Hour Hikes

Meet at local trailheads for meandering hikes where kids pace and decide the activities. A time for unstructured play and interaction with the natural world. Pajarito Environmental Education Center, 3540 Orange Street, Los Alamos, 662-0460.

5 THURSDAY, 10:30-11 A.M.

Books & Babies

Children ages 6 months to 2 years enjoy books, songs and finger games. Southside Library, 6599 Jaguar Drive, 955-4863.

5 THURSDAY, 10:30 A.M.-12 P.M.

Handmade Papermaking

Take used paper and turn it into something new, such as magic seed paper, compostable pots or a new page in a book. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 10:45-11:30 A.M.

Children's Story Time

Collected Works Bookstore. See September 4 listing.

5 THURSDAY, 11-11:45 A.M.

Firefighter Storytime

Local firefighters share a favorite book and a few fire safety tips on the first Thursday of each month. A fire truck will be onsite when possible. Firefighters will be on duty and may need to leave to take care of an emergency. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 2-3 P.M.

Toolbox Thursdays

Learn how to use and hammer, other tools from the toolbox and woodworking skills as you build new and exciting projects. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 2-11 P.M.

Burning of Zozobra

Zozobra is a hideous but harmless 50-foot bogeyman marionette, burned annually in a blaze of fireworks, taking with him people's troubles for another year. A Fiesta de Santa Fe event. www.burnzozobra.com. Fort Marcy Park, 490 Washington Avenue, (855) 969-6272.

5 THURSDAY, 4-7 P.M.

Try it Thursdays!

If you've never been to the Children's Museum before, or you want to try something new, this is your day. Children 16 and under are free on Thursdays after 4 p.m. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 4:30-5:30 P.M.

The Cornelius Hour

Watch the museum's snake eat his weekly meal, draw pictures of what you see, write a poem and learn new facts about snakes. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

5 THURSDAY, 8-9 P.M.

Backyard Astronomy

Live presentation of the current skies in the planetarium and an outdoor viewing of the night sky. Show begins promptly. Adults \$5, preteens and seniors \$3, free to students of the college. Santa Fe Community College Planetarium, 6401 Richards Avenue, 428-1744.

6 FRIDAY, 9-10 A.M.

Tumbletots

Parents of children from birth to 4 can drop in and play in a safe, clean environment. \$10 per family. Tumbledown Studios, 3214 Calle Marie, Suite A, 473-0926.

P 6 FRIDAY, 10 A.M.-12 P.M.

Parent Talk

Simran Adeniji, a local childbirth and early childhood development educator will answer your parenting and caregiving questions in a welcoming environment. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

Fall Calendar 2013 September

6 FRIDAY, 10 A.M.-12 P.M. Preschool Prime Time

A special time for children under 5. Explore everything from colors and numbers, to developing fine and gross motor skills. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

6 FRIDAY, 10 A.M.-10 P.M. Santa Fe Fiestas Bandstand on the Plaza

Historic dances by Pueblo Indians, feather and gilded Aztec dancers, vibrantly costumed Mexican folklorico dancers and Matachines dances, each conveying the rich cultural heritage of New Mexico. Local foods, arts & crafts and vendor sales. Santa Fe Plaza, 80 East San Francisco Street, 913-1517.

6 FRIDAY, 11-11:45 A.M. Preschool Story Time

Stories, rhymes and crafts for ages 2 to 5. Main Library, 145 Washington Avenue, 955-6783.

6 FRIDAY, 2-3 P.M. Who the Wild Things Are

Discover the wide world of animals and insects as you make masks and improvise play together. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

6 FRIDAY, 3:30-5 P.M. First Friday Forts

Get building on the first Friday of the month. Join other kids who like building forts, and play in the new place you create. Parents must supervise. Pajarito Environmental Education Center, 3540 Orange Street, Los Alamos, 662-0460.

6 FRIDAY, 6 AND 7 P.M. Friday Fractals

Explore the world of fractals in this award-winning planetarium show. General \$10, seniors \$8, children \$6. New Mexico Museum of Natural History, 1801 Mountain Road, Albuquerque, (505) 841-2800.

6 FRIDAY, 8 AND 9 P.M. Fractal Rocks

More rock and less talk, as the dramatic zooms

transport you deep into amazing fractal images accompanied by original surround-sound music. General \$10, seniors \$8, children \$6. New Mexico Museum of Natural History, 1801 Mountain Road, Albuquerque, (505) 841-2800.

7 SATURDAY, 9-10:45 A.M. Desfile de los Niños / Children's Pet Parade

An annual tradition since the early 1920s, featuring children parading through downtown, accompanied by and dressed as animals. A Fiestas de Santa Fe event. 913-1517.

7 SATURDAY, 9-11:30 A.M. Book Donation Day

On the first Saturday of the month you can donate DVDs, CDs, books dated 2008 or newer and any children's materials. Vista Grande Public Library, 14 Avenida Torreon, 466-7323.

7 SATURDAY, 9 A.M.-5 P.M. Mommy's Market: Children's Consignment Event

Thousands of gently-used items, from maternity to kids' sizes, furniture, equipment, books and toys. Santa Fe County Fairgrounds Exhibit Hall, 3229 Rodeo Road, danielle@mommymarkets.com.

7 SATURDAY, 9:30 A.M.-12:30 P.M. Birth Repair Workshop

Designed to help women shift their negative feelings about their birth experience. A space for sharing, healing and growing beyond the undesired events of one's birth. Mothers only. \$60 per person. Register at www.thebirthingtree.com. The Birthing Tree, 2047 Galisteo Street.

7 SATURDAY, 10:45 A.M.-10 P.M. Santa Fe Fiestas Bandstand on the Plaza

Santa Fe Plaza. See September 6 listing.

7 SATURDAY, 11A.M.-12 P.M. Rhythm and Rhymes

A musical story time for the whole family. Bee Hive Kids Books, 328 Montezuma, 780-8051.

7 SATURDAY, 2-3 P.M. Fast Actin'

Help write a short play and act it out on the stage. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

7 SATURDAY, 3-5 P.M. La Merienda Fashion Show

Vintage, traditional and antique dresses owned and preserved by La Sociedad Folklorica. Tickets available at the door. A Santa Fe Fiesta event. James A. Little Theater, 1060 Cerrillos Road.

7 SATURDAY, 7:30 P.M. Gran Baile de la Fiesta

A much-loved tradition for over a century in honor of Fiesta royalty. Attire is intricate, historical and colorful. Tickets are available at the Fiesta Information Booth on the Plaza, August 31 to September 7, or at 988-1234. Santa Fe Community Convention Center, 201 West Marcy Avenue.

8 SUNDAY, 11 A.M.-3 P.M. Mommy's Market: Children's Consignment Event

Many items 50 percent off today. Santa Fe County Fairgrounds Exhibit Hall. See September 7 listing.

8 SUNDAY, 11 A.M.-5 P.M. Santa Fe Fiestas Bandstand on the Plaza

Santa Fe Plaza. See September 6 listing.

8 SUNDAY, 1-3 P.M. Parent Talk

Richard Nasef, a licensed Marriage and Family Therapist with a specialty in child clinical psychology, will be available to take questions from children, teens or adults about anything and everything. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

8 SUNDAY, 1:30-3 P.M. Desfile de la Gente / Historical Parade

A Santa Fe Fiesta event. Local marching

bands, mariachi, sports teams, queens, floats and politicians — anything goes! \$30 per vehicle per entry. A Fiesta de Santa Fe event. Downtown Santa Fe, 660-6039.

8 SUNDAY, 2-3:30 P.M. Create a Creature

Santa Fe Children's Museum. See September 1 listing.

10 TUESDAY, 10:30-11 A.M. Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

10 TUESDAY, 1-2 P.M. Art Club

Indigo Baby. See September 3 listing.

WEDNESDAY 11 TO SUNDAY 22 New Mexico State Fair

Exhibits, rides, food and fun for 12 consecutive days. New Mexico State Fair Grounds, 300 Pedro NE, Albuquerque, (505) 265-1791.

11 WEDNESDAY, 10:30-11 A.M. Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

11 WEDNESDAY, 10:30-11 A.M. Preschool Story Time

Southside Library. See September 4 listing.

11 WEDNESDAY, 10:30-11:30 A.M. Trees are Alive!

Santa Fe Children's Museum. See September 4 listing.

11 WEDNESDAY, 10:45-11:30 A.M. Children's Story Time

Collected Works Bookstore. See September 4 listing.

11 WEDNESDAY, 2:30-4:30 P.M. Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

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- Updates on Calendar Events
- Comments and Input from other *Tumbleweeds* Followers



★ One day free per week the entire first month ★

★ Our Focus:

Learn through play curriculum
Introduce early reading and math skills
Building emotional intelligence skills, social skills

- ★ Play and Learn Place for Toddlers (2-4 years old)
- ★ Sign up for as few or as many days per week as desired
- ★ Maximum of 5 kids at a time
- ★ Monday - Friday 8:30-12:30
- ★ Kids in diapers welcome
- ★ \$35.00 per day

Michelle Armijo
Certified Level II Teacher



**Academy of
Make Believe**

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Santa Fe, New Mexico

Fall Calendar 2013 September

11 WEDNESDAY, 7 P.M.

Open Jam Night

Warehouse 21. See September 4 listing.

12 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See September 5 listing.

12 THURSDAY, 10:30 A.M.-12 P.M.

Handmade Papermaking

Santa Fe Children's Museum. See September 5 listing.

12 THURSDAY, 10:45-11:30 A.M.

Children's Story Time

Collected Works Bookstore. See September 4 listing.

12 THURSDAY, 2-3 P.M.

Toolbox Thursdays

Santa Fe Children's Museum. See September 5 listing.

12 THURSDAY, 3-4:30 P.M.

After School Reading Program

This weekly program for grades K to 4 is designed to promote reading for pleasure and enjoying the library. Space is limited; registration is required. Fall session runs through December 5. Vista Grande Public Library, 14 Avenida Torreon, 466-7323.

12 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

12 THURSDAY, 4:30-5:30 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.

12 THURSDAY, 8-9 P.M.

Ring World

This planetarium show highlights the Cassini-Huygens mission to the planet Saturn and its moon. Adults \$5, preteens and seniors \$3, free to students of the college. Santa Fe Community College Planetarium, 6401 Richards Avenue, 428-1744.

13 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See September 6 listing.

P 13 FRIDAY, 10 A.M.-12 P.M.

Parent Talk

Santa Fe Children's Museum. See September 6 listing.

13 FRIDAY, 10 A.M.-12 P.M.

Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

13 FRIDAY, 11-11:45 A.M.

Preschool Story Time

Main Library. See September 6 listing.

13 FRIDAY, 11-11:45 A.M.

Toddler Story Time

Weekly stories and fun activities for children 5 and under and their family or caregiver. Vista Grande Public Library, 14 Avenida Torreon, 466-7323.

13 FRIDAY, 2-3 P.M.

Who the Wild Things Are

Santa Fe Children's Museum. See September 6 listing.



Guadalupe Corales, age 11, print

13 FRIDAY, 4-5 P.M.

Akeem Ayanniyi: Drumming

Yoruba drumming, storytelling and dance. Main Library, 145 Washington Avenue, 955-6783.

13 FRIDAY, 7 P.M.

Family Movie Night

Family-friendly film on a big screen on the second Friday of each month. Popcorn and juice provided. Call for movie titles and ratings. Vista Grande Public Library, 14 Avenida Torreon, 466-7323.

14 SATURDAY, 9 A.M.-12 P.M.

Harvest of Hope

Kid's day of service at the Santa Fe Community Farm. Help harvest goods for those in need. Fun activities for little ones not yet able to garden. Whole Foods Market provides a healthy lunch for all volunteers. Santa Fe Community Farm, 1829 San Ysidro Crossing, (314) 757-7932.

14 SATURDAY, 10:30-11:30 A.M.

Akeem Ayanniyi: Drumming

Yoruba drumming, storytelling and dance. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

14 SATURDAY, 10:30 A.M.-2:30 P.M.

Fun Fair for ASD Kids

Fun fair for all families, with a special invitation to families affected by Autism Spectrum Disorder. Events will be sensory and noncompetitive, including giant soap bubbles, sand play, fingerpainting, arts and crafts, face painting, free lunch and more. Holy Family Episcopal Church, 10-A Bisbee Court, 424-0095.

14 SATURDAY, 11 A.M.-2 P.M.

A Piece of Cake: Kids' Class

Children's cookbook author Jessie Oleson Moore leads this workshop for ages 8 to 12. Hands will get dirty as each child prepares their own multilayer cake from scratch. Lunch and chaperone included in price. Fee \$84. Discount for multiple children. Santa Fe

Culinary Academy, 112 West San Francisco Street, Suite 300, 983-7445.

14 SATURDAY, 11:30 A.M. 1 P.M.

Cloth Diapering Basics

A fun introduction to all styles of diaper systems and basic howto's. \$10 per family. Indigo Baby, DeVargas Center, 564 N. Guadalupe, 954-4000.

14 SATURDAY, 2 P.M.

"Too Much Noise" & "Fidel"

These two puppet shows presented by Wise Fool New Mexico take children and adults on fun and exciting imaginary adventures. Call for tickets and prices. Peñasco Theatre, 15046 State Highway 75, Peñasco, (575) 587-2726.

14 SATURDAY, 2-3 P.M.

Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

14 SATURDAY, 2:30-3:30 P.M.

Akeem Ayanniyi: Drumming

Yoruba drumming, storytelling and dance. Southside Library, 6599 Jaguar Drive, 955-4863.

15 SATURDAY, NOON-5 P.M.

Harvest Festival: From One to Another, Creating from the Harvest

Celebrate the harvest, enjoy the bounty of the garden, and don't miss the pie-baking contest! Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

15 SUNDAY, 1-4 P.M.

Harvest Festival and 60th Birthday Celebration

Horno breadbaking, chile ristra tying, hands-on activities, music, vendors, birthday cake and more, to celebrate the museum's 60th birthday. By museum admission. Free to New Mexico residents on Sunday; kids 16 and under always free. Museum of International Folk Art, 706 Camino Lejo, 476-1200.

15 SUNDAY, 2-3:30 P.M.

Create a Creature

Santa Fe Children's Museum. See September 1 listing.

17 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

17 TUESDAY, 1-2 P.M.

Art Club

Indigo Baby. See September 3 listing.

17 TUESDAY, 3:30-4:30 P.M.

School-Age Craft

Cool craft activity for ages 5 to 12. Call to register. Today: CD Recycle Art. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

17 TUESDAY, 3:30-4:30 P.M.

School-Age Craft

Cool craft activity for ages 5 to 12. Call to register. Today: CD Recycle Art. Southside Library, 6599 Jaguar Drive, 955-4863.

18 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

18 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Southside Library. See September 4 listing.

18 WEDNESDAY, 10:30-11:30 A.M.

Trees are Alive!

Santa Fe Children's Museum. See September 4 listing.

18 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Time

Collected Works Bookstore. See September 4 listing.

Fall Calendar 2013 September

18 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

18 WEDNESDAY, 3:30-4:30 P.M.

School-Age Craft

Cool craft activity for ages 5 to 12. Call to register. Today: CD Recycle Art. Main Library, 145 Washington Avenue, 955-6783.

18 WEDNESDAY, 6-8 P.M.

Infant and Child CPR and Choking Safety

Learn how to prevent choking, how to respond in a choking situation and general safety concerns related to infants and children. Space is limited. \$60 per person. Register at www.thebirthingtree.com. The Birthing Tree, 2047 Galisteo Street.

18 WEDNESDAY, 7 P.M.

Open Jam Night

Warehouse 21. See September 4 listing.

19 THURSDAY, 9:30 A.M.

Green Hour Hikes

Pajarito Environmental Education Center. See September 5 listing.

19 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See September 5 listing.

19 THURSDAY, 10:30 A.M.-12 P.M.

Handmade Papermaking

Santa Fe Children's Museum. See September 5 listing.

19 THURSDAY, 10:45-11:30 A.M.

Children's Story Time

Collected Works Bookstore. See September 4 listing.

19 THURSDAY, 2-3 P.M.

Toolbox Thursdays

Santa Fe Children's Museum. See September 5 listing.

19 THURSDAY, 3-4:30 P.M.

After School Reading Program

Vista Grande Public Library. See September 12 listing.

19 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

19 THURSDAY, 4:30-5:30 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.

20 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See September 6 listing.

P 20 FRIDAY, 10 A.M.-12 P.M.

Parent Talk

Santa Fe Children's Museum. See September 6 listing.

20 FRIDAY, 10 A.M.-12 P.M.

Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

20 FRIDAY, 11-11:45 A.M.

Preschool Story Time

Main Library. See September 6 listing.

20 FRIDAY, 11-11:45 A.M.

Toddler Story Time

Vista Grande Public Library. See September 13 listing.

20 FRIDAY, 2-3 P.M.

Who the Wild Things Are

Santa Fe Children's Museum. See September 6 listing.

20 FRIDAY, 6:30 P.M. TO

21 SATURDAY, 8 A.M.

Aquarium Overnight

Explore the aquarium at night during this ultimate sleepover. Learn about ocean animals and their night time behavior, visit the Touchpool, play games and take in a marine movie at the Aquarium theater. Children under 18 must be accompanied by an adult. Preregistration required. \$30 per person. ABQ BioPark Aquarium, 2601 Central Avenue, Albuquerque, (505) 848-7180.

21 SATURDAY, 9-5 P.M.

Cerrillos Fiesta

Annual celebration of life in and around Cerrillos with kid-friendly activities. Meet at the Visitor Center. Cerrillos Hills State Park, 37 Main Street, Cerrillos, 474-0196.

21 SATURDAY, 9:30-11:30 A.M.

Family Program: Apple Family

Georgia O'Keeffe used groupings of apples for several of her paintings. Look at these works and create your own. Apples provided.

Reservations suggested. Georgia O'Keeffe Museum Education Annex, 123 Grant Avenue, 946-1039.

21 SATURDAY, 10 A.M.-6 P.M.

Santa Fe Renaissance Fair

Clan Tynker, medieval combat, jugglers, live entertainment and dancers. Also vendors, kids' games, food and drink, including mead. Adults \$10, seniors and teens \$7, children 12 and under free. El Rancho de las Golondrinas, 334 Los Pinos Road, 471-2261.

21 SATURDAY, 11 A.M.-2 P.M.

Burt and Lucy Community Day

Celebrate the Harwood's 90th birthday with hands-on art projects, gallery exploration activities, story time, a free book giveaway, hat making and puppetry with Teatro de los Titiriteros. Harwood Museum of Art, 238 Ledoux Street, Taos, (575) 758-9826.

21 SATURDAY, 2-3 P.M.

Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

21 SATURDAY, 2:30-4 P.M.

Family Movie Matinee

Enjoy family-oriented movies with light refreshments. Southside Library, 6599 Jaguar Drive, 955-4863.

22 SUNDAY, 10 A.M.-6 P.M.

Santa Fe Renaissance Fair

El Rancho de las Golondrinas. See September 21 listing.

22 SUNDAY, 1-4 P.M.

Family Fun Day: Upstairs/Downstairs

Downstairs, explore life behind the scenes at the museum. Small group tours every 15 minutes. Upstairs, enjoy games and activities. New Mexico Museum of Art, 107 West Palace Avenue, 476-5068.

22 SUNDAY, 2-3:30 P.M.

Create a Creature

Santa Fe Children's Museum. See September 1 listing.

24 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

24 TUESDAY, 1-2 P.M.

Art Club

Indigo Baby. See September 3 listing.

24 TUESDAY, 3:30-4:30 P.M.

Science After School

Science class for ages 6 to 12. Call to register. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

24 TUESDAY, 3:30-4:30 P.M.

Science After School

Science class for ages 6 to 12. Call to register. Southside Library, 6599 Jaguar Drive, 955-4863.

25 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

25 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Southside Library. See September 4 listing.

25 WEDNESDAY, 10:30-11:30 A.M.

Trees are Alive!

Santa Fe Children's Museum. See September 4 listing.

25 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Time

Collected Works Bookstore. See September 4 listing.

25 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

25 WEDNESDAY, 3:30-4:30 P.M.

Science After School

Science class for ages 6 to 12. Call to register. Main Library, 145 Washington Avenue, 955-6783.

25 WEDNESDAY, 7 P.M.

Open Jam Night

Warehouse 21. See September 4 listing.

26 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See September 5 listing.

26 THURSDAY, 10:30 A.M.-12 P.M.

Handmade Papermaking

Santa Fe Children's Museum. See September 5 listing.



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www.smallworldleaders.com

Fall Calendar 2013 September/October

26 THURSDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

26 THURSDAY, 2-3 P.M.
Toolbox Thursdays

Santa Fe Children's Museum. See September 5 listing.

26 THURSDAY, 3-4:30 P.M.
After School Reading Program

Vista Grande Public Library. See September 12 listing.

26 THURSDAY, 4-7 P.M.
Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

26 THURSDAY, 4:30-5:30 P.M.
The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.

27 FRIDAY, 9-10 A.M.
Tumbletots

Tumbledown Studios. See September 6 listing.

P 27 FRIDAY, 10 A.M.-12 P.M.
Parent Talk

Santa Fe Children's Museum. See September 6 listing.

27 FRIDAY, 10 A.M.-12 P.M.
Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

27 FRIDAY, 11-11:45 A.M.
Preschool Story Time

Main Library. See September 6 listing.

27 FRIDAY, 11-11:45 A.M.
Toddler Story Time

Vista Grande Public Library. See September 13 listing.

27 FRIDAY, 2 P.M.
Friday Afternoon Art

Art program for families, with supplies provided. Main Library, 145 Washington Avenue, 955-6783.

27 FRIDAY, 2-3 P.M.

Who the Wild Things Are

Santa Fe Children's Museum. See September 6 listing.

28 SATURDAY, 2-3 P.M.
Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

29 SUNDAY, 2-3:30 P.M.
Create a Creature

Santa Fe Children's Museum. See September 1 listing.

29 SUNDAY, 5 P.M.

Taos Pueblo San Geronimo Eve

Annual feast day at Taos Pueblo. The celebration begins with Vespers, followed by the traditional footracing dance. Taos Pueblo, 120 Veterans Highway, Taos, (575) 758-1028.

30 MONDAY

Taos Pueblo San Geronimo Day



Jose Villa, age 10, oil pastels

Today festivities begin at sunrise with Mass at the San Geronimo chapel followed by footraces and traditional activities throughout the day, including the pole climbing in the afternoon. See September 29 listing. Taos Pueblo, 120 Veterans Highway, Taos, (575) 758-1028.

OCTOBER

1 TUESDAY, 10:30-11 A.M.
Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

1 TUESDAY, 1-2 P.M.
Art Club

Indigo Baby. See September 3 listing.

2 WEDNESDAY, 10:30-11 A.M.
Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

2 WEDNESDAY, 10:30-11 A.M.
Preschool Story Time

Southside Library. See September 4 listing.

2 WEDNESDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

2 WEDNESDAY, 2:30-4:30 P.M.
Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

2 WEDNESDAY, 6:30 P.M.
Family Story Time

Oliver La Farge Branch Library. See September 4 listing.

2 WEDNESDAY, 7 P.M.
Open Jam Night

Warehouse 21. See September 4 listing.

3 THURSDAY, 9:30 A.M.
Green Hour Hikes

Pajarito Environmental Education Center. See September 5 listing.

3 THURSDAY, 10:30-11 A.M.
Books & Babies

Southside Library. See September 5 listing.

3 THURSDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

3 THURSDAY, 11-11:45 A.M.
Firefighter Storytime

Santa Fe Children's Museum. See September 5 listing.

3 THURSDAY, 3-4:30 P.M.
After School Reading Program

Vista Grande Public Library. See September 12 listing.

3 THURSDAY, 4-7 P.M.
Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

3 THURSDAY, 4:30-5:30 P.M.
The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.

3 THURSDAY, 8-9 P.M.
Backyard Astronomy

Santa Fe Community College Planetarium. See September 5 listing.

4 FRIDAY, 9-10 A.M.
Tumbletots

Tumbledown Studios. See September 6 listing.

P 4 FRIDAY, 10 A.M.-12 P.M.
Parent Talk

Santa Fe Children's Museum. See September 6 listing.

4 FRIDAY, 10 A.M.-12 P.M.
Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

4 FRIDAY, 11-11:45 A.M.
Preschool Story Time

Main Library. See September 6 listing.

4 FRIDAY, 11-11:45 A.M.
Toddler Story Time

Vista Grande Public Library. See September 13 listing.

4 FRIDAY, 3:30-5 P.M.
First Friday Forts

Pajarito Environmental Education Center. See September 6 listing.

4 FRIDAY, 4-5 P.M.
Teatro Paraguas

Enjoy interactive bilingual theater. Main Library, 145 Washington Avenue, 955-6783.

4 FRIDAY, 6 AND 7 P.M.
Friday Fractals

New Mexico Museum of Natural History. See September 6 listing.

4 FRIDAY, 8 AND 9 P.M.
Fractal Rocks

New Mexico Museum of Natural History. See September 6 listing.

5 SATURDAY TO 13 SUNDAY
Albuquerque International Balloon Fiesta

Balloon Fiesta Park, 5000 Balloon Fiesta Parkway Northeast, Albuquerque. Visit www.balloonfiesta.com for a complete schedule.

5 SATURDAY, 9-11:30 A.M.
Book Donation Day

Vista Grande Public Library. See September 7 listing.

5 SATURDAY, 10 A.M.-4 P.M.
Harvest Festival

Bring in the harvest with colonial-era villagers as they crush grapes for wine by foot, string chile ristras, make tortillas, bake fresh bread, and much more. Adults \$8, seniors and teens \$5, children 12 and under free. El Rancho de las Golondrinas, 334 Los Pinos Road, 471-2261.

5 SATURDAY, 10:30-11:30 A.M.
Teatro Paraguas

Enjoy interactive bilingual theater. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

5 SATURDAY, 2-3 P.M.
Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

5 SATURDAY, 2:30-3:30 P.M.
Teatro Paraguas

Enjoy interactive bilingual theater. Southside Library, 6599 Jaguar Drive, 955-4863.

6 SUNDAY, 10 A.M.-4 P.M.
Harvest Festival

El Rancho de las Golondrinas. See October 5 listing.

8 TUESDAY, 10:30-11 A.M.
Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

Fall Calendar 2013 October

8 TUESDAY, 1-2 P.M.

Art Club
Indigo Baby. See September 3 listing.

9 WEDNESDAY, 10:30-11 A.M.

Books & Babies
Oliver La Farge Branch Library. See September 4 listing.

9 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time
Southside Library. See September 4 listing.

9 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Time
Collected Works Bookstore. See September 4 listing.

9 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio
Santa Fe Children's Museum. See September 4 listing.

9 WEDNESDAY, 7 P.M.

Open Jam Night
Warehouse 21. See September 4 listing.

10 THURSDAY, 10:30-11 A.M.

Books & Babies
Southside Library. See September 5 listing.

10 THURSDAY, 10:45-11:30 A.M.

Children's Story Time
Collected Works Bookstore. See September 4 listing.

10 THURSDAY, 3-4:30 P.M.

After School Reading Program
Vista Grande Public Library. See September 12 listing.

10 THURSDAY, 4-7 P.M.

Try it Thursdays!
Santa Fe Children's Museum. See September 5 listing.

10 THURSDAY, 4:30-5:30 P.M.

The Cornelius Hour
Santa Fe Children's Museum. See September 5 listing.

P 10 THURSDAY, 6-8 P.M.

7th Grade Options Night
Determine your child's best step for middle school, through panel discussions and conversations with school administrators and students. Open to all,

featuring several Santa Fe middle schools. Rio Grande School, 715 Camino Cabra, 983-1621.

10 THURSDAY, 7-8 P.M.

Searching for Superstars
Video presentation about the biggest blasts the Universe has to offer: Novas, Supernovas, Hypernovas, Black Holes and Colliding Stars. Show begins promptly. Adults \$5, preteens and seniors \$3, free to students of the college. Santa Fe Community College Planetarium, 6401 Richards Avenue, 428-1744.

11 FRIDAY, 9-10 A.M.

Tumbletots
Tumbledown Studios. See September 6 listing.

P 11 FRIDAY, 10 A.M.-12 P.M.

Parent Talk
Santa Fe Children's Museum. See September 6 listing.

11 FRIDAY, 10 A.M.-12 P.M.

Preschool Prime Time
Santa Fe Children's Museum. See September 6 listing.

11 FRIDAY, 11-11:45 A.M.

Preschool Story Time
Main Library. See September 6 listing.

11 FRIDAY, 11-11:45 A.M.

Toddler Story Time
Vista Grande Public Library. See September 13 listing.

11 FRIDAY, 2 P.M.

Friday Afternoon Art
Main Library. See September 27 listing.

11 FRIDAY, 7 P.M.

Family Movie Night
Vista Grande Public Library. See September 13 listing.

12 SATURDAY 12, 9:30-11:30 A.M.

Family Program: Leaves
Explore leaves in all their unique details through drawing and collage. Georgia O'Keeffe Museum Education Annex, 123 Grant Avenue, 946-1039.

12 SATURDAY, 2-3 P.M.

Fast Actin'
Santa Fe Children's Museum. See September 7 listing.

12 SATURDAY, 2:30-4 P.M.

Family Movie Matinee
Southside Library. See September 21 listing.

P 13 SUNDAY, 1-3 P.M.

Parent Talk
Santa Fe Children's Museum. See September 8 listing.

15 TUESDAY, 10:30-11 A.M.

Preschool Story Time
Oliver La Farge Branch Library. See September 3 listing.

15 TUESDAY, 1-2 P.M.

Art Club
Indigo Baby. See September 3 listing.

15 TUESDAY, 3:30-4:30 P.M.

School-Age Craft
Today: Papercup Mania. Oliver La Farge Branch Library. See September 17 listing.

15 TUESDAY, 3:30-4:30 P.M.

School-Age Craft
Today: Papercup Mania. Southside Library. See September 17 listing.

16 WEDNESDAY, 10:30-11 A.M.

Books & Babies
Oliver La Farge Branch Library. See September 4 listing.

16 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time
Southside Library. See September 4 listing.

16 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Time
Collected Works Bookstore. See September 4 listing.

16 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio
Santa Fe Children's Museum. See September 4 listing.

16 WEDNESDAY, 3:30-4:30 P.M.

School-Age Craft
Today: Papercup Mania. Main Library. See September 18 listing.

16 WEDNESDAY, 7 P.M.

Open Jam Night
Warehouse 21. See September 4 listing.

17 THURSDAY, 9:30 A.M.

Green Hour Hikes

Pajarito Environmental Education Center. See September 5 listing.

17 THURSDAY, 10:30-11 A.M.

Books & Babies
Southside Library. See September 5 listing.

17 THURSDAY, 10:45-11:30 A.M.

Children's Story Time
Collected Works Bookstore. See September 4 listing.

17 THURSDAY, 3-4:30 P.M.

After School Reading Program
Vista Grande Public Library. See September 12 listing.

17 THURSDAY, 4-7 P.M.

Try it Thursdays!
Santa Fe Children's Museum. See September 5 listing.

17 THURSDAY, 4:30-5:30 P.M.

The Cornelius Hour
Santa Fe Children's Museum. See September 5 listing.

18 FRIDAY, 9-10 A.M.

Tumbletots
Tumbledown Studios. See September 6 listing.

P 18 FRIDAY, 10 A.M.-12 P.M.

Parent Talk
Santa Fe Children's Museum. See September 6 listing.

18 FRIDAY, 10 A.M.-12 P.M.

Preschool Prime Time
Santa Fe Children's Museum. See September 6 listing.

18 FRIDAY, 11-11:45 A.M.

Preschool Story Time
Main Library. See September 6 listing.

18 FRIDAY, 11-11:45 A.M.

Toddler Story Time
Vista Grande Public Library. See September 13 listing.

18 FRIDAY, 2 P.M.

Friday Afternoon Art
Main Library. See September 27 listing.

18 FRIDAY, 4 P.M.

Booking Up Our Kids
Families and young children meet Rosemary

Santa Fe Climbing Center

Indoor Climbing Gym & Outdoor Adventures

3000 square feet of climbing surface with a top rope, lead climbing and bouldering area to challenge beginning to advanced climbers.

Over 100 different routes and boulder problems with new ones going up every week.

Youth Programs

After School Classes - Mon, Wed, Fri 3:30-5:00pm

Home School Classes - Tue, Thu 1:00-2:30pm

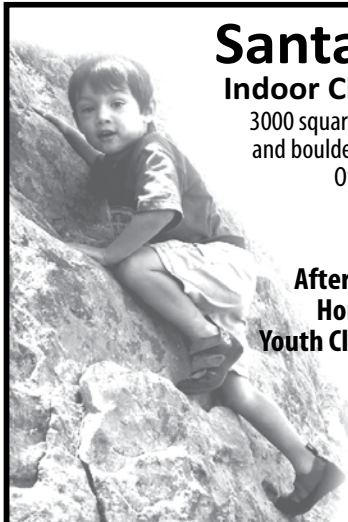
Youth Climbing Team - Tue, Thu 3:30-5:00 & 5:00-6:30pm

Adult Programs

Classes, Memberships and Outdoor Climbs

825 Early Street Suite A
Santa Fe, NM 87505

(505) 986-8944 www.climbsantafe.com



The First Tee of Santa Fe

Life Skills through the Game of Golf



For Ages
7 to 17

The First Tee Participants learn to:

- Appreciate diversity
- Introduce themselves
- Manage emotions
- Plan for the future
- Resolve Conflicts

Spring, Summer & Fall programs offered at the Santa Fe Country Club.

Fall classes begin August 27th.

Scholarships available.

For more information: 505-424-0413 www.thefirstteesantafe.org

Fall Calendar 2013 October



Jonny Kniskern, age 10, chalk pastel, glue on black paper

Wells, author and illustrator of the Max and Ruby books for a talk and book signing. Max the Rabbit may just be present in costume. Rio Grande School, 715 Camino Cabra, 983-1621.

**18 FRIDAY, 6:30 P.M. TO
19 SATURDAY, 8 A.M.**

Aquarium Overnight

ABQ BioPark Aquarium. See September 20 listing.

19 SATURDAY, 9 A.M.-4:30 P.M.

Half-Price Weekend at the ABQ BioParks

Visit the Zoo or Aquarium and Botanic Garden for half price. Call for prices. ABQ BioPark Aquarium, 2601 Central Avenue, Albuquerque, (505) 848-7180.

19 SATURDAY, 9 A.M.-5 P.M.

Train Tracks in your Garden Show

Learn how to bring backyard gardens to life with motion and sound through the use of miniature, G-scale trains. Special displays for this fun annual event will include electric and live steam trains, character trains, sounds of choo-choo and the chicken dance. Included with park admission. Call for prices. ABQ BioPark Botanic Garden, 2601 Central Avenue, Albuquerque, (505) 764-6200.

19 SATURDAY, 11:30 A.M. 1 P.M.

Cloth Diapering Basics

Indigo Baby. See September 14 listing.

19 SATURDAY, 2-3 P.M.

Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

20 SUNDAY, 9 A.M.-4:30 P.M.

Half-Price Weekend at the ABQ BioParks

ABQ BioPark Aquarium, Botanic Garden and Zoo. See October 19 listing.

20 SUNDAY, 9-5 P.M.

Train Tracks in your Garden Show

ABQ BioPark Botanic Garden. See October 19 listing.

21 MONDAY, 5:30-7 P.M.

Baby-Sitting Coop Meeting

Find out how you can save on childcare, meet other families to help build a network of support. Indigo Baby, De Vargas Center, 564 North Guadalupe, (603) 703-6508.

22 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

22 TUESDAY, 1-2 P.M.

Art Club

Indigo Baby. See September 3 listing.

22 TUESDAY, 3:30-4:30 P.M.

Science After School

Oliver La Farge Branch Library. See September 24 listing.

22 TUESDAY, 3:30-4:30 P.M.

Science After School

Southside Library. See September 24 listing.

23 WEDNESDAY, 10:30-11 A.M.

Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

23 WEDNESDAY, 10:30-11 A.M.

Preschool Story Time

Southside Library. See September 4 listing.

23 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Time

Collected Works Bookstore. See September 4 listing.

23 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

23 WEDNESDAY, 3:30-4:30 P.M.

Science After School

Main Library. See September 25 listing.

23 WEDNESDAY, 7 P.M.

Open Jam Night

Warehouse 21. See September 4 listing.

24 THURSDAY, 10:30-11 A.M.

Books & Babies

Southside Library. See September 5 listing.

24 THURSDAY, 10:45-11:30 A.M.

Children's Story Time

Collected Works Bookstore. See September 4 listing.

24 THURSDAY, 3-4:30 P.M.

After School Reading Program

Vista Grande Public Library. See September 12 listing.

24 THURSDAY, 4-7 P.M.

Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

24 THURSDAY, 4:30-5:30 P.M.

The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.

25 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See September 6 listing.

P 25 FRIDAY, 10 A.M.-12 P.M.

Parent Talk

Santa Fe Children's Museum. See September 6 listing.

25 FRIDAY, 10 A.M.-12 P.M.

Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

25 FRIDAY 25, 10 A.M.-6 P.M.

World Blacksmith Championship

Professional blacksmiths from all over the world compete at this event where you can experience the vintage art form. Activities include horse-shoeing demonstrations. Proceeds support native rescued wildlife. Call for prices. Wildlife West Nature Park, 87 West Frontage Road, Edgewood, (505) 281-7655.

25 FRIDAY, 11-11:45 A.M.

Preschool Story Time

Main Library. See September 6 listing.

25 FRIDAY, 11-11:45 A.M.

Toddler Story Time

Vista Grande Public Library. See September 13 listing.

25 FRIDAY, 2 P.M.

Friday Afternoon Art

Main Library. See September 27 listing.

26 SATURDAY, 10 A.M.-6 P.M.

World Blacksmith Championship

Wildlife West Nature Park. See October 25 listing.

26 SATURDAY, 11 A.M.-4 P.M.

Rio Grande Cup

Adventure on the open water with model boat enthusiasts from the Duke City Model Yacht Club. Tingley Beach, 1800 Tingley Drive SW, Albuquerque, (505) 873-1517.

26 SATURDAY, 2-3 P.M.

Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

27 SUNDAY, 10 A.M.-6 P.M.

World Blacksmith Championship

Wildlife West Nature Park. See October 25 listing.

27 SUNDAY, 11 A.M.-1:30 P.M.

Rio Grande Cup

Tingley Beach. See October 26 listing.

27 SUNDAY, 1-4 P.M.

Día de Muertos Celebration

Sugar skull decorating and muertos nicho making for all ages. Bring a photo of a loved one who passed away. Performance by Los Niños de Santa Fe y Compania, music and refreshments. By museum admission: free to New Mexico residents on Sunday; kids 16 and under always free. Museum of International Folk Art, 706 Camino Lejo, 476-1200.

28 MONDAY, 7:30 A.M.-5:30 P.M.

School Closure Day Camp

A fun, recreational day camp with games, sports, swimming, ice skating and arts & crafts for ages 6 to 12. \$35. Genoveva Chavez Community Center, 3221 Rodeo Road. Call Mona 955-4014 or Melissa 955-4005.

Fall Calendar 2013 October/November

29 TUESDAY, 7:30 A.M.-5:30 P.M.
School Closure Day Camp

Genoveva Chavez Community Center. See October 28 listing.

29 TUESDAY, 10:30-11 A.M.
Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

29 TUESDAY, 1-2 P.M.
Art Club

Indigo Baby. See September 3 listing.

30 WEDNESDAY, 10:30-11 A.M.
Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

30 WEDNESDAY, 10:30-11 A.M.
Preschool Story Time

Southside Library. See September 4 listing.

30 WEDNESDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

30 WEDNESDAY, 2:30-4:30 P.M.
Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

30 WEDNESDAY, 7 P.M.
Open Jam Night

Warehouse 21. See September 4 listing.

31 THURSDAY, 10:30-11 A.M.
Books & Babies

Southside Library. See September 5 listing.

31 THURSDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

31 THURSDAY, 3-4:30 P.M.
After School Reading Program

Vista Grande Public Library. See September 12 listing.

31 THURSDAY, 4-7 P.M.
Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

31 THURSDAY 31, 4-7 P.M.
Weird Science Carnival

Join mad scientists and spooky spiders to stop the zombies, carve pumpkins and climb the walls. Come in your costume. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

31 THURSDAY, 4:30-5:30 P.M.
The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.

NOVEMBER

1 FRIDAY, 9-10 A.M.
Tumbletots

Tumbledown Studios. See September 6 listing.

P 1 FRIDAY, 10 A.M.-12 P.M.
Parent Talk

Santa Fe Children's Museum. See September 6 listing.

1 FRIDAY, 10 A.M.-12 P.M.
Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

1 FRIDAY, 11-11:45 A.M.
Preschool Story Time

Main Library. See September 6 listing.

1 FRIDAY, 11-11:45 A.M.
Toddler Story Time

Vista Grande Public Library. See September 13 listing.

1 FRIDAY, 2 P.M.
Friday Afternoon Art

Main Library. See September 27 listing.

2 SATURDAY, 9-11:30 A.M.
Book Donation Day

Vista Grande Public Library. See September 7 listing.

2 SATURDAY, 1-4 P.M.
Día de los Cuentos

Decorate sugar skulls, add to the community *ofrenda*, tell your stories and listen to others in this celebration of families and cultures. Santa Fe Children's Museum, 1050 Old Pecos Trail, 989-8359.

2 SATURDAY, 2-3 P.M.
Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

5 TUESDAY, 10:30-11 A.M.
Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

5 TUESDAY, 1-2 P.M.
Art Club

Indigo Baby. See September 3 listing.

6 WEDNESDAY, 10:30-11 A.M.
Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

6 WEDNESDAY, 10:30-11 A.M.
Preschool Story Time

Southside Library. See September 4 listing.

6 WEDNESDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

6 WEDNESDAY, 2:30-4:30 P.M.
Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

6 WEDNESDAY, 6:30 P.M.
Family Story Time

Oliver La Farge Branch Library. See September 4 listing.

6 WEDNESDAY, 7 P.M.
Open Jam Night

Warehouse 21. See September 4 listing.

7 THURSDAY, 9:30 A.M.
Green Hour Hikes

Pajarito Environmental Education Center. See September 5 listing.

7 THURSDAY, 10:30-11 A.M.
Books & Babies

Southside Library. See September 5 listing.

7 THURSDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

7 THURSDAY, 11-11:45 A.M.
Firefighter Storytime

Santa Fe Children's Museum. See September 5 listing.

7 THURSDAY, 3-4:30 P.M.
After School Reading Program

Vista Grande Public Library. See September 12 listing.

7 THURSDAY, 4-7 P.M.
Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

7 THURSDAY, 4:30-5:30 P.M.
The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.

8 FRIDAY, 9-10 A.M.
Tumbletots

Tumbledown Studios. See September 6 listing.

P 8 FRIDAY, 10 A.M.-12 P.M.
Parent Talk

Santa Fe Children's Museum. See September 6 listing.

8 FRIDAY, 10 A.M.-12 P.M.
Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

8 FRIDAY, 11-11:45 A.M.
Preschool Story Time

Main Library. See September 6 listing.

8 FRIDAY, 11-11:45 A.M.
Toddler Story Time

Vista Grande Public Library. See September 13 listing.

8 FRIDAY, 2:30-3:30 P.M.
Española Wildlife Center

Meet animals and learn about their habitats, adaptation, conservation and biology. Main Library, 145 Washington Avenue, 955-6783.

8 FRIDAY, 7 P.M.
Family Movie Night

Vista Grande Public Library. See September 13 listing.

8 FRIDAY, 7-8 P.M.
Backyard Astronomy

Santa Fe Community College Planetarium. See September 5 listing.

KBR Kids

Kol BeRamah offers fun & unique children's programming, plus opportunities for Jewish enrichment, inspiration & learning for the entire family.

Check us out at KolBeRamah.org

Kol BeRamah קול ברמה

Torah Learning Center of Santa Fe
551 W Cordova Rd, Suite F in Santa Fe
(505) 216-6136 • email@kolberamah.org



Recycle Santa Fe Art Festival

November 15, 16 & 17, 2013
Santa Fe Community Convention Center
201 W. Marcy St.

• Art Market • Juried Art Exhibits • Trash Fashion Show • Make & Take Art Activities

www.recyclesantafe.org



Fall Calendar 2013 November

9 SATURDAY, 10:30-11:30 A.M.
Española Wildlife Center

Meet animals and learn about their habitats, adaptation, conservation and biology. Oliver La Farge Branch Library, 1730 Llano Street, 955-4863.

9 SATURDAY, 2-3 P.M.
Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

9 SATURDAY, 2:30-3:30 P.M.
Española Wildlife Center

Meet animals and learn about their habitats, adaptation, conservation and biology. Southside Library, 6599 Jaguar Drive, 955-4863.

P 10 SUNDAY, 1-3 P.M.
Parent Talk

Santa Fe Children's Museum. See September 8 listing.

12 TUESDAY, 10:30-11 A.M.
Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

12 TUESDAY, 1-2 P.M.
Art Club

Indigo Baby. See September 3 listing.

13 WEDNESDAY, 10:30-11 A.M.
Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

13 WEDNESDAY, 10:30-11 A.M.
Preschool Story Time

Southside Library. See September 4 listing.

13 WEDNESDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

13 WEDNESDAY, 2:30-4:30 P.M.
Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

13 WEDNESDAY, 7 P.M.
Open Jam Night

Warehouse 21. See September 4 listing.

14 THURSDAY, 10:30-11 A.M.
Books & Babies

Southside Library. See September 5 listing.

14 THURSDAY, 10:45-11:30 A.M.
Children's Story Time

Collected Works Bookstore. See September 4 listing.

14 THURSDAY, 3-4:30 P.M.
After School Reading Program

Vista Grande Public Library. See September 12 listing.

14 THURSDAY, 4-7 P.M.
Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

14 THURSDAY, 4:30-5:30 P.M.
The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.



Carmela Rivas, age 10, oil pastels

15 FRIDAY, 9-10 A.M.
Tumbletots

Tumbledown Studios. See September 6 listing.

P 15 FRIDAY, 10 A.M.-12 P.M.
Parent Talk

Santa Fe Children's Museum. See September 6 listing.

15 FRIDAY, 10 A.M.-12 P.M.
Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

15 FRIDAY, 11-11:45 A.M.
Preschool Story Time

Main Library. See September 6 listing.

15 FRIDAY, 11-11:45 A.M.
Toddler Story Time

Vista Grande Public Library. See September 13 listing.

15 FRIDAY, 2 P.M.
Friday Afternoon Art

Main Library. See September 27 listing.

15 FRIDAY, 7 P.M.
"The Jungle Book"

Disney's thrilling tale of friendship and adventure, presented by Pandemonium Productions. Adults \$10; Kids \$6. James A. Little Theater, 1060 Cerrillos Road, 982-3327.

15 FRIDAY, 7 P.M.
Recycle Santa Fe Art Festival: Trash Fashion and Costume Contest

This event kicks off the 15th annual recycling festival. Other events of the weekend include an art market with green holiday gifts and Juried Art Exhibit including works by youth. Call for prices. Santa Fe Community Convention Center, 201 West Marcy Avenue, 603-0558.

15 FRIDAY, 7-8 P.M.
Constellations: Figures in the Night Sky

Ancient and modern constellations are easy to find, learn how. Begins promptly. Adults \$5, preteens and seniors \$3, free to students of the college. Santa Fe Community College Planetarium, 6401 Richards Avenue, 428-1744.

16 SATURDAY, 9 A.M.-5 P.M.
Recycle Santa Fe Art Festival

Santa Fe Community Convention Center. See November 15 listing.

16 SATURDAY, 9:30-11:30 A.M.
Family Program: Our Bodies of Water in Watercolor

Inspired by Georgia O'Keeffe's connection with Lake George, remember a body of water that is or has been special. Create watercolor paintings of these important places from your memories or photos. Georgia O'Keeffe Museum Education Annex, 123 Grant Avenue, 946-1039.

16 SATURDAY, 11:30 A.M. 1 P.M.
Cloth Diapering Basics

Indigo Baby. See September 14 listing.

16 SATURDAY, 2 P.M.
"The Jungle Book"

James A. Little Theater. See November 15 listing.

16 SATURDAY, 2-3 P.M.
Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

16 SATURDAY, 2:30-4 P.M.
Family Movie Matinee

Southside Library. See September 21 listing.

17 SUNDAY, 9 A.M.-5 P.M.
Recycle Santa Fe Art Festival

Santa Fe Community Convention Center. See November 15 listing.

17 SUNDAY, 1-4 P.M.
Brasil & Arte Popular

Exhibition opening with hands-on activities for all ages, Capoeira performance and refreshments. By museum admission, free to New Mexico residents on Sunday, kids 16 and under always free. Museum of International Folk Art, 706 Camino Lejo, 476-1200.

17 SUNDAY, 2 P.M.
"The Jungle Book"

James A. Little Theater. See November 15 listing.

19 TUESDAY, 10:30-11 A.M.
Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

19 TUESDAY, 1-2 P.M.
Art Club

Indigo Baby. See September 3 listing.

19 TUESDAY, 3:30-4:30 P.M. School-Age Craft

Today: Duct Tape Art. Southside Library. See September 17 listing.

19 TUESDAY, 3:30-4:30 P.M. School-Age Craft

Today: Duct Tape Art. Oliver La Farge Branch Library. See September 17 listing.

20 WEDNESDAY, 10:30-11 A.M. Books & Babies

Oliver La Farge Branch Library. See September 4 listing.

20 WEDNESDAY, 10:30-11 A.M. Preschool Story Time

Southside Library. See September 4 listing.

20 WEDNESDAY, 10:45-11:30 A.M. Children's Story Time

Collected Works Bookstore. See September 4 listing.

20 WEDNESDAY, 2:30-4:30 P.M. Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

20 WEDNESDAY, 3:30-4:30 P.M. School-Age Craft

Today: Duct Tape Art. Main Library. See September 18 listing.

20 WEDNESDAY, 7 P.M. Open Jam Night

Warehouse 21. See September 4 listing.

21 THURSDAY, 9:30 A.M. Green Hour Hikes

Pajarito Environmental Education Center. See September 5 listing.

21 THURSDAY, 10:30-11 A.M. Books & Babies

Southside Library. See September 5 listing.

21 THURSDAY, 10:45-11:30 A.M. Children's Story Time

Collected Works Bookstore. See September 4 listing.

21 THURSDAY, 3-4:30 P.M. After School Reading Program

Vista Grande Public Library. See September 12 listing.

21 THURSDAY, 4-7 P.M. Try it Thursdays!

Santa Fe Children's Museum. See September 5 listing.

21 THURSDAY, 4:30-5:30 P.M. The Cornelius Hour

Santa Fe Children's Museum. See September 5 listing.

22 FRIDAY, 9-10 A.M. Tumbletots

Tumbledown Studios. See September 6 listing.

P 22 FRIDAY, 10 A.M.-12 P.M. Parent Talk

Santa Fe Children's Museum. See September 6 listing.

Fall Calendar 2013 November/Ongoing Events

22 FRIDAY, 10 A.M.-12 P.M.

Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

22 FRIDAY, 11-11:45 A.M.

Preschool Story Time

Main Library. See September 6 listing.

22 FRIDAY, 11-11:45 A.M.

Toddler Story Time

Vista Grande Public Library. See September 13 listing.

22 FRIDAY, 2 P.M.

Friday Afternoon Art

Main Library. See September 27 listing.

22 FRIDAY, 7 P.M.

"The Jungle Book"

James A. Little Theater. See November 15 listing.

22 FRIDAY, 7 P.M.

"The Boy Who Would Be King"

Playhouse Children's Theatre presents A Tale of Young Arthur, Merlin and the Sword in the Stone. \$10 general admission, \$5 ages 17 and under. Santa Fe Playhouse, 142 East De Vargas Street, 988-4262.

23 SATURDAY, 2 P.M.

"The Jungle Book"

James A. Little Theater. See November 15 listing.

23 SATURDAY, 2-3 P.M.

Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

23 SATURDAY, 7 P.M.

"The Boy Who Would Be King"

Santa Fe Playhouse. See November 22 listing.

24 SUNDAY, 2 P.M.

"The Jungle Book"

James A. Little Theater. See November 15 listing.

24 SATURDAY, 2 P.M.

"The Boy Who Would Be King"

Santa Fe Playhouse. See November 22 listing.

26 TUESDAY, 10:30-11 A.M.

Preschool Story Time

Oliver La Farge Branch Library. See September 3 listing.

26 TUESDAY, 1-2 P.M.

Art Club

Indigo Baby. See September 3 listing.

26 TUESDAY, 3:30-4:30 P.M.

Science After School

Oliver La Farge Branch Library. See September 24 listing.

26 TUESDAY, 3:30-4:30 P.M.

Science After School

Southside Library. See September 24 listing.

27 WEDNESDAY, 10:45-11:30 A.M.

Children's Story Time

Collected Works Bookstore. See September 4 listing.

27 WEDNESDAY, 2:30-4:30 P.M.

Open Art Studio

Santa Fe Children's Museum. See September 4 listing.

27 WEDNESDAY, 3:30-4:30 P.M.

Science After School

Main Library. See September 25 listing.

27 WEDNESDAY, 7 P.M.

Open Jam Night

Warehouse 21. See September 4 listing.

29 FRIDAY, 9-10 A.M.

Tumbletots

Tumbledown Studios. See September 6 listing.

P29 FRIDAY, 10 A.M.-12 P.M.

Parent Talk

Santa Fe Children's Museum. See September 6 listing.

29 FRIDAY, 10 A.M.-12 P.M.

Preschool Prime Time

Santa Fe Children's Museum. See September 6 listing.

30 SATURDAY, 2-3 P.M.

Fast Actin'

Santa Fe Children's Museum. See September 7 listing.

30 SATURDAY THROUGH

30 DECEMBER, 6-9 P.M.

River of Lights

Experience millions of glowing, sparkling lights and over 150 dazzling light displays, animated sculptures and synchronized music light show at New Mexico's largest walk-through holiday production. Adults \$10, children under 12 \$5, babies under 3 are free. ABQ BioPark Aquarium, 2601 Central Avenue, Albuquerque, (505) 848-7180.

Ongoing Events

Museums, cultural centers and other nonprofit organizations, within an easy drive of Santa Fe, offering exhibits, programming and activities for families

ABQ BIOPARK: ZOO, AQUARIUM, BOTANIC GARDEN

Open daily 9 a.m. to 5 p.m. Closed Thanksgiving. Admission options: Buy a ticket to Zoo only, Aquarium/Botanic Garden, or "BioPark Combo" for all three. Call for prices. Zoo: 903 Tenth Street. Botanic Garden and Aquarium: 2601 Central Avenue, NW, Albuquerque, (505) 764-6200, www.cabq.gov/biopark.

ABQ BIOPARK: TINGLEY BEACH

Fish, hike, relax or sail a model boat. Year-round, sunrise to sunset. No tickets needed; free admission. 1800 Tingley Drive, SW, Albuquerque, (505) 764-6200, www.cabq.gov/biopark.

BATAAN MEMORIAL MUSEUM

Artifacts from the Bataan Death March, Medal of Honor ribbons and biographies. Private tours available; call to arrange. Tuesday through Saturday, 10 a.m. to 4 p.m. Closed Thanksgiving. 1050 Old Pecos Trail, Santa Fe, 474-1670, www.bataanmuseum.com.

BRADBURY SCIENCE MUSEUM

Displays, videos and interactive exhibits on the

history of the atomic bomb and contemporary research conducted at the Los Alamos National Laboratory. Tuesday through Saturday 10 a.m. to 5 p.m.; Sunday and Monday 1 to 5 p.m. Closed Thanksgiving. Admission is free. 15th and Central Avenue, Los Alamos, (505) 667-4444, www.lanl.gov/museum.

CHALLENGER LEARNING CENTER NEW MEXICO

A nonprofit educational organization engaging young people in science, technology, engineering and math education. Interactive educational space simulations for students in grades 5 to 12. Special programs for grades K through 4. Activities for all ages. Open Monday through Friday, 8 a.m. to 4 p.m. with some evening activities. Call for prices and schedule; most activities require reservations. Located at the Unser Discovery Campus, 1776 Montañero Road, NW, Los Ranchos de Albuquerque, (505) 248-1776, www.challengernm.org.

EL MUSEO CULTURAL

Popular venue in the Railyard for classes and community events, including Día de los Muertos celebration in the fall. Call or visit website to view calendar for upcoming events. 1615 Paseo de Peralta, Santa Fe, 992-0591, www.elmuseocultural.org.

EL RANCHO DE LAS GOLONDRINAS

A living history museum located on 200 acres just south of Santa Fe, dedicated to the history, heritage and culture of 18th and 19th century New Mexico. Tours, special festivals and weekend events offer an in-depth look into aspects of life in the Spanish, Mexican and Territorial periods of the Southwest. Open Wednesday through Sunday, June through September, or by appointment in April, May and October. Seasonal events through early fall. General admission: adults \$6; seniors and teens \$4; under 13 free. Prices for special events vary. 334 Los Pinos Road, Santa Fe, 473-4169, www.golondrinass.org

EXPLORA

Family-oriented science center creating opportunities for discovery through interactive experiences in science, technology and art. Programs for toddlers to adults. Open Monday through Saturday 10 a.m. to 6 p.m.; Sunday noon to 6 p.m. Ages 12 and up \$8; seniors \$5; children \$4; under 1 free. Closed Thanksgiving. Children and toddlers must be accompanied by a paying adult. 1701

Mountain Road NW, Albuquerque, (505) 224-8300, www.explora.us.

GEORGIA O'KEEFFE MUSEUM

The largest single repository of O'Keeffe's work in the world. Exhibitions, education programs, family and youth programs. Open daily 10 a.m. to 5 p.m., and Friday until 7 p.m. Adults \$12, New Mexico residents \$6; seniors and students over 18 with ID \$10; ages 18 and under free. Free first Friday of each month to New Mexico residents from 5 to 7 p.m. 217 Johnson Street, Santa Fe, 946-1000, www.okeeffemuseum.org.

HARWOOD MUSEUM OF ART

Historic and contemporary art and culture of the Taos region. Open Monday through Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Monthly homeschoolers activities for two age groups and weekly Teen Art activities. Many family programs; call for program details. Adults \$10; seniors, students and AAA members \$8; age 12 and under free. New Mexico residents admitted free on Sundays with proof of residence. 238 Ledoux Street, Taos, (575) 758-9826, www.harwoodmuseum.org.

INSTITUTE OF AMERICAN INDIAN ARTS MUSEUM

The National Collection of Contemporary Indian Art. Monday and Wednesday through Saturday 10 a.m. to 5 p.m.; Sunday noon to 5 p.m. Closed on Tuesdays. Adults \$10; seniors, students with valid ID and New Mexico residents \$5; Native people, members and veterans free. New Mexico residents free on Sunday. Children 16 and under always free. 108 Cathedral Place, Santa Fe, 983-8900, www.iaia.edu.

INTERNATIONAL FOLK DANCING

Line dances from Europe, the Balkans, Greece, the Middle East and Israel. All levels, beginners welcome, no partner needed. Sunday 6:30 to 8 p.m. beginner and intermediate class and Israeli dance from 8 to 10 p.m.; Tuesday 7 to 10 p.m., including holidays. \$5 per session (no charge first time). Oddfellows Hall, 1125 Cerrillos Road, Santa Fe, 501-5081.

LEONORA CURTIN WETLAND PRESERVE

Adjacent to El Rancho de Las Golondrinass south of Santa Fe, this 35-acre nature preserve of the Santa Fe Botanical Garden hosts diverse plants and wildlife, trails with numbered

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Fall Calendar 2013 Ongoing Events

interpretive markers, a pond and docents to answer questions. Open May to October, Saturday 9 a.m. to noon; Sunday 1 to 4 p.m. Docents lead small group tours at 10 a.m. on Saturdays. Free. For directions, call 471-9103, www.santafebotanicalgarden.org/visit-us/leonora-curtin-wetland-preserve/.

LOS ALAMOS FAMILY STRENGTHS NETWORK

Providing education, support groups and activities to all types of families, parents, teens and children. Open Tuesday through Friday 9 a.m. to 1 p.m., also for scheduled evening classes. School holidays, delays and closures observed. 1990 Diamond Drive, Los Alamos, (505) 662-4515, www.lafsn.org.

MUSEUM OF INDIAN ARTS AND CULTURE

Including The Roland Discovery Center: interactive exhibits, puzzles and games for the young and young at heart. Open Tuesday through Sunday, 10 a.m. to 5 p.m. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. 710 Camino Lejo, Santa Fe, 476-1250, www.indianartsandculture.org.

MUSEUM OF INTERNATIONAL FOLK ART

Wide range of folk art displays from around the world. Museum open Tuesday through Sunday, 10 a.m. to 5 p.m. Closed Thanksgiving. General admission \$9; New Mexico residents \$6 daily and free on

Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. 706 Camino Lejo, Santa Fe, 476-1200, www.internationalfolkart.org.

MUSEUM OF SPANISH COLONIAL ART

Special activities for families and children include "Possible Bags," an art activity bag; the MoSCA Treasure Hunt; puzzles, books, historical costumes and hands-on activities in the Youth Art and Activity Center. Docent tours at 10:30 a.m. and 1:30 p.m. Special tours for children and adults may be arranged by calling the Education Department, 982-2226 x122. Open Tuesday through Sunday, 10 a.m. to 5 p.m. Closed Thanksgiving. General admission \$8; New Mexico residents \$4. Children 16 and under are always free. 750 Camino Lejo on Museum Hill, 982-2226, www.spanishcolonialblog.org.

NEW MEXICO HISTORY MUSEUM

Explore history from the indigenous people through the Atomic Age, including the clash and melding of cultures. In addition to galleries, the museum features the Discovery Center, a gathering space for families to engage in hands-on, self-paced activities. Open Tuesday through Sunday, 10 a.m. to 5 p.m., and Fridays until 8 p.m. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. Free Friday evenings 5 to 8 p.m. Historical downtown tours Monday through Saturday 10:15 a.m. to 12:15 p.m. 113 Lincoln Avenue, Santa Fe, 476-5200, www.nmhistory.org.

NEW MEXICO MUSEUM OF ART

Guided tours free with museum admission. Open Tuesday through Sunday, 10 a.m. to 5 p.m., and Fridays until 8 p.m. Closed Thanksgiving. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. Free Friday evenings 5 to 8 p.m. 107 W. Palace Avenue, Santa Fe, 476-5072, www.nmartmuseum.org.

NEW MEXICO MUSEUM OF NATURAL HISTORY AND SCIENCE

Various exhibits, Planetarium and movies at the giant-screen Lockheed-Martin DynaTheater. Open daily 9 a.m. to 5 p.m. DynaTheater movies are shown hourly from 10 a.m. to 4 p.m. Museum admission: adults \$7, seniors \$6, children 3 to 12 \$4. DynaTheater and Planetarium tickets extra. 1801 Mountain Road, NW, Albuquerque, (505) 841-2800, www.naturalhistory.org.

ORTIZ MOUNTAINS EDUCATIONAL PRESERVE

Enjoy a variety of outdoor activities, including bird walks, history tours, bat watches, gold mine tour, hikes to Placer Peak and more, at the Santa Fe Botanical Garden's Ortiz Mountains Educational Preserve. Open for docent-led hikes only, May through October; advanced reservations are required. \$5 suggested donation. Located 30 miles southwest of Santa Fe, off Highway 14. (505) 471-9103, www.santafebotanicalgarden.org/visit-us/ortiz-mountains-educational-preserve/.

PAJARITO ENVIRONMENTAL EDUCATION CENTER

Nature center and outdoor education

programs that allow people of all ages to explore the rich natural and cultural heritage of the Pajarito Plateau. Open Tuesday through Friday, noon to 4 p.m.; Saturday, 10 a.m. to 1 p.m. Nature playtimes for toddlers and preschoolers every Monday (except holidays), 10:30 a.m. to noon. After-school nature clubs for grades 1 to 6 on the first and second Tuesday of every month, 4:30 to 5:30 p.m. Middle School and High School Environment Clubs and many other activities, classes and summer camps. Registration required for most activities. 3540 Orange Street, Los Alamos. (505) 662-0460, www.pajaritoeec.org.

PALACE OF THE GOVERNORS

Exhibits and activities from colonial New Mexico. Open Tuesday through Sunday, 10 a.m. to 5 p.m., and Fridays until 8 p.m. General admission \$9; New Mexico residents \$6 daily and free on Sundays; New Mexico seniors with ID free on Wednesdays. Children 16 and under are always free. Free Friday evenings 5 to 8 p.m. 105 W. Palace Avenue, 476-5100, www.palaceofthegovernors.org.

RAILYARD ARTISAN MARKET

Local artists and craftspeople, farmers, ranchers, food artisans, refreshments and entertainment, in the heart of the Santa Fe Railyard. Free; every Sunday 10 a.m. to 4 p.m. Santa Fe Farmers Market, 1607 Paseo de Peralta, Santa Fe, 983-4098, www.artmarketsantafe.com.

RANDALL DAVEY AUDUBON CENTER & SANCTUARY

Over 135 acres of striking landscapes and wildlife, bounded by the Santa Fe National Forest and Santa Fe River Watershed land. Trails and grounds are open daily from 8 a.m. to 5 p.m. Nature Store is open daily from 10 a.m. to 4 p.m. Activities include guided bird walks and hikes, and tours of the Randall Davey home. 1800 Upper Canyon Road, Santa Fe, 983-4609, nmaudubon.org/randall-davey.

RIO GRANDE NATURE CENTER STATE PARK

270 acres of woods, meadows and farmland flourishing with native grasses, wildflowers, willows and cottonwoods, just outside of Albuquerque. Gates are open 8 a.m. to 5 p.m. every day; visitor center open 10 a.m. to 5 p.m. Admission \$3 per vehicle. 2901 Candelaria, NW, Albuquerque, 505-344-7240, www.rgnc.org.

SANTA FE CHILDREN'S MUSEUM

Open Tuesday through Saturday 10 a.m. to 6 p.m.; Sunday noon to 5 p.m. Climbing Wall: Friday 2 to 6 p.m., Saturday 2:30 to 6 p.m., Sunday 1:30 to 5 p.m. General admission \$9; New Mexico residents with ID \$6; Sundays New Mexico residents with ID \$2 and nonresidents \$5. Family memberships available. 1050 Old Pecos Trail, Santa Fe, 989-8359, www.santafechildrengmuseum.org.

SANTA FE FARMERS' MARKET

Open every Saturday 8 a.m. to 1 p.m., and Tuesdays in summer. The Railyard Artisans market is open every Sunday 10 a.m. to 4 p.m. Santa Fe Farmers Market, 1607 Paseo de Peralta, 983-4098, www.santafefarmersmarket.com.

SANTA FE PUBLIC LIBRARY

Main Library, 145 Washington Avenue, Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; Sunday 1 to 5 p.m., 955-6780. Oliver La Farge Branch Library, 1730 Llano Street, Monday through Wednesday, 10 a.m. to 8 p.m.; Thursday to Saturday, 10 a.m. to 6 p.m.; closed Sundays, 955-4860. Southside Library, 6599 Jaguar Drive, Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; closed Sunday, 955-2810. All libraries closed on Thanksgiving, www.santafelibrary.org.

THE PLANETARIUM AT SANTA FE COMMUNITY COLLEGE

Entertaining and informative astronomical programs, ranging from scientific documentaries to science fiction stories filled with science facts to cultural programs including Native American and Chinese sky lore. Public programming February through December. Adults \$5; preteens and seniors \$3; SFCC students, employees and planetarium members free. Children must be accompanied by an adult. Regular programs are not suitable for children under 5 years old. Santa Fe Community College, 6401 Richards Avenue, Santa Fe, 428-1677, www.sfcc.edu/planetarium.

VISTA GRANDE PUBLIC LIBRARY

Open Tuesday through Friday, noon to 6 p.m. Saturday, 10 a.m. to 4 p.m. Closed Sunday and Monday. Story times, family movie nights, summer reading programs and special events. 14 Avenida Torreon, Eldorado, 466-7323, www.vglibrary.org.

WAREHOUSE 21

Dance concerts, theater productions and other events and classes for youth under 21. 1614 Paseo de Peralta, 989-4423, www.warehouse21.org.

WHEELWRIGHT MUSEUM OF THE AMERICAN INDIAN

Contemporary and historic Native American art with an emphasis on the Southwest. Talks, seminars, meet-the-artist receptions and many other events. Private, not-for-profit; no admission fee, but donations welcome. Open Monday through Saturday 10 a.m. to 5 p.m.; Sunday 1 to 5 p.m. 704 Camino Lejo, Santa Fe, 982-4636, www.wheelwright.org.

WILDLIFE WEST

Park and attraction dedicated to native wildlife and ecology. 122 acres, including a 1/3-acre pond. All animals are non-releasable, due to injury or some other factor that makes life in the wild impossible for them. Park includes an educational program and hosts concerts, festivals and other events. Open 10 a.m. to 6 p.m. or by appointment. Camping available. Adults \$7; seniors \$6; students \$4; children under 5 free. 87 North Frontage Road, Edgewood (just east of Albuquerque), (505) 281-7655 or (877) 981-9453, www.wildlifewest.org.

Please send us information about family events happening in December, January and February for our Winter 2013-2014 Calendar. Send by email (preferred): calendar@sfumbleweeds.com; or mail: Tumbleweeds, 369 Montezuma #191, Santa Fe, NM 87501. Deadline: November 1.

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the filling of a pail,
but the lighting
of a fire."**

- William Butler Yeats



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Resources



Laney Dugan, age 11, print

RESOURCES

RESOURCES is a directory of services and events for children and families in the Santa Fe area. Rates: \$30, plus tax, up to 30 words, then \$1.10 per word; or \$100 prepaid for four issues (for first 30 words, then \$.95 per word). To place a listing, call 984-3171.

CLASSES

AMERICAN RED CROSS

Community CPR, Child & Infant CPR, First Aid, Babysitting and more. Call for class times and prices. 1213 Mercantile, Suite B, 424-1611.

BIRTHING TREE COOPERATIVE

Childbirth and parenting workshops to enhance your experience, build community and learn tools to improve connections with children. To register, call 690-3492 or go to www.thebirthingtree.com.

CHRISTUS ST. VINCENT PRENATAL/INFANT CLASSES

Continuous six-week classes on Prepared

Childbirth. Childbirth Basics, an accelerated class for first-time parents, meets the first Saturday of each month. Infant Touch and Massage classes meet monthly. Doula services for couples who want extra support in the birth and postpartum period. Breastfeeding classes and hospital tours also available. Call 913-5793.

FAMILY AND CHILD THERAPISTS

PASTORAL COUNSELING CENTER

Counseling for children, adolescents and families; play and sand-tray therapy. Sliding fee scale. 1751 Old Pecos Trail, Suite E, Santa Fe. Call 988-4131, ext. 116.

SANTA FE COUNSELING & CONSULTING

Children, adults, couples and family counseling. Families are both wonderful and stressful. Find compassionate support and effective guidance for your primary relationship, parenting issues, pregnancy, postnatal, adoption and more. 25 years in private practice in Santa Fe. Cynthia Fulreader, MA, LPC. (505) 473-4420, cfreader@msn.com

SKY COUNSELING CENTER

Free counseling for youth and their families during the school year, offered by Masters-level students trained in community-based counseling and licensed therapists. Located on the campus of DeVargas Middle School. Call 473-6191 to schedule.

SOUTHWESTERN COUNSELING CENTER

Low-cost counseling and art therapy for children, adults, individuals, couples, families and groups by supervised graduate students of Southwestern College. Call 471-8575.

GROUPS

BLUE STAR MOTHERS

For moms with sons and daughters serving in active military. No political or sectarian alliance. Supports troops, families and veterans. Santa Fe group meets the third Saturday of every month at 10 a.m. at Ponce de Leon Retirement Community Center, 640 Alta Vista Street. Call Francis Garcia, 471-0408.

GERARD'S HOUSE

Support groups for children, teens and families in grief. Call for schedule. 3204 C Mercantile Court, Santa Fe. 424-1800, ext. 22.

MANY MOTHERS' CIRCLES

Gathering for moms and babies, with presentations on parenting topics, first Tuesdays from 1 to 3 p.m. Santa Fe Soul, 2905 Rodeo Park Drive East, Building 3. Free. All are welcome, including pregnant moms. Offered by Many Mothers. Call 983-5984.

SERVICES

¡ADELANTE!

Families who do not have a home, or who share a home with another family because they cannot afford a place of their own, are eligible for services from Santa Fe Public Schools to help with school uniforms, school supplies, tutoring and other services. Services are free, confidential and open to all. Call 467-2571 or 467-2524.

BIG BROTHERS BIG SISTERS

Kids are enjoying little moments and big magic with positive, caring adult mentors. Services are free. Se habla español. Call Big Brothers Big Sisters at 983-8360, toll free at (866) 983-8360, or go to www.bbbs.org/northernnm.

BIRTHING TREE COOPERATIVE

Childbirth preparation classes, doula services and postpartum home support. Birthing professionals working to enhance the experience of pregnancy, birth and parenting. Call 690-3492 or go to www.thebirthingtree.com.

CATHOLIC CHARITIES

Immigration and Legalization Services, including citizenship classes, case management and legal assistance. 4985 Airport Road, Santa Fe. Call 424-9789.

CENTER FOR DEVELOPMENT AND DISABILITY INFORMATION NETWORK

Free information and referrals for all New Mexicans with disabilities. Bilingual services

available. Call (800) 552-8195 or go to cdd.unm.edu/infonet.

CHALLENGE NEW MEXICO

Services for children and adults with disabilities and their families. Therapeutic recreation and special events. Volunteer opportunities. Call 988-7621 or go to www.challengenewmexico.org.

CHILDREN'S MEDICAL SERVICES

CMS helps New Mexico residents from birth to 21 years with medical care coordination, assistance with access to healthcare services, and pediatric specialty outreach clinics. CMS pays for medical services for children and youth with chronic health conditions who are not Medicaid or SCHIP eligible and who meet CMS income eligibility. Diagnostic services available for all incomes. No fee. Santa Fe County Health Building, 605 Letrado Street, Suite C. Call 476-2603.

CRISIS RESPONSE OF SANTA FE

A 24/7 crisis counseling hotline for children, teens and adults. Adult and youth counselors provide help by phone throughout New Mexico. Crisis management from substance abuse and mental health to personal problems includes information and referral to other community resources. Call toll free (888) 920-6333, or locally 820-6333. National Suicide Prevention Hotline: (800) 273-TALK. Services are free of charge.

Now Enrolling

Ages 2-6



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www.growingupmontessori.com
(505) 795-7256

Resources

CHRISTUS ST. VINCENT HOSPITAL DOULA CARE SERVICES

Certified, trained doulas provide physical, emotional and informational support to a woman before and during birth and in the immediate postpartum period. Call 913-5793.

ESPERANZA SHELTER FOR BATTERED FAMILIES

A confidential shelter for victims of domestic violence and their dependents. Individual, group and child counseling, 24-hour crisis intervention, transportation, court advocacy, and systems advocacy. Case managers and advocacy services for victims. Crisis lines: local, 473-5200; Northern New Mexico, (800) 473-5220.

FAMILY SUPPORT COACHING SERVICES

For adoptive and foster families, and those having behavioral challenges with birth children at home, school or both. Support to families going through turmoil, referrals for counseling, educational experts, and legal referrals. Services are confidential. Sliding Fee scale. Eileen Richardson, Certified Life Coach, 577-8130.

FREE IMMUNIZATIONS FOR UNINSURED CHILDREN

Call for appointment: Santa Fe Public Health Office, 605 Letrado Street, 476-2600; Espanola Valley Health Office, 2010 Industrial Park Road, 753-2794; Los Alamos Public Health Office, 1183 Diamond Drive, 662-4038.

HEALTHY FAMILIES FIRST "PRIMEROS PASOS"

Care coordination and home visiting program from pregnancy through child's third year of life. Provides information, resources and help for parents with new babies. Free. Call 476-2604 or 476-2649.

HEALTHY TOMORROWS MEDICAL VAN

Medical services for children and adults, including physicals, immunizations, gynecological exams, diagnosis and treatment of minor illnesses. Accepts Medicaid and private insurance, and has a sliding fee for the uninsured. Van visits Sweeney, César Chávez and Ramirez Thomas Elementary Schools and Ortiz Middle School. Call 467-1575 for an appointment.

LA FAMILIA MEDICAL CENTER

Care for the whole family including prenatal, pediatric with vaccinations, health education, dental and behavioral health services. Financial assistance based on eligibility. Alto Street Clinic, 1035 Alto Street, 982-4425; Southside Clinic, 2145 Caja del Oro Grant Road, 438-3195; Health Care for the Homeless, 818 Camino Sierra Vista, 988-1742.

LA LUZ LIFELINK FAMILY SERVICES

Rental assistance to families in need, to prevent homelessness. Mental health treatment services also available. 2325 Cerrillos Road, Santa Fe. Call 438-0010.

LAS CUMBRES COMMUNITY SERVICES

Early intervention therapies for children birth to 3 with developmental disabilities or delays; behavioral health services for children birth to 6 struggling with social/emotional challenges; and a therapeutic preschool. Licensed Masters-level therapists work with families in their homes or our office, to strengthen parents' relationship with their child and increase confidence as parents. No fee. Call 955-0410.

MANY MOTHERS

Volunteers visit families in the home to provide new mothers with practical, educational and emotional support in the critical first six months after a baby is born. Call 983-5984 or visit www.manymothers.org.

NEW VISTAS

Support and education for families of children birth to 3 who have or are at risk for developmental delays or disabilities. Home visits, service coordination and developmental intervention. Bilingual. 1121 Alto Street. Call 988-3803 or visit www.newvistas.org.

ORTIZ MOUNTAIN HEALTH CENTER

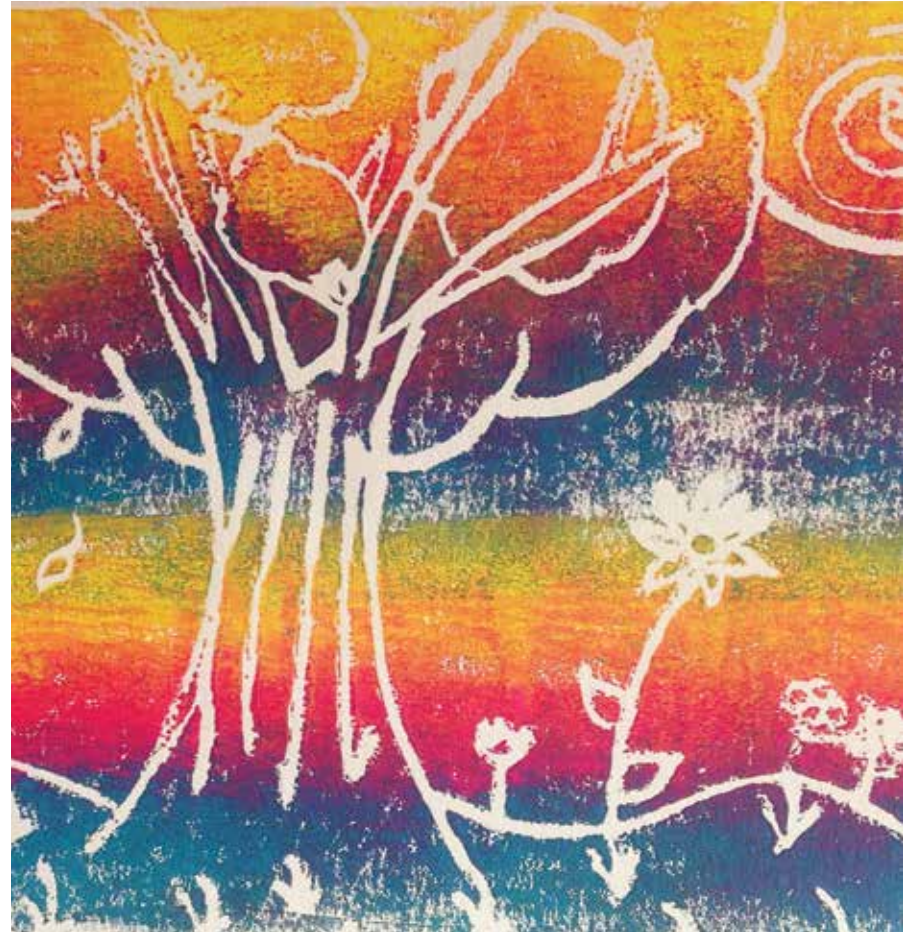
Full primary health care for all ages, including prenatal care, and well- and sick-child care. Sliding scale, Medicaid, Medicare, insurance. 8 Main Street, Cerrillos, NM. Call 471-6266.

PARENTS REACHING OUT

For families with children birth to age 21 with unique needs, offering support, encouragement, information and resources. Call (800) 524-5176 or visit www.parentsreachingout.org.

PROJECT ANN

Free vision and dental services (including eye exams and glasses, dental cleanings, fillings and X-rays) for children up to and including



Sadie Gerber, age 11, print

age 19 who cannot afford these services. Call Mike Lopach, Project ANN office (Ayudando Nuestros Niños □ Helping Our Children). Se habla español. Call 955-1209.

SANTA FE COMMUNITY COLLEGE

Early Childhood Training and Technical Assistance Program, 6401 Richards Avenue, 428-1344. Childcare information, training and support to parents and providers, including the Warm Line (free telephone support for parents) at 428-1344 or toll-free (866) 209-6116.

SANTA FE COUNTY MATERNAL AND CHILD HEALTH COUNCIL OFFICE

Free resource directory available for families with young children available. Call 995-9527.

VILLA THERESE CATHOLIC CLINIC

Free well and sick medical services for children, including immunizations and medicine. Women's and children's dental clinic. Foot and eye exams for adults and children. Skin cancer screening clinic. Donations are welcome. 219 Cathedral Place, Santa Fe. Call 983-8561 for an appointment.

YOUTH SHELTERS

The Clinical Services Center provides free therapy for children, teens and families. Emergency shelter, transitional living and street outreach for homeless youth. All services are free. Main: 983-0586. 24-hour shelter: 438-0502 or visit www.youthshelters.org

VOLUNTEERS

BIG BROTHERS BIG SISTERS

Volunteers needed to be mentors and friends

to children ages 5 to 18. The time commitment varies and is flexible, but is generally four to eight hours per month, with a one-year commitment. Call Velora, 983-8360; email velora.peacock@bbbs-nnm.org or visit www.bbbsnorthernNM.org for more information on how you can give a child facing adversity the chance to succeed in life.

CASA

Court Appointed Special Advocates advocate for abused and neglected children in Santa Fe, Rio Arriba and Los Alamos counties. No prior experience needed, but application required. Call 820-1500, email info@casafirst.org, or visit www.casafirst.org.

FOSTER AND ADOPTIVE PARENTS

Abused and neglected children in custody need short- or long-term foster care or adoptive homes. Foster parents receive a monthly stipend and financial help with childcare. Foster and adoptive parent training takes place evenings and weekends and is free. New Mexico Children, Youth and Families Department. Call (800) 432-2075.

MANY MOTHERS

Would you enjoy providing friendly mentoring and support to new mothers? Volunteers are needed a few flexible hours per week. Bilingual encouraged but not required. Call 983-5984.

SANTA FE CHILDREN'S MUSEUM

Adult and teen volunteers are needed for two to four hours weekly to help children interact with museum exhibits inside and outside, assist visiting artists and scientists, work in the museum shop and belay on the climbing wall. Staff provides monthly orientation and training sessions for new volunteers. Call 989-8359, ext. 117.

Gentle Shepherd Preschool



Pre-Kindergarten Program (ages 3-5)

7:30AM - 12:30PM
M/W/F Classes
T/Th Classes

Highlights:

Art • Stories • Music
• Creative Play
Field Trips • Christian Environment

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Baxter's Bunch

Hey Kids!

Did you know that Baxter Bear has his very own Facebook page?



Find him for lots of fun information and games.

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ADVENTURES IN HISTORY!

Fiesta de los Niños

Santa Fe Renaissance Fair

Harvest Festival



There's still time to bring the family out to Las Golondrinas, New Mexico's living history museum, for an adventure in the past. Children 12 & under are always admitted for free!

Don't miss our last 3 events of the season:

Aug 31 & Sept 1 : *¡Fiesta de los Niños!*
A Children's Celebration

Sept 21 & 22: Santa Fe Renaissance Fair

October 5 & 6: Harvest Festival

EL RANCHO DE LAS GOLONDRINAS

South of Santa Fe. I-25 Exit 276, follow "Las Golondrinas" signs
505-471-2261 / WWW.GOLONDRINAS.ORG

Support provided by Santa Fe Arts Commission, Santa Fe County Lodgers' Tax Advisory Board, New Mexico Arts, New Mexico Humanities Council & New Mexico Tourism Dept.